

STAND **UP** STAND **OUT**



Bedford
High School
STAND UP
STAND OUT
2023







TABLE

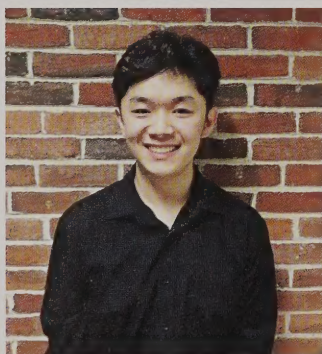
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Project Excel was the 1st ever BHS team to win the Tenacity Challenge ('22) and included Bryan Aweh-Kisob, Kelly Aweh-Kisob, Ariel Navon, Karen Navon, Tomas Ou and Colin Vieira



Sofia Busse & Diego Reyes started up the first Latino Student Union at BHS!

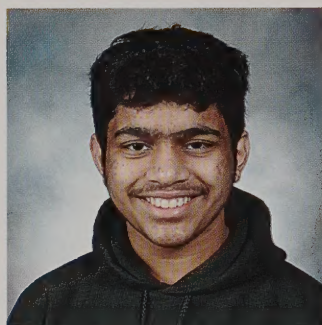


Jacob Choi earned a spot in the 2023 MA All State Chorus

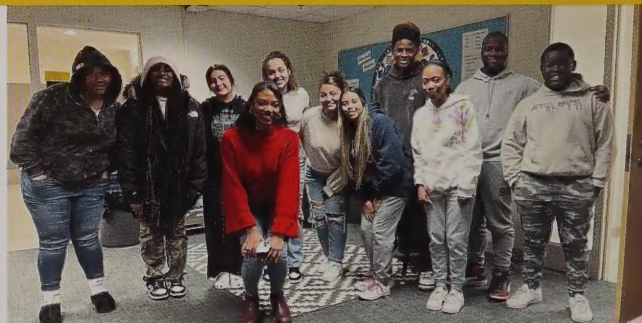
Anna Chong, Emily Kang, Emma Szabo, and Mihir Vaze earn title of National Merit Scholarship Semifinalists



Miland Sharma was 1 of 558 students in US to qualify for USA Junior Math Olympiad in 2023!



The BSU board (Kai'Liyah LaBoy & Jayden Bien-Aime Emil Colon, Alynne Dandridge & Arianna Triplett) invited Alumna & WCVB reporter Danae Bucci to speak to BSU students.



STAND UP

STAND OUT

The 2023 yearbook is dedicated to the resiliency of students and staff, especially those who have stood out after the 2020 shut down and helped to help redefine BHS post-pandemic. The student initiated group Ground Up began in 2020 and supports the work of Challenge Success to build a positive and inclusive student atmosphere! Co-Presidents Kai'Liyah LaBoy & Jayden Bien-Aime grew the Black Student Union and continued the work to empower, as well as provide a positive channel & space for BIPOC students to contribute to the community within BHS. Diego Reyes and Sofia Busse started the Latino Student Union as well!

DECA students shined at States and a crew competed at nationals in Orlando. They included Reyna Matrona, Arushi Naidu, Anya Yajnik, Bianca Tiwari, Roza Shaikh, Maya Singh, and Diya Singh (who also earned the highest exam score). The math team qualified for the state tournament, but results are not known as we go to print.

11 History Fair Juniors dominated at the regionals and headed to the State level History Fair. They included Ben Sedran-Group Documentary (Bronze), Emily Zhu-Group Documentary (Bronze), Hayden McAllister-Group Exhibit (Silver), Cam Zhu-Group Exhibit (Silver), Taelyn Albrecht-Individual Exhibit (Silver), Jackie Cutrona-Individual Website (Gold), Josie Donnelly-Individual Website (Gold), Evan Kelly-Individual Documentary (Silver), Emma Purtell-Individual Exhibit (Silver), Nik Ryabinkin-Individual Documentary (Silver), Raaga Vakamalla-Individual Website (Silver).

Artists Amelia Hill (1st place) & Marlowe Tilney (Honorable mention) were recognized in the 2023 Congressional Art Awards! More artists earned merits by the Scholastic Art and Writing Awards 2022-2023 juried competition: Ada Coopridr (Silver Key & Honorable Mention), Paul Jeon (Gold Key), Kaylyn Sethakosee (Honorable Mention x3), Raaga Vakamalla (Silver Key, Honorable Mention), Kate Woo (Silver Key, Gold Key), Jocelyn Young (Silver Key)

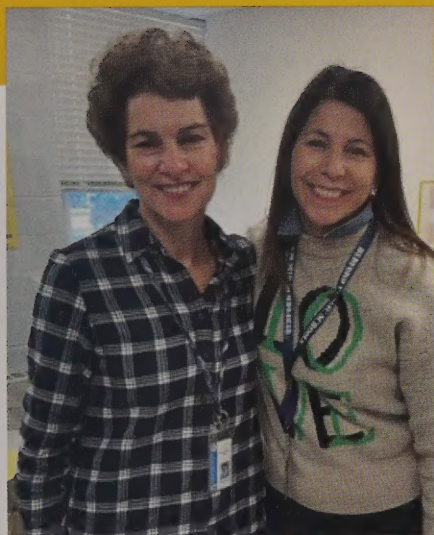
Athletic achievements are featured throughout the yearbook as well! The BHS Family certainly stood out in all domains following a challenging few years!



16 Seniors qualified as National Merit Commended Students: Adam Capobianco, Selima Chan, Erika Falco, Rachel Gould, Brian Hwang, Paul Jeon, Anirudh Kumar, Sahana Kumar, Connor McClung, Luca Melfi, Manasi Raghunath, Shirley Sun, Emily Zeltser, Eric Zhang, Denis Yakov, and Edward Zhou.



Six students earn spots at the Massachusetts Eastern District Festival!
Clarinets: Kate Woo, Lucy Drench & Rei Brown
Percussion: Matt Shen & Zach Shen
Chorus: Jacob Choi



Nurse Thorsen became the only nurse in BHS history to handle a pandemic and earned her happy retirement.

Retirees *Mr. Conrad & Ms. Thorsen*

"It is bittersweet for me that Thursday (Nov 10, 2022) will be my last day at BHS. I began my school nursing career at BHS in January 2001 and I have enjoyed interacting everyday with the students and staff. It has been a privilege to work with such dedicated educators, counselors and staff."

Ms. Thorsen, Nurse

"It was the honor of my professional life to come to this wonderful community and work with so many individuals committed to the betterment of the children of Bedford. It has been the most exhilarating, challenging, and exhausting opportunity of the 30-plus years of my professional life in education. Each of you has given me an opportunity to learn and grow every day and through every encounter, and for that I am grateful."

Mr. Conrad, Superintendent



Superintendent Conrad began his tenure in Bedford in July of 2020, just as Covid changed the landscape of the world. He led us through hybrid learning and into the new normal. He will finally be able to relax this summer as he enters retirement!



"Every moment every single part of our exchange year was linked with BHS and we both are really grateful for the staff the students and everyone else who made this year the best time of our lives. We will never forget you! (Especially our lunch table we love you guys)."

-Noah and Hussain

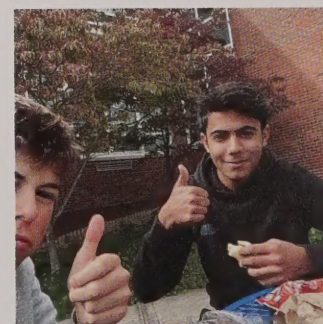
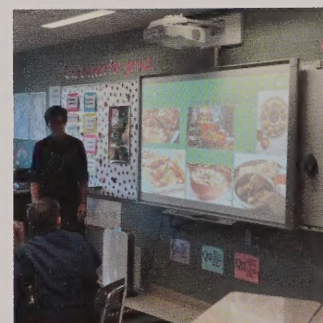
Exchange Students *Hussain & Noah*

"This year was amazing. I had so much fun during my time in Bedford. I loved every minute of it. Soccer season was the best part about my exchange year. This year has taught me so many things which I will never forget! Thank you BHS. All my friends & teachers, I will miss all of you!"

Noah H, Germany

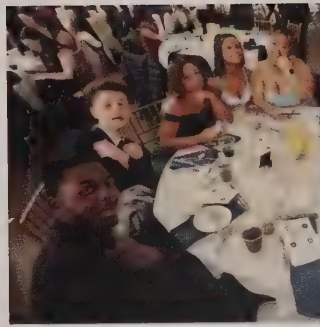
"This year I learned so many new things and made so many memories and friends. Life at BHS was nothing less than magical and adventurous. From soccer to track or the clubs, I have joined every single moment. Thank you to everyone for making this exchange year a great experience for me. I hope I was able to portray the culture of Pakistan to all of you. I always wanted to have a yearbook quote, so I will just put it here "Never put off until tomorrow what you can do the day after tomorrow just as well"

Hussain T, Pakistan



Noah and Hussain quickly found their place in the BHS community and had a significant impact on the school. Their friendly and outgoing personalities were the perfect addition to BHS as the world opened back up after the pandemic!

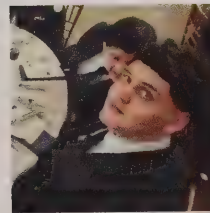
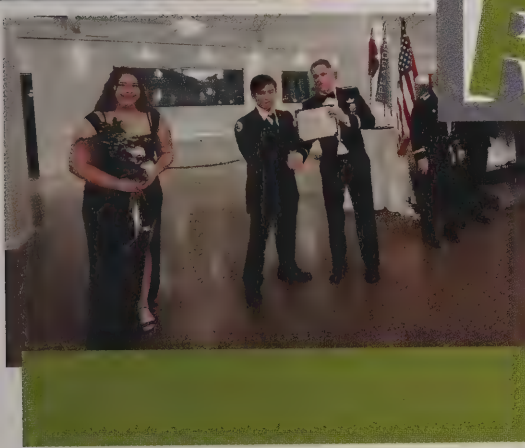




Cadets danced the night away at the Danversport Yacht Club!



ROTC Ball



t.





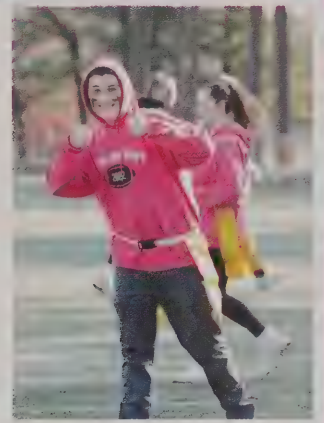
After a tough battle,
the Juniors emerged
victorious in the 2022
Powder Puff Game!



POWDER

Puff





Ms. Arena, Ms. Flora,
and Mr. Olson took
students to Italy for a
tour. Meanwhile, Ms.
Billouin, Ms. Bueno
and Mr. Griffin
headed to Belize.



ITALY & BELIZE



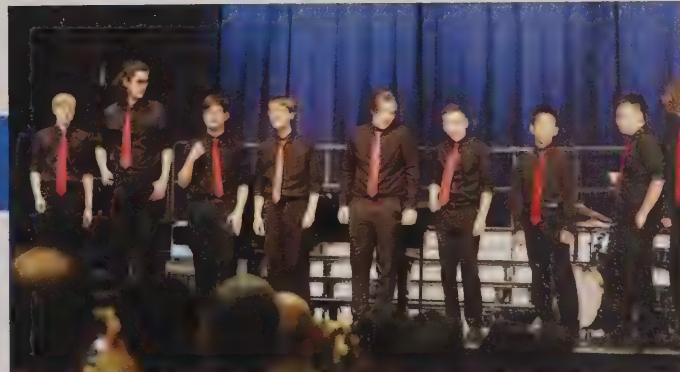
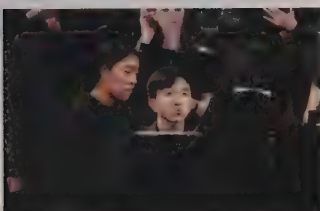
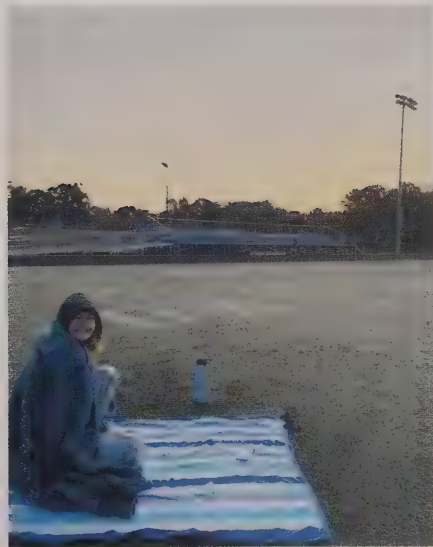


Mr. Griffin returns from retirement as the King of International Trips. He and Aashutosh B kick back and relax!

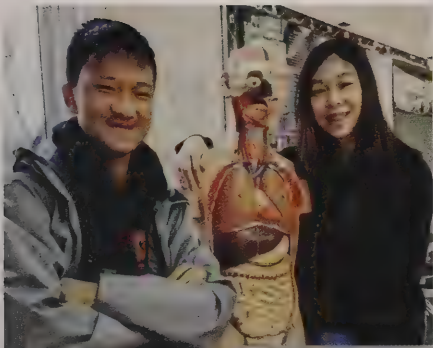


HAPPENINGS







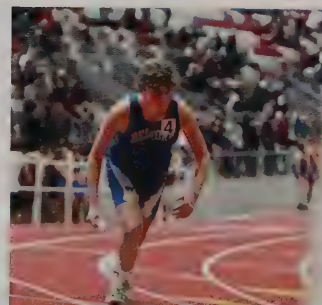
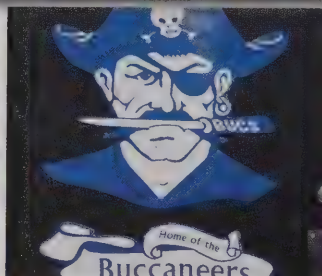
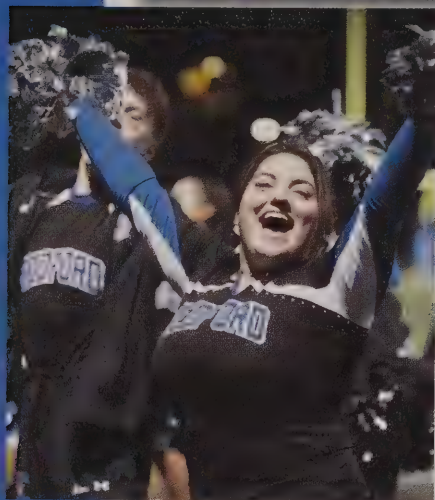


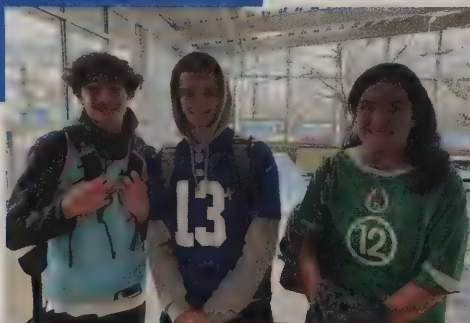
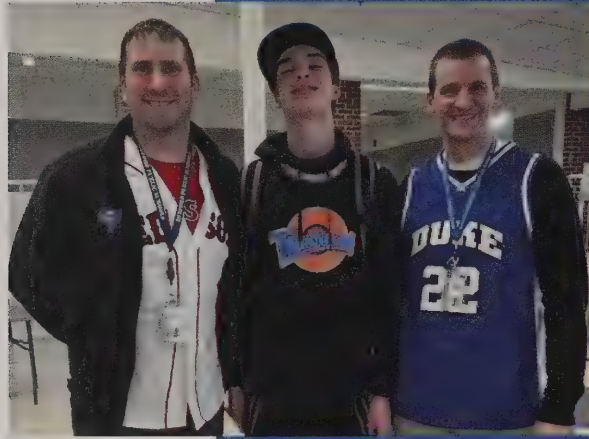
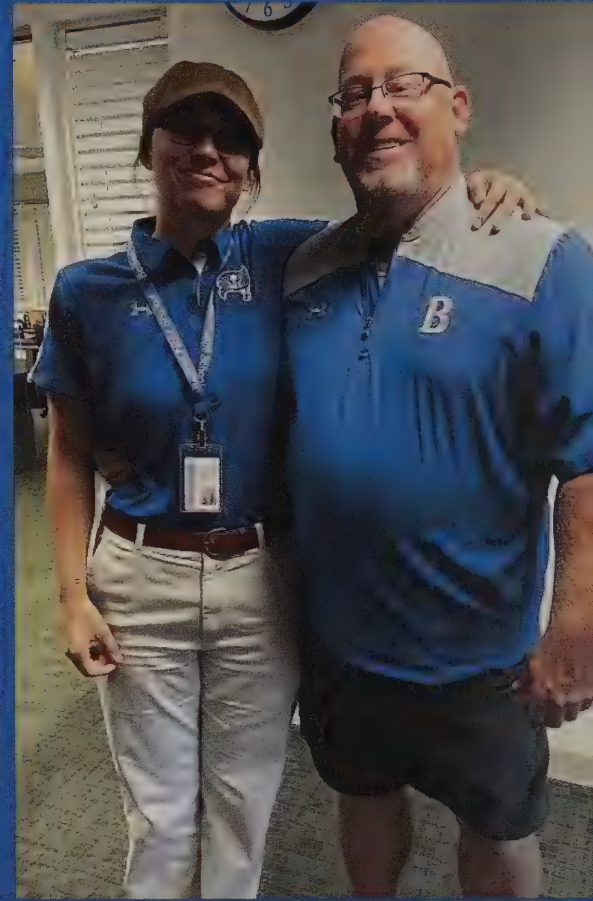
HAPPENINGS



Bedford

ATHLETICS







Tuesday, October 11-Hawaiian/Beach Theme
 Wednesday, October 12-Pajama Day
 Thursday, October 13-Twin Day
 (dress like someone else)
 Friday, October 14-Blue out/Buc Pride

SPIRIT

Week





PEP

Rally

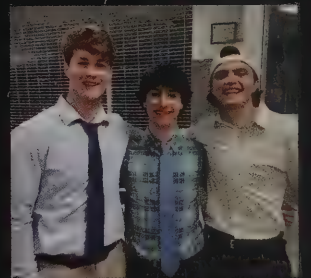


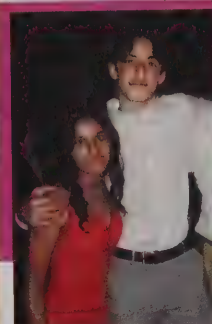


Freshman Kyree L tries to push back at Senior Jamie B., but he doesn't stand a chance against the senior tug of war squad. Ms. Taub goes head-to-head with quarterback Eric M in the final four of musical dots but Eric prevails as winner. Ms. Galante's powder removal strategy allows her to win the contest while Cate G guides Ms. Myles through a blindfolded obstacle course.



HOMECOMING





Boys SOCCER



The Bucs dominated the this year earning the 5th Consecutive DCL Title. They went on to claim the Sectional Championship and finish in the State Final Four, with a Record of 14-3-2!





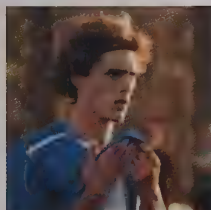
Varsity Boys Soccer

FRONT ROW: Raphael M, Brian H, Mihir V, Wynn S, Connor L, Devan K, Tomas O, Thomas L **MIDDLE ROW:** Coach Boschetto, Micah H, Brandon G, Vivek J, Ian G, Austin C, Grant B, Ansh A, Colin V, Luca M, Ronan M, Evan L, Max E, Coach Olson **BACK ROW:** Owen S, Jake B, Sean M, Shae A, Sawyer E, Akira U, Miles H, Spencer G, Eshan P, Leo N, Devin L, Max M, Christian H
not pictured: Anirudh K



"This group deserves a ton of credit for all the work, for buying into the game plan and believing in each other. The team won a school record 5th straight league title, had three home tournament games, and advanced furthest in the state tournament in the program's 53-year history. They have great memories that they can share forever."

-Coach Boschetto





FRONT ROW: Danielle D, Isabelle W, Maggie C, Sarah T (captain), Sydney C (captain), Ella M, Sophie S, Sophia B
MIDDLE ROW: Elena S, Aliya A, Gianna M (captain), Charlotte D, Scarlett E, Melanie P
BACK ROW: Ruby B, Madi B, Kate C, Aliyah L, Alexia S, Jennie N, Ciara S, Cassie M, Emma D

"Every player had a major role on the team and it was the reason we had an amazing and fun season"

Gianna M, D



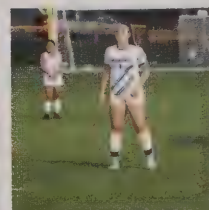
"One part of this team that stands out from the rest is our connection to each other. This year the team was so tight-knit. We worked extremely hard during the season, but also found time to share many laughs!"

-Sydney C (captain, DCL All Star, DCL MVP, Eastern Mass 1st team All Star, All Scholastic)

Sarah T and Sophie S stand out both earning DCL All Star Honors!



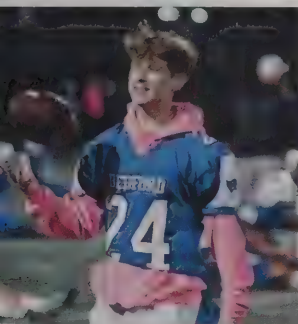
Girls **SOCCER**





FOOTBALL





VARSITY FOOTBALL

FRONT ROW: Emil C, Jayvon W, Kristian I, Ryan F, Owen B, Eric M, Aaron K, Richie F, Nick T, Stu L, Rick M, Dan P, Ryan C, Chris P, Jamie B. **SECOND ROW:** Aram V (manager), Jonathan S, Xavier R, Nelson C, Ricky L, Mason W, Sebby W, Chris C, Dylan L, Elton S, Chloe M (manager). **THIRD ROW:** Logan M, Cian O, Dwayne R, Shamus M, Drew S, Sam D, Arnab M, Ryan M, Jackson M, Matt T, Martin N. **FOURTH ROW:** Kyree L, Aljah W, Isaiah T, Chase B, Henry L, Dylan S, Reese G, Lucas P, Liam M, Liam B, Joe C, Bobby O, Jacob H, Eddie P. **BACK ROW:** Dylan F (coach), Nick P (coach), Alex M (coach), Andrew L, Chris R, Sasha B, Mekhi V., Gil G, Coach Tone, Coach Schreiber





VOLLEYBALL



VARSITY VOLLEYBALL

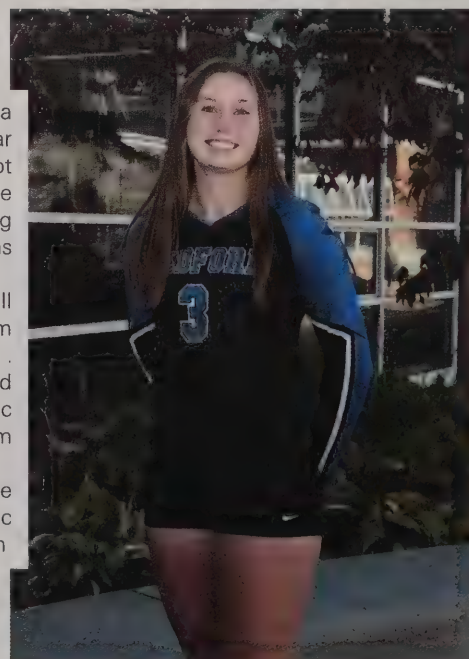
FRONT ROW: Ezgi Y, Amelia G, Kate H, Sophia V, Maddie M, Taylor A **BACK ROW:** Nicole K, Elora S, Gaby Z (captain), Carleigh O, Millie B, Shriya R, Emily Z, Olive C

Gaby had a stand out year earning a spot on the following teams

-MGCVA D-III All State Team

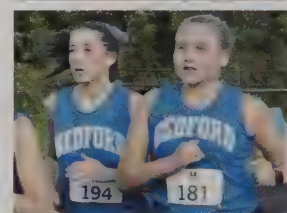
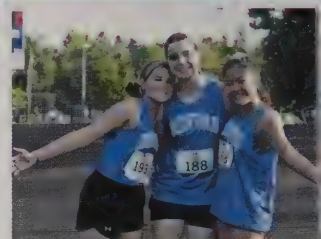
-Boston Herald All-Scholastic Team

-Boston Globe All-Scholastic Team





DCL All Stars:
 Kate Heller
 Elora Syed
**DCL Player of
 the Year:**
 Gaby Zovko

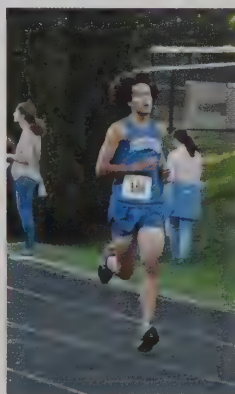


The XC team saw a record-breaking season. Most notably, our team qualified for All-States for the first time since 2014 with a 5th place finish out of 20 teams at Divisionals! With lots of young talent led by hardworking veteran runners, we had arguably the deepest team in BHS Girls' XC history. Five of our girls ran sub-22 5k races, and three ran sub-21, putting eight runners on the program's leader board for best times ran. Freshman Addi Poulter also broke the school record for fastest 9th grade 5k and was named a DCL all-star." -Elena P (captain)

Cross COUNTRY



Jonny G and Carter R qualified for the All-State Meet
Top performers in multiple invitionals."





GIRLS CROSS COUNTRY

FRONT ROW: Eve F, McKenna L, Becca K, Farrah S, Coco S (captain), Lulu S (captain), Elena P (captain), Martha H **MIDDLE ROW:** Michelle W, Carinns DW, Mary B, Josie D, Mahita S, Madeleine O **BACK ROW:** Eliza D, Addi P, Anna M, Allison M, Vivian L, Sam S, Coach Hebert, Grace N



BOYS CROSS COUNTRY

FRONT ROW: Peter B (captain), Josh G (captain), Aidan M (captain) **MIDDLE ROW:** Coach Donnelly, Nao O, Henry R, James M, William P, Micha H **BACK ROW:** Simon,, Michael C, Anthony O, Tyler M, Carter R, Oren B, Jonny G, Caden S



"From the beginning to the end of this season, people really stepped up this year. I have high hopes for the underclassmen who will carry our traditions, and I'm proud of how far the entire team has come."

- Josh G (captain)



"Stay Hungry" Coach Hebert knew from the start that this season was going to be special, so he continued to motivate us to "stay hungry" for personal bests and wins. This mantra motivated everyone be their best self and was essential to the success of the team.

-Elena P (captain)





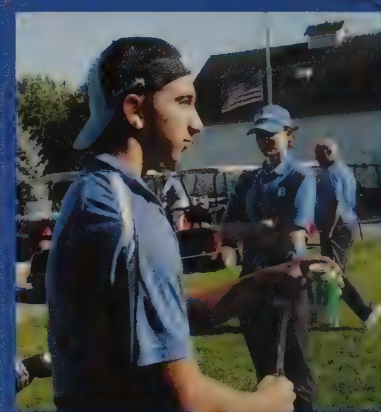
VARSITY GOLF

FRONT ROW: Aiden M (captain), Lucas R (captain), Jack S

MIDDLE ROW: Hayden M, Carter G, Jack H, Aidan H, Charlie S

BACK ROW: Matteo O-K, Thomas Z, Ryan C, Joe K, Matthew D, Finley H

Not Pictured: James N, Christian B



GOLF



"Proud of everyone's improvement and effort especially those new to the sport"

-Aiden M (captain)



"Good year!"
-Lucas R (captain)





VARSITY FIELD HOCKEY

FRONT ROW: Ella B, Avaanika N, Jackie C, Madi D (captain), Sydney P (captain), Arushi N, Shannon D **MIDDLE ROW:** Raaga V, Ava D, Syd P, Coach Ham, Maya B (captain), Sophia A, Victoria M **BACK ROW:** America C, Stella D, Annabella H, Kyra D, Rhea M, Christina H, Elena R



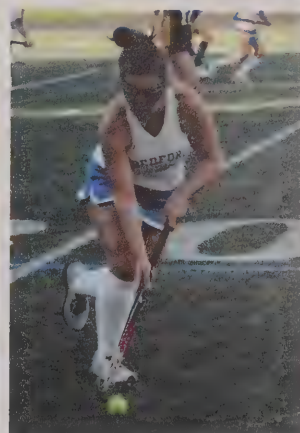
"Thanks everyone for putting in so much hard work this season! It may not have been the season we had hoped for but it was still an amazing year with all of you!"
#Rollbucs -

-Madi DiPerna (captain)





FIELD Hockey



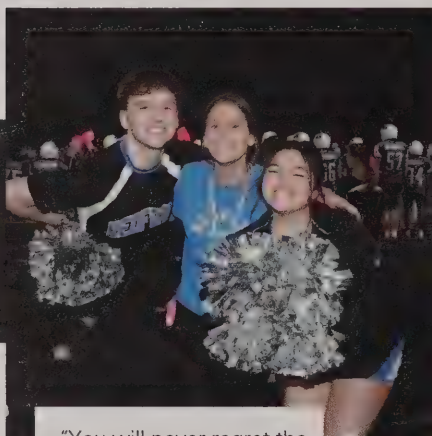
Sydney P had a stand out season earning Dual County League All Star Honors!



Cheerleading has grown and stood out since the pandemic. Captain Liv D explains, "We have brought the vision to our classmates and community how we don't just cheer on the sideline with poms. We work hard everyday after school preparing for a competition. Learning how to lift another person in the air isn't easy. It takes a toll on your body, but worth every minute of it. Bedford Varsity Cheer has made it know that the "stereotypical cheerleader" isn't what you always see. We currently have two boys on the team and they work just as hard as everyone else. We are all equal in the end and have the same goals and earned 3rd place (fall) and 2nd place (winter) at DCLs!"

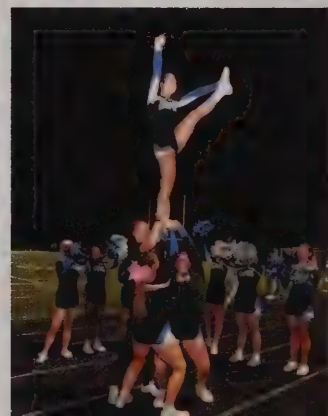
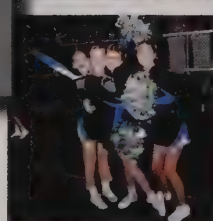
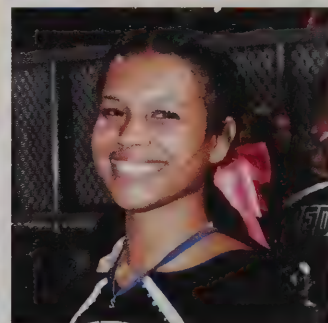


Winter Cheer placed 1st at Regionals and is headed to States in March! The yearbook is sent to print before results come out! Good luck at States!



"You will never regret the extra time you put into reaching your goals. It's not about being the best, it's about being better than you were yesterday."

-Liv D
(captain, DCL All Star, and Coaches' MVP)



CHEER

Fall & Winter



FALL CHEER

FRONT ROW: India D , Minseo H., Amy L (captain), Izzy L, Liv D (captain), . Shane M (captain) , Arianna T, Malka P, Libby S (captain).. Sofia Q (captain) **MIDDLE ROW:** Coach Brianna , Jack , Avery W, Malak A, Katie S, Larah M, Brooke K, Steph K, Satsha C- Alisha M, Coach Costopulos **BACK ROW:** Haley B ,Siena B, Maddie L, Minna-Liisa H, Kaylee S, Norah W, Isabelle J



WINTER CHEER

FRONT ROW: India D, Shane M (Captain), Liv D (Captain), Arianna T **MIDDLE ROW:** Larah M, Malak A, Gabe P, Alisha M, Katie S **BACK ROW:** Isabelle J., Satasha C, Siena B, Maddie L, Stephanie K



"We wouldn't have made it to nationals without the hard work of each and every cheerleader on the team. Thank you to everyone for giving it their all!" - Amy L (captain)



"Serving as Team Captain of the Varsity Cheerleading Team 2022-2023, has been an exciting privilege and one that I will never forget! Thank you to my teachers, coaches, teammates, and my family, for your love and support! "

-Shane M (captain)





VARSITY GIRLS BASKETBALL

FRONT ROW: Emma D, Caroline L, Aliya A, Sydhey P, Tova Y, Cassie M **BACK ROW:** Coach Herlihy, Grace W, Maddie T, Bridget S, Mackenzie T, Isabelle W, Meghan T, Coach Kepaa

not pictured: Marina G



GIRLS

Basketball

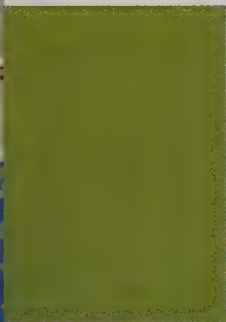




Boys

BASKETBALL





VARSITY BOYS BASKETBALL

FRONT ROW: Andrew B, Ryan C, Jamie B (captain), Eric M, Jayvon W **MIDDLE ROW:** Justice B, Cam S (captain)
BACK ROW: Justin L, Xavier R, Jameson B, Jireah J, Trevor F





Boys

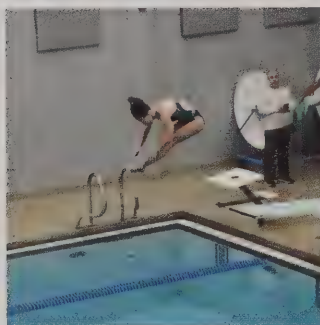
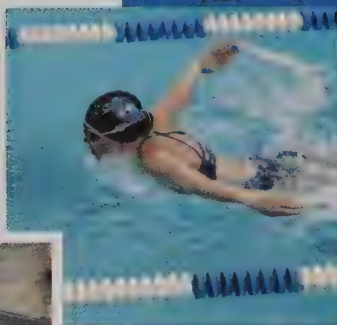
HOCKEY



JV & VARSITY BOYS ICE HOCKEY TEAM

FRONT ROW: Jackson M, Paul S, James N, Matt C, Kenny D, Drew S, Andy S, Charlie S, Jackson T, Grady C, Charlie O **BACK ROW:** Coach Grassi, Henry N, Chales D, Logan C, Chris W, James L, Carter G, Ryan M, Sam D, Nick T, Joe C, James N, Riley F, John C, Dylan S, Will, Max M, Coach Seabury





SWIM & *Dive*



"It was a great year with several relay teams making states. During my 4 years on the team I am very proud of the progress I have seen."

-Lucas R (captain)



VARSITY SWIM & DIVE

FRONT ROW: Elora S, Lucas R, Sally M **SECOND ROW:** Ryan. M, Anoushka N., Aislyn K., Ciara S., Hannah M., Zach W **THIRD ROW:** Taelor N., Johanna K., Maya A., Tanya S., Bianca T. **FOURTH ROW:** Coach Malinda Healey, Abrianna O., Shae A., Thomas. B, Benjamin S., Aniq S., Siddarth N., Emma L., Coach Thyne **BACK ROW:** Boden S., Shalom M., Christopher D., Matsen S., Ryley G., Vincent M, John P. Alex Z., Andrew V.

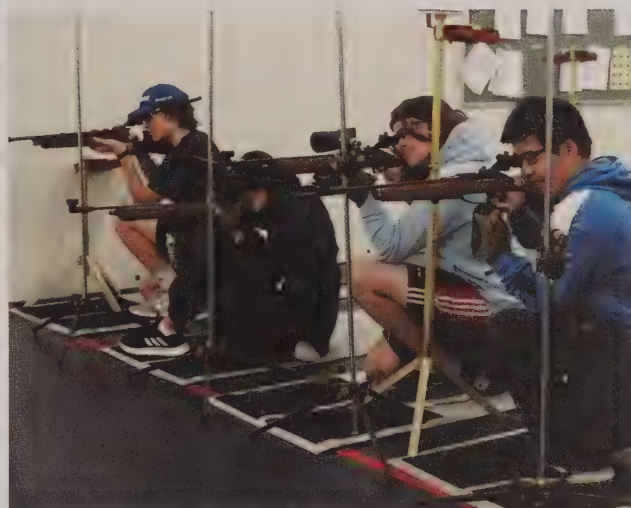
Rifle TEAM



VARSITY RIFLE TEAM

FRONT ROW: Coach Peters, Matthew D, Samuel Z, Jagger P, Ivan B, Casey D

BACK ROW: Jacob B, Paul C, Katharina G, Pascal G, Alex M, Ryan C.. Not pictured: Logan I, Rylan N, Pratyush S, Owen V





VARSITY SKI TEAM

FRONT ROW: Eliza D, Sophia E, Julia M, Becca K, Gianna M, Fleur B, Katherine K, Ella M **BACK ROW:** James M, Matt K, Connor L, Ethan M, Anderson M, Stuart L, Sawyer E, Jack S, Akira U, Max E, Finn H, Evan K



SKI Team

"This was a super spirited group and we continuously would have fun at every race and practice we had".
-Gianna M (captain)



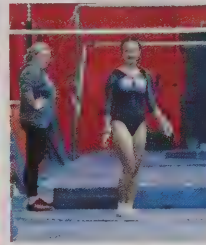
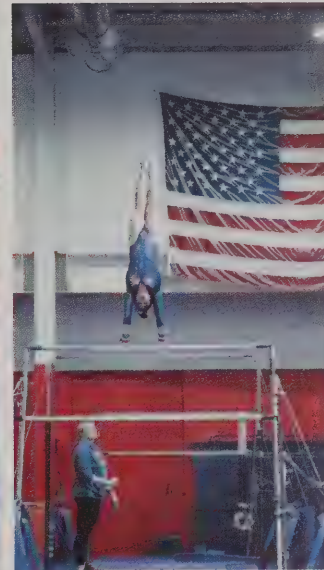
Girls team swept for the first time against Notre Dame Academy for the first time in history!!

We have had a super fun and high energy season! With good team bonding, fun spirit days, and the massive growth of our team, we are super excited for the future of the program!
-Becca K (captain)

The energy of the team was unmatched all season, we brought juice to spare!

-Stuart L (captain)





GYMNASTICS



"Go Wild Bues! I hope everyone can avoid injuries next year! Can't wait to watch all of you!"
-Mikayla C (captain)



VARSITY GYMNASTICS

FRONT ROW: Selima C, Addie S, Katie D
BACK ROW: Maddie P, Brooke S, Mikayla C (captain), Lexie M





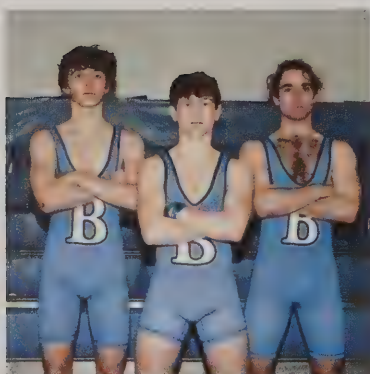
"We had a really strong team with many wrestlers having positive records. We are sad to be losing so many seniors this year, but we know they are going to do great things in the future!"

-Coach Sprangel



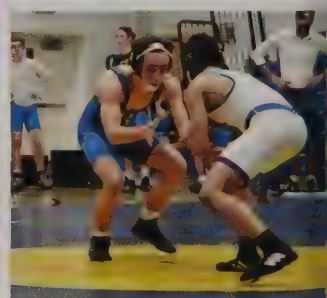
WRESTLING

12 wins - 7 losses.



VARSITY WRESTLING

FRONT ROW: Coach Sprangel, Phillip L, Aaron K, Ian G, Asst., Coach Pires **SECOND ROW:** Anirudh K, Austin C, Cole B, Seamus H, Aashutosh B, Emil C **THIRD ROW:** Mauricio D, Isaiah T, Eric K, Matthew M, Ryan T, Arnav M, Kyree L **BACK ROW:** Robert O, Giovanni S, Porter M, Andrew L, Christian B, Jairam V





VARSITY GIRLS ICE HOCKEY

FRONT ROW: Healy W, Becca S, Sophia D

BACK ROW: Olivia O, Anna M, Violet L

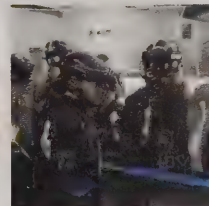
"Thank you to all the girls, we are proud of everyone for an amazing season!"

-Healy W & Anna M

Girls HOCKEY



A small but mighty group of BHS and JGMS girls partnered with Shawsheen Tech to make a girls ice hockey team possible!





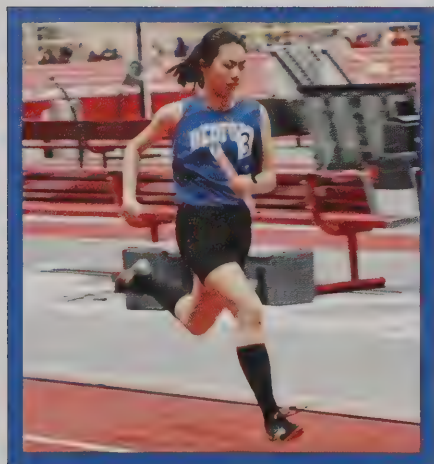
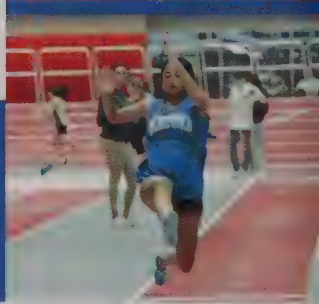
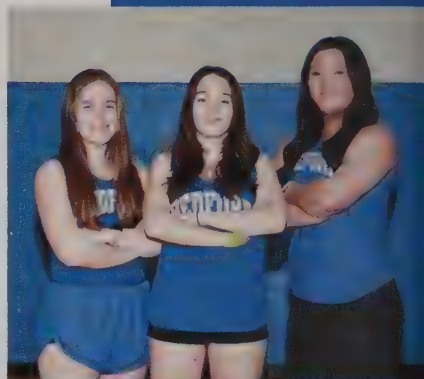
GIRLS INDOOR TRACK

FRONT ROW: Martha H, Erica A, Lulu S(captain), Coco S, Jessica L (captain). **MIDDLE ROW:** Coach Donnelly, Michelle W, Farah S, Erica C., Emma M(captain), Iris L, Carina D-W, Swetha K, Indiana D. **BACK ROW:** Abi K, Addie P, Grace N, Maddie O, Anna M, Sam S, Josie D, Catherine K, Allison M, Elena P, Shigitu J.

INDOOR Track

BOYS & GIRLS

-Divisional Qualifiers in the 55m Hurdles, 600m, 1 Mile, 2 Mile, 4x400m Relay, and 4x800m Relay.
-Carter Rauch with a school record, All-States, and National Qualifier, and undefeated record in the 600m
-Josh Garraway with an undefeated record in the 55m Hurdles
-Josh Garraway, Oren Brosgol, Jonny Garraway, and Carter Rauch with a school record in the 4x800m Relay.
-Jessica Lin with a school record in shot put



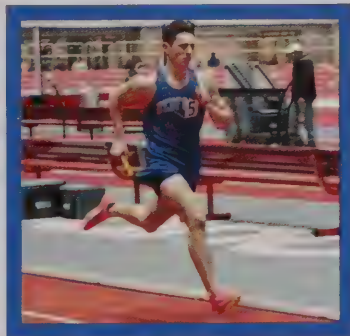
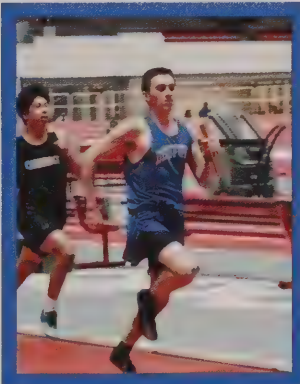
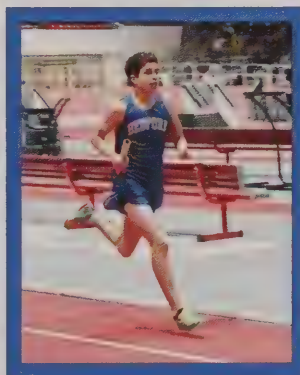


"I'm very proud of how strong and versatile this team has been. Many runners stepped into new events, and others were doing 2 or 3 events every meet, but everyone has worked to make this a winning season."



BOYS INDOOR TRACK

FRONT ROW: Carter R (captain), Henry S, Andrew, Josh G (captain),
MIDDLE ROW: Coach Donnelly, Nao O, Leo D, Simon B, Austin W,
 Matteo O . **BACK ROW:** Will P, Vivek J, Jonny G, Dominic G, Chase L,
 Hussain T., Justin H , Aadit N (missing: Oren B)



This season was amazing and the team really worked hard at every practice and meet. Between the training in frigid weather and our last dual meet getting canceled, everyone really persevered and still performed well!"

Carter R





**FRESHMEN BOYS
SOCCER**



**FRESHMEN GIRLS
VOLLEYBALL**

Freshmen **TEAMS**



FRESHMEN BOYS BASKETBALL



JV FIELD HOCKEY



JV GIRLS SOCCER

JUNIOR

Varsity Teams



JV BOYS BASKETBALL



JV GIRLS BASKETBALL



JV BOYS SOCCER



JV GIRLS VOLLEYBALL



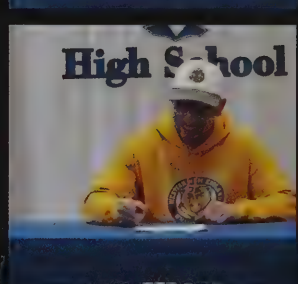
National Letters *of intent*



2 Sport Athletes!

Gianna M plans to play soccer and softball at Norwich University

Richie F also plans to represent two Western New England Teams, football and lacrosse!



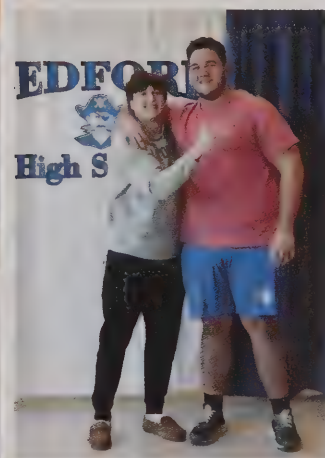
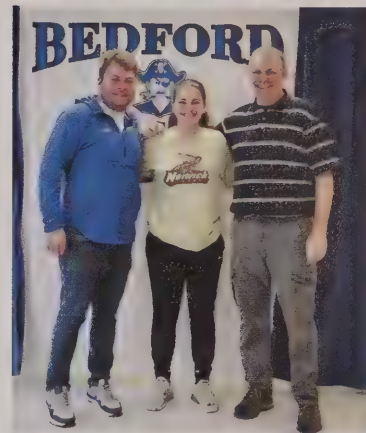


They go D1!

Sydney C will play soccer at Fairfield in 2023!

Gaby Z will play volleyball at Sacred Heart in 2023!

Kaylee G will play softball at St. Bonaventure in 2023!



Eric Miles heads to Stonehill College to play D1 Football!

After setting a school record in the shot put at over 37 feet, Jessica L heads to Macalester College in Minnesota!



DCL

All Stars

Dylan Lykins - football
Shamus Miller - football

Ansh Aggarwal - soccer
Devandar Kaushik - soccer
Miles Herzog - soccer
Sophie Shelton - soccer
Sarah Tonini - soccer

Kate Heller- volleyball
Elora Syed - volleyball

Olivia Disaronno - cheer

Addie Poulter- cross country
Carter Rauch- cross country

Sydney Poor- field hockey

Aiden McEachern- golf
Thomas Zildjian- golf

Eric Miles - basketball
Ryan Cohen - basketball
Justin Liberman - basketball
Cassie Morrison - basketball
Bridget Sheahan - basketball

Ryan McGrath - hockey
Nick Tatarczuk- hockey

Aniq Syed - swim & dive
Matsen Spirn- swim & dive

**School Record 100yd Breaststroke 1:03.36*

Elora Syed - swim & dive
Sally MacPhee - swim & dive

Josh Garraway- indoor track
**School Record 4x800m Relay*

Carter Rauch - indoor track

**School Record 600m 1:24.15 & 4x800m Relay*

Grace Niu- indoor track
Addie Poulter - indoor track

Emil Colon- wrestling
Anirudh Kumar- wrestling
Ian Grove- wrestling

Players of the Year

Eric Miles - football

**School Record 4,054 yd & 64 TDs*

Gabriela Zovko - volleyball

Sydney Cox - soccer

Justice Buchannan - basketball

All Conference

Honors

Jamie Buchannan - Lineman of the Year - football

Ryan Cohen - Defensive Player of the Year- football

Chris Puglielli - football

Tomas Ou - soccer

Spencer Goss - soccer

Camdyn Shoesmith - basketball

Mackenzie Tierney - basketball

Christopher Woo - ice hockey

Charles Demeo - ice hockey

Jessica Lin - Indoor Track

**School Record Shot Put 37' 4.25*

Coach of the Year

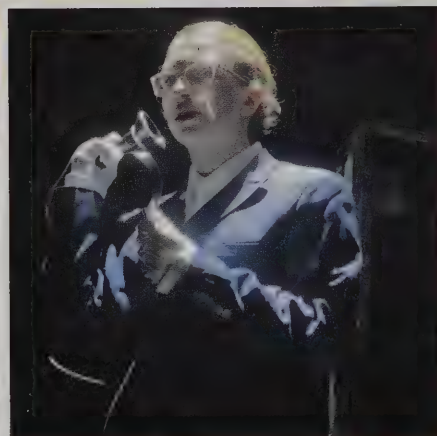
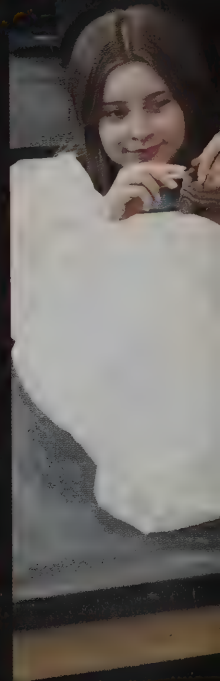
Tom Tone - football

Anthony Halls - boys basketball

Brian Seabury - boys ice hockey

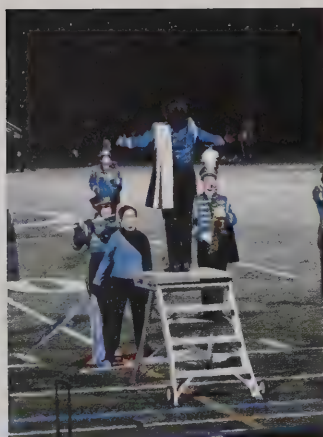
VISUAL & PERFORMING

ARTS

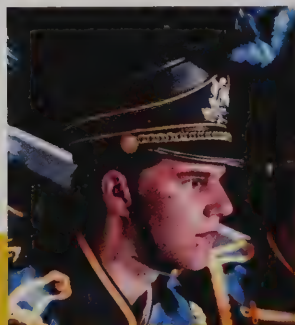




The BHS Marching Band placed 4th in Division I competition at the New England Scholastic Band Association Championship Finals."



Mr. Felker says it is "So exciting to see not only the kids do well, but to have former students on my staff who do a tremendous job with these kids!"

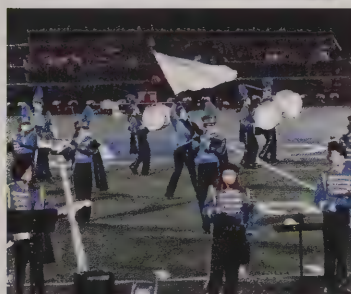
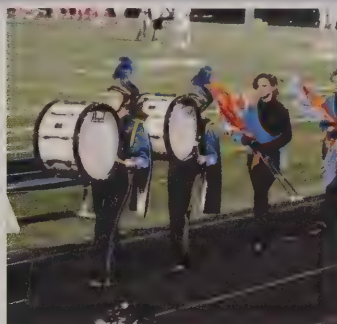


MARCHING

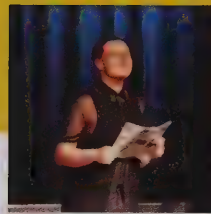
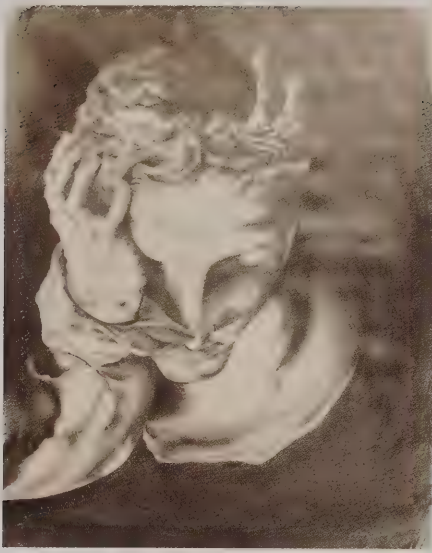
Band



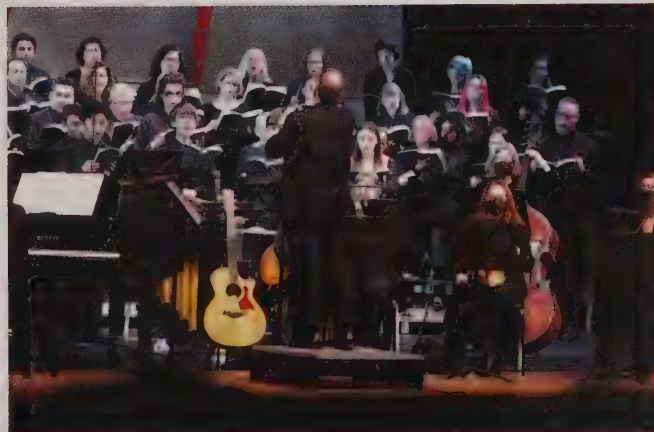
"4 door minivan"
-Drum Majors Sahana K & Parker A-L



Seniors: Quinn T, Kate M, Parker A-L, Sahana K, Evan Karen, Aidan H, Erika F
Juniors: Alex M, Evan K, Kaylee A, Daniel K
Sophomores: McNamara S, Diya S, Richie Z, Amelie K, Evangel L, Shreyas S, Paris C
Freshmen: Katie C, Christina L, Evelyn C, Jack V
Staff: Mr. Felker, Ms. Asp, Mr. Ruiz, Mr. Ham, Mr. Goldman



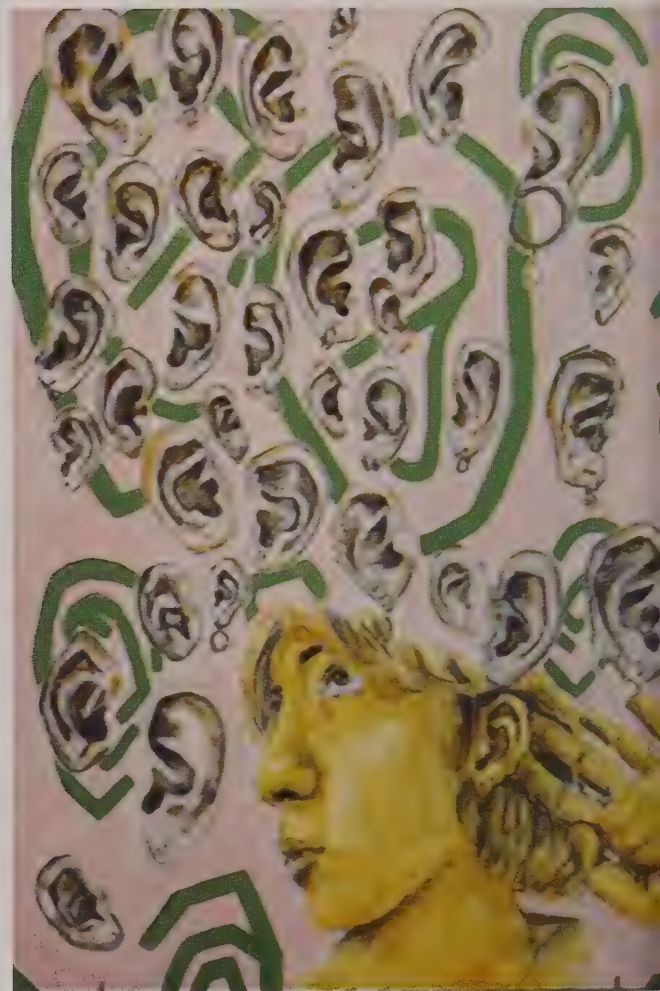
The Arts



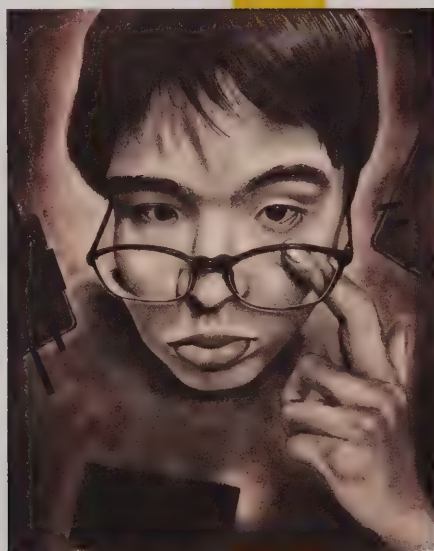
Ceramics by Calla Kahan-Fagan
Painting by Amelia Hill



Sculpture by Marlowe Tilney



Mixed Media by Zoe Kramer



Charcoal Drawing by Paul Jeon

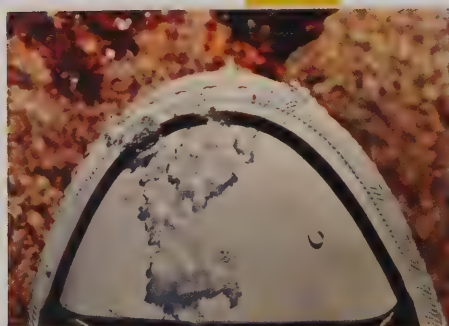


Photo by Norah White



Pottery by Calla Kahan-Fagan

Collage by Jocelyn Young

ARTWORK



Photo by Shannon Sullivan

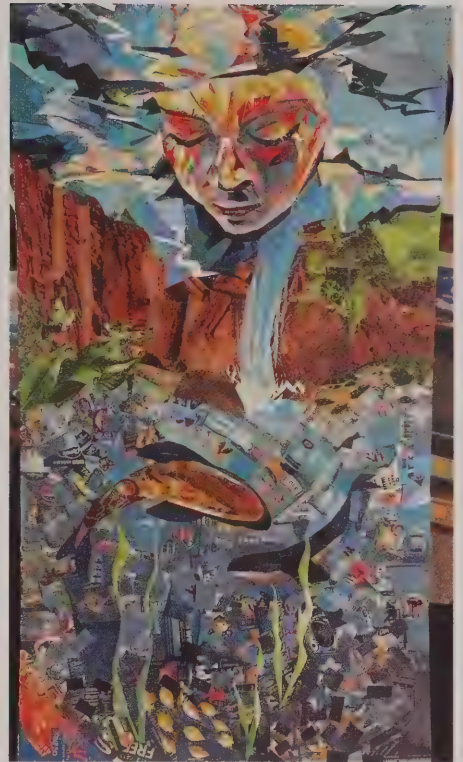


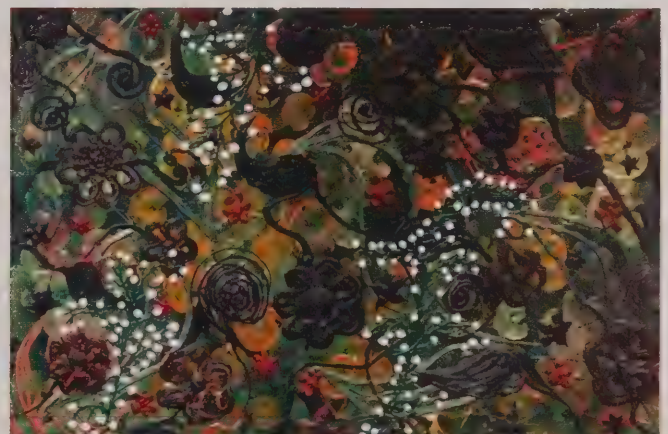
Illustration by Ada Coopridner



Jewelry by Raaga Vakamalla



Painting by Phillip Livingston



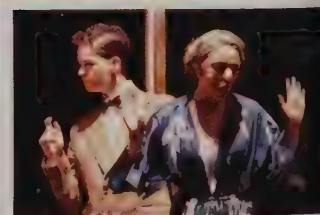
Painting by Maryam Jawad



FALL Play



BHS performs Agatha Christie's Murder on the Orient Express adapted by Ken Ludwig.



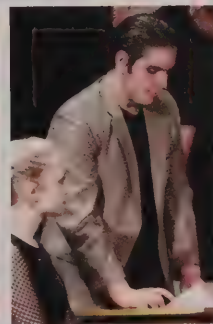
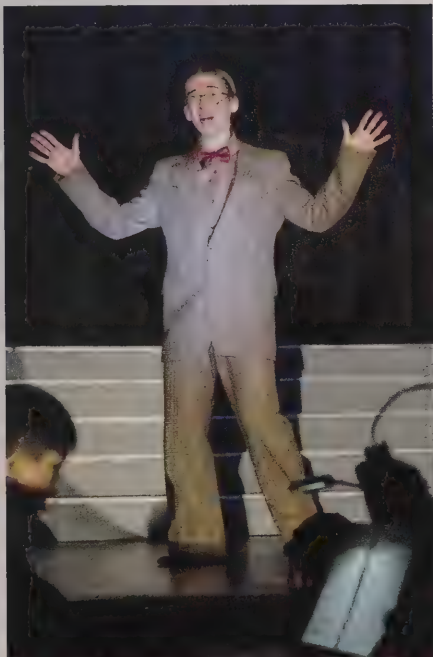
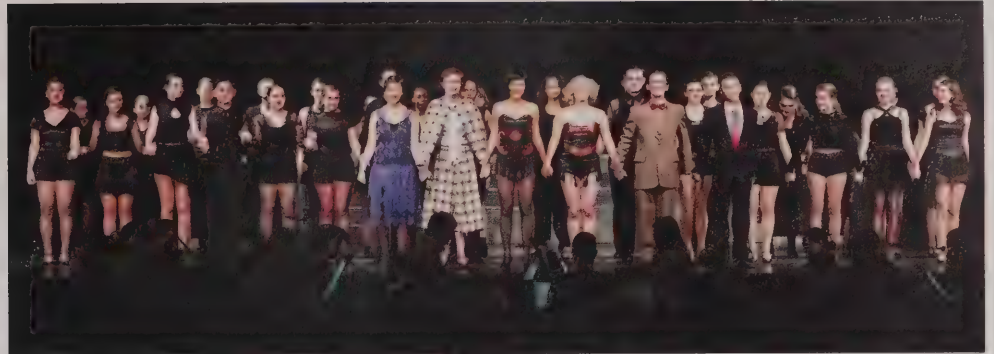


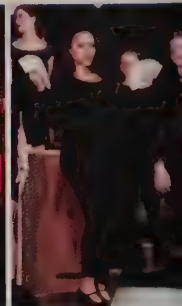
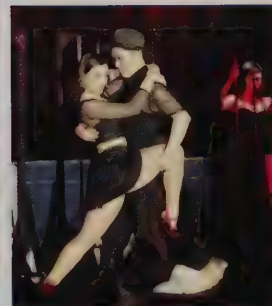
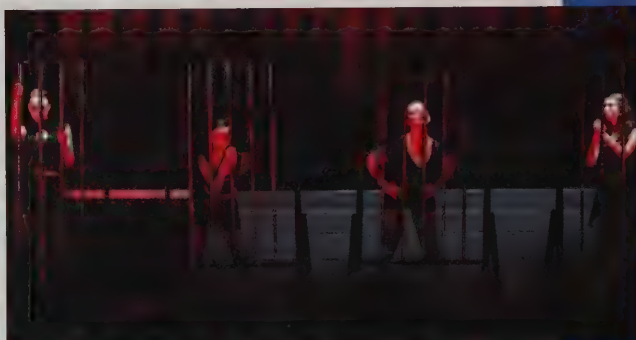
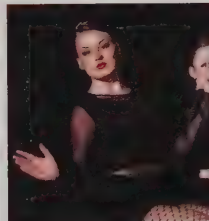
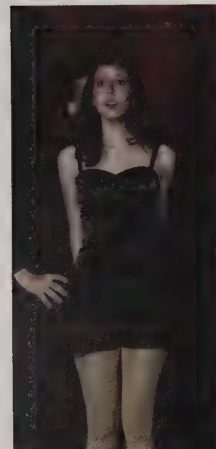




MUSICAL

Chicago





CHICAGO

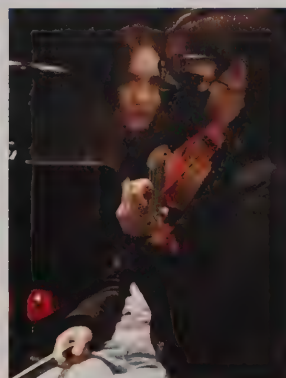
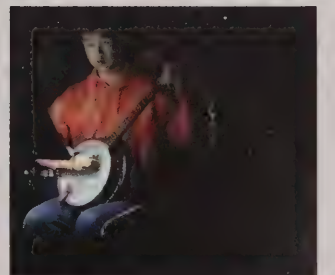
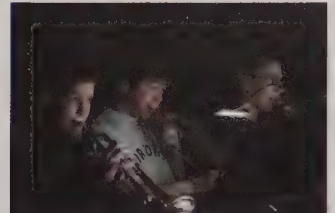
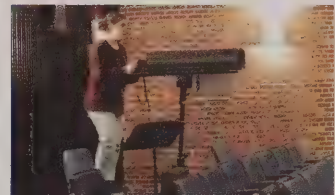
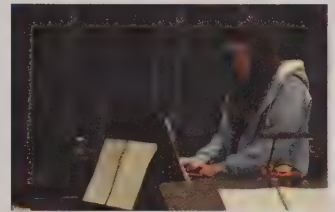
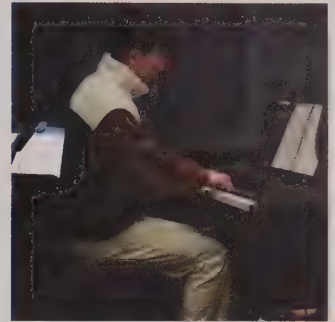
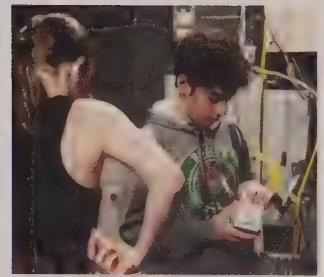
cast

Kaylee Axtell
Quinn Cambarde
Turner
Helen Canciello
Maggie Chessman
Jacob Choi
Carolyn Crews
Brooke D'Andrea
Alynn Dandridge
Dylan DeJesus
Ava Derderian
Valen Diez
Yoana Dimitrova
Aleksi
Dubaque-Sanchez
Eve Fombu
Laura
Fonseca-Morlock
Cate Galante
Julia Giaquinto
Violet Gould
Rachel Gould
Liam Green
Ariel Grossman
Minseo Hong
Evan Kelly
Zoe Kramer
Henry Lewis
Hayden McAllister
Connor McClung
John Mitchell
Julian Muelhoefer
Jennie Noh
Francesca
Pellegrino
Emma Purtell
Libby Squire
Shannon Sullivan
Norah Watson
Chloe Wood

crew

Andre Bell
Verna Bowlan
Mary Bujalski
Katie Chiu
Alice Coopridge
Jackie Cutrona
Dillon
Denny-Brown
Charlie
Desjardins
Ishaan Kapuria
Dhara Kaushik
Jessie Komack
Christina Lu
Lum
Alex Mattson
Emily McDonald
Maddie Mola
Sid Nandakishore
Daniel Nappi
Carina Panfili
Diya Singh
Maya Singh
Shirley Sun
Olly Walton
Healy Weisman
Richie Zaloom
Koa Zumwalt
Parker
Anderson-LaPorte
Bryan Bai
Rei Brown
Erika Falco
Amelie Kelly
Evangel Li
Kate Morrow
Benjamin Sedran
Zachary Shen
Marlowe Tilney
Eric Zhang
Cameron Zhu
Emily Zhu

pit





BEDFORD

Day

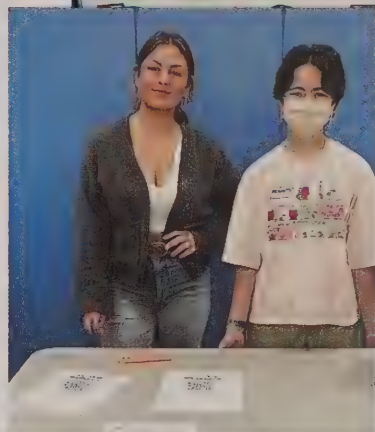
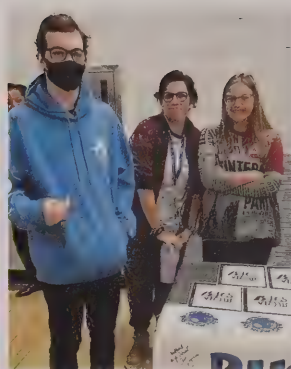


Bedford Day was celebrated on September 17th with a parade and town fair. Bedford High School Clubs and Teams were well represented! Fireworks helped to finish off a fantastic day!





If you build it they will come. Students enjoy starting new clubs engaging in clubs that interest them, and of course getting candy at some tables!



ACTIVITIES

Fair



Activity Day was back inside and in-person after the pandemic. New clubs emerged to join the wide range of opportunities at BHS!

CLUBS AND

Organizations



Science Bowl Team



Quidditch



Bellachords



Tenacity



Ultimate Frisbee



Rock, Roll, & Rhythm



Spanish Club



Book Buddies



Armenian Club



National Honor Society



Model UN



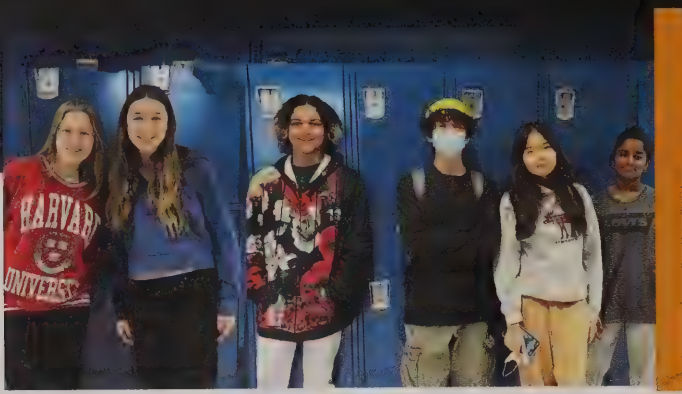
Korean Club



Science Club



Debate Club



BHS Now



DECA



Origami Club



Lookout



Latin Club



Investment Club



Culture Through Calligraphy



Culinary Club



Born from a Boombox



Robotics Team



Math Team



Ping-Pong Club



Dance Team



Art Club



Black Student Union

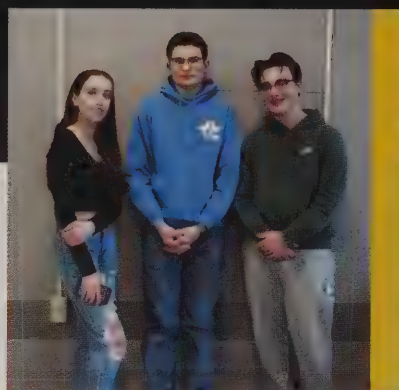


Interact Club

Clubs that were unable to take photos.....

Coffee&Tea Club, History Day,
Japanese Club, SAGA, Social
Action & Consciousness Club,
Sewing Club, International
Economic Summit/ Inquiry,
Chemistry Club

Other Clubs



Glee Club



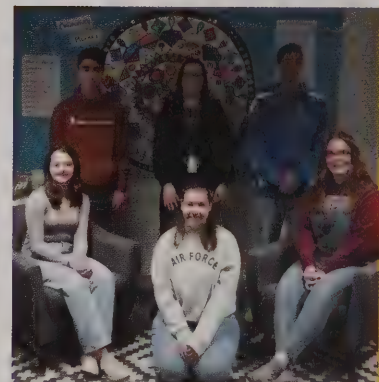
Table Top Club



Protecting Animal Welfare



Step Team



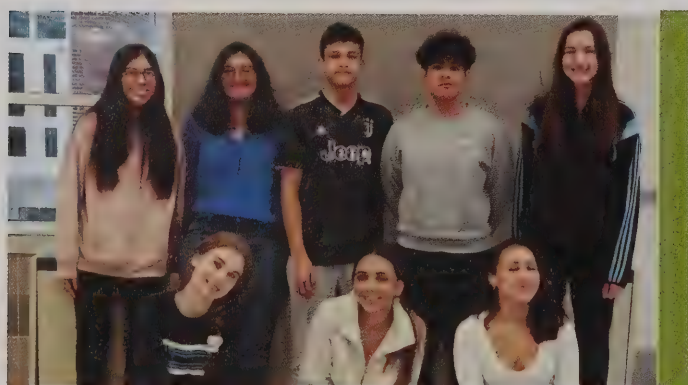
Student Atmosphere



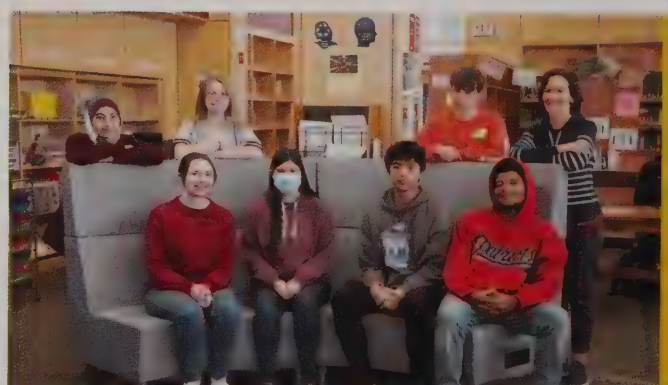
Asian American Club



Women of Science



Latino Student Union



Library Interns



STYLUS



Ground Up



UNICEF



Environmental Club



Swing



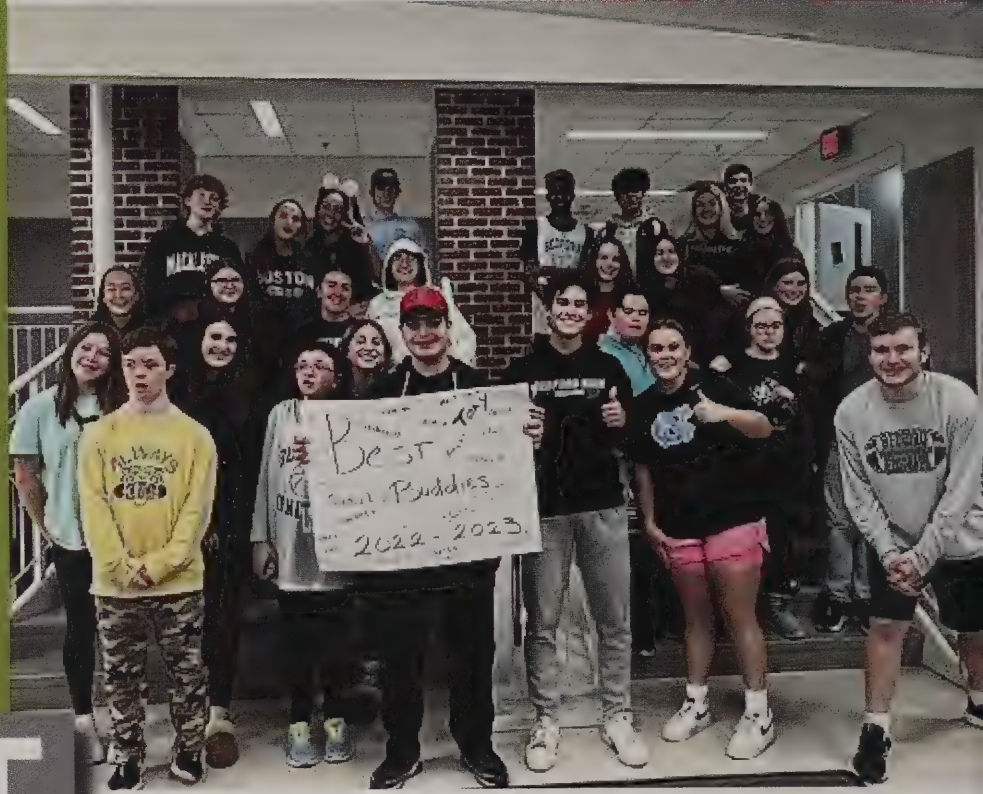
Relay for Life



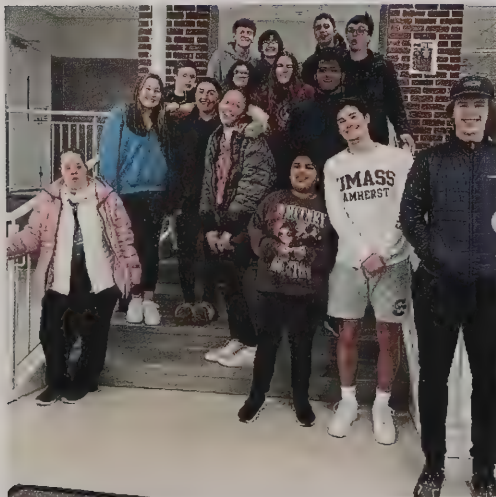
S.A.D.D.



Lego Club



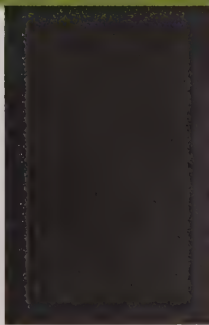
BEST Buddies



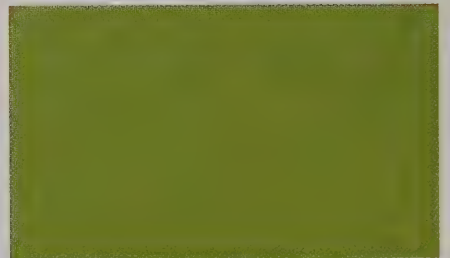
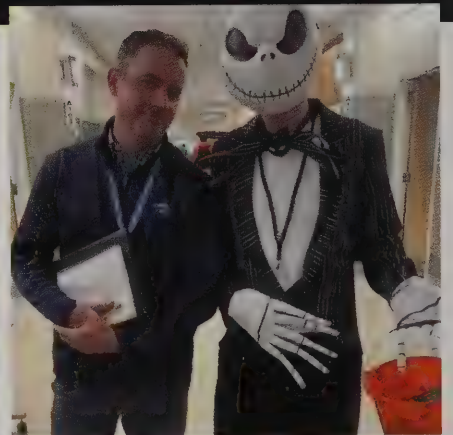
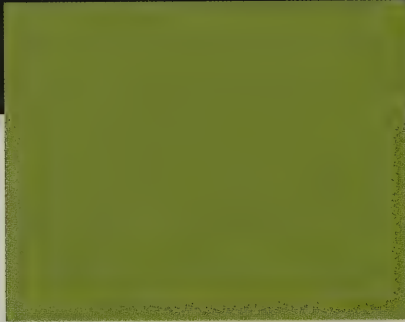
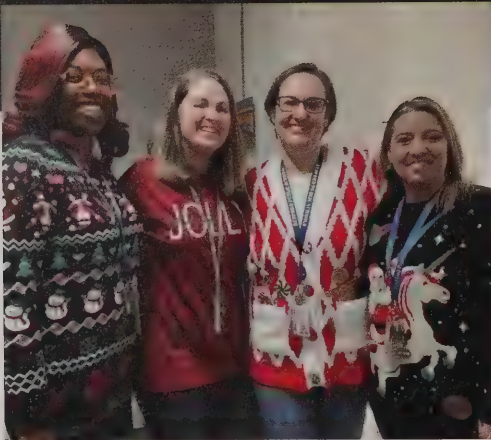


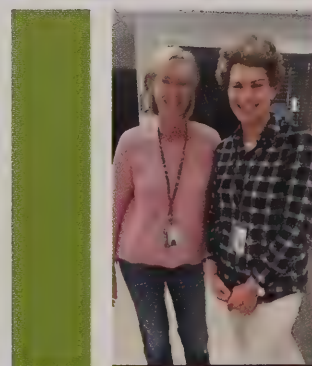
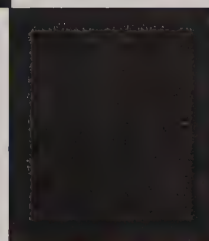
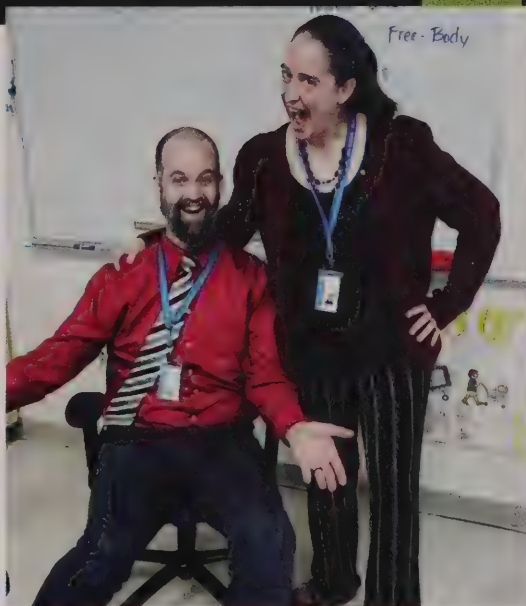
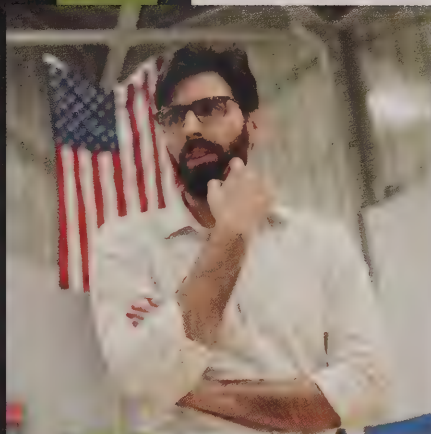
UNIFIED

Basketball



FACULTY





FACULTY

& staff

Technology



Mr. Kenney
Mr. Rimsa
Mr. Sahatjian
Mr. Godzyk
Mr. Carlson-Bancroft
Ms. Clements
Mr. Zannoni
Mr. Kapotsis

Ms. Forrest
Mrs. Tracy
Mr. Freedman
Mr. Kennedy
Mr. Mihalinec
Mr. Williams



AAC

Art



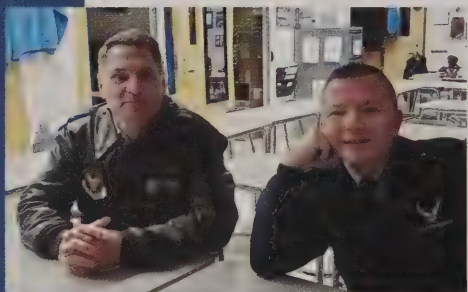
Mr. Sheinfeld
Ms. Wagner
Ms. Beattie
Mr. Hagan

Ms. McCarthy
Mr. Lasonde
Mr. Jacob-Dolan
Mrs. Marcotte
Ms. Kane
Mr. Berlino
Mrs. Sullivan
Ms. Butler
Ms. Hayden
Mr. Hebert
Mr. Dolan
Ms. Wolk



English

Science & Technology JROTC



Lt.Col. Mierz
MSgt. Humphrey

Mrs. Powell
Mrs. Loveless-
Patterson
Ms. Sweetland
Ms. Orifice



Main Office



Mr. Puopolo*
Ms. Scaltreto*
Mr. Helgason*
Ms. Noferi*
Mr. King*
Mr. Estes
Mr. Wickham
Ms. Herlihy
Ms. Hansel
Ms. Heldman
Ms. Kosinski*
Ms. Morrison*
Ms. Leshay
Ms. Prince
Ms. Darlington
Ms. Billouin

Mr. Stief
Ms. Coletta*
Ms. Kurzman
Ms. Kelly
Mr. O'Connor

*JGMS teachers

Mr. Culhane
Mrs. Butler
Mr. Nagle
Mr. Kennedy
Mr. Boschetto
Ms. Goetshius
Mx. Sunderland
Ms. Predaina
Mr. Donnelly
Mr. Wysokowski
Ms. Rosecan
Mr. Walsh



Social Studies



Ms. Arena



Ms. Beasley



Ms. Brownrigg



Mr. Caprioli



Mr. Casey



Mr. Chaffee



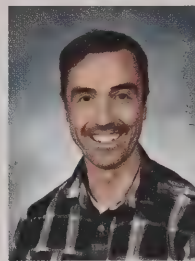
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Ms. Comeiro



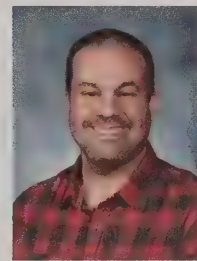
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Mr. Culhane



Ms. Daniell



Mr. DeChellis



Ms. Decker-Kilmartin



Ms. DeCleene



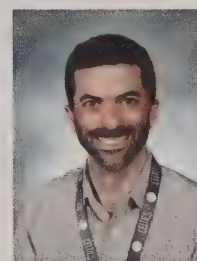
Ms. Della Valle



Mr. Dix



Mr. Donnelly



Mr. Estes



Ms. Faulkner



Ms. Felix-Flender



Ms. Flora



Ms. Forrest



Ms. Funk



Ms. Galante



Mr. Hagan



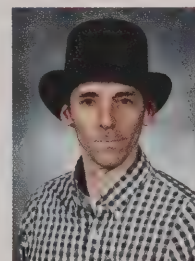
Ms. Halupowski



Ms. Hansel



Ms. Hayden



Mr. Hebert



Ms. Heldman



Mr. Hendrick



Ms. Hinz



Mr. Hudder



Ms. Irving

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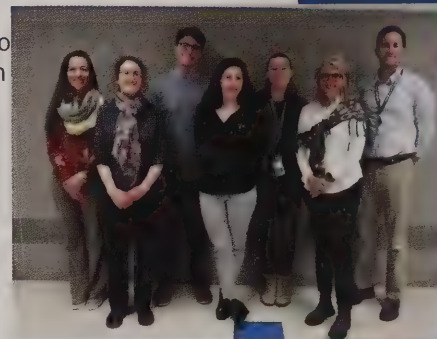
& staff

PE, Health & FAMCO



Mr. Mangan
Mr. McLaughlin
Mr. Olson
Ms. Duffy-Protentis
Ms. Martell
Mrs. Orifice
Ms. Arena

Ms. Laurencio
Mr. Mondloch
Ms. McLeod
Mr. Caprioli
Ms. Kohanyi
Ms. Taub
Ms. Bueno



World Language

Performing Arts



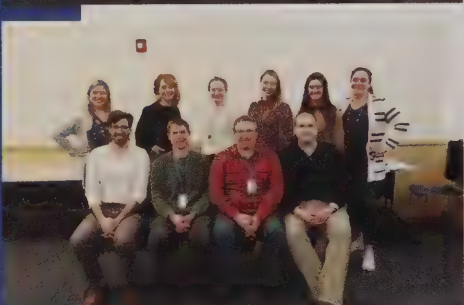
Ms. Creamer
Ms. O'Toole
Mr. Felker
Mr. Grunwald
Ms. Faulstich

Ms. Vaughen
Ms. Thorsen



Nursing

Math & Business



Ms. Stark
Ms. Irving
Ms. Faulkner
Ms. Flora
Ms. White
Ms. Lennox
Mr. Sprangel
Mr. Dix
Mr. Peters
Mr. Morrissey

Mr. DeChellis
Mr. Chang
Ms. Funk
Ms. Thyne
Mr. Eggleston
Ms. Septembre
Ms. Halupowski
Ms. Brownrigg
Mr. Alperin



Guidance

Special Education



Mr. Clarke
Ms. Brecher
Ms. Hinz
Mr. Hendrick
Ms. Toomey
Ms. Kjelsberg
Ms. Flender
Ms. McCarthy
Ms. Valleau
Ms. Doherty
Ms. Myles
Ms. Wipf
Ms. Breslin
Ms. Piehl
Ms. Barrett



Mr. Jacob-Dolan



Ms. Kane



Ms. Kelly



Mr. Kennedy



Mr. Lasonde



Mr. Mangan



Ms. Marcotte



Ms. K McCarthy



Ms. S McCarthy



Mr. McLaughlin



Ms. McLeod



Mr. Mihalinec



Mr. Mondloch



Mr. Morrissey



Ms. Myles



Mr. Nagle



Ms. O'Toole



Mr. Peters



Ms. Predaina



Ms. Prince



Ms. Septembre



Mr. Sheinfeld



Mr. Singer



Mr. Sprangel



Ms. Stark



Ms. K Sullivan



Ms. M Sullivan



Mx. Sunderland



Ms. Thorsen



Ms. Thyne



Mr. Tone



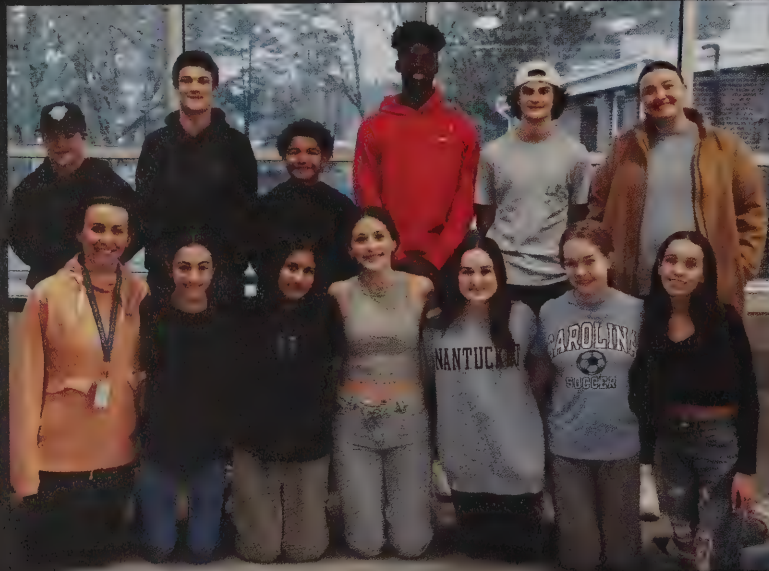
Ms. White



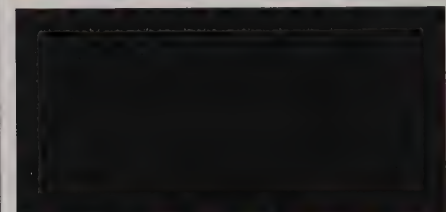
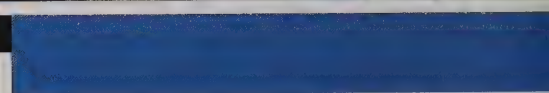
Mr. Wickham

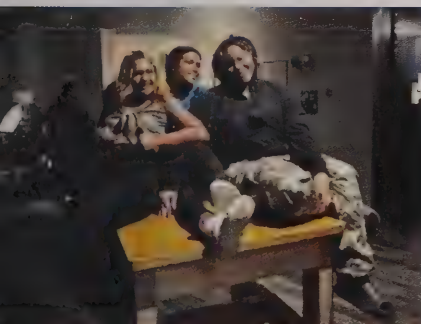
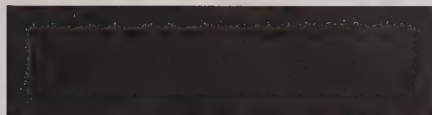
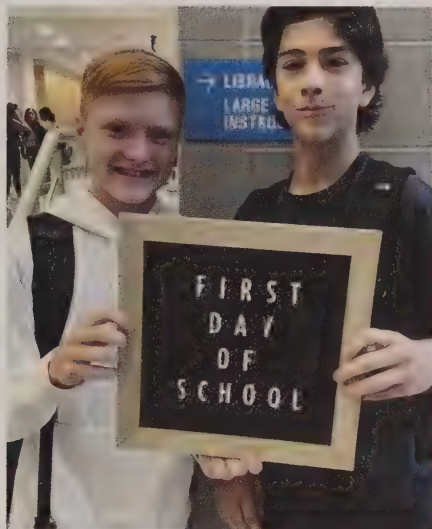
Class of 2026

FRESHMEN



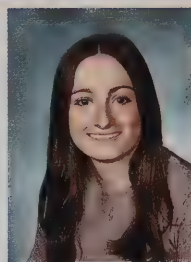
Class of 2026 Representatives



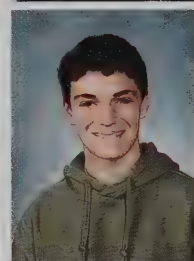


CLASS of 2026

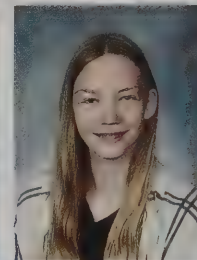
Erin Adams
Katherine Adams
Sophia Aloise



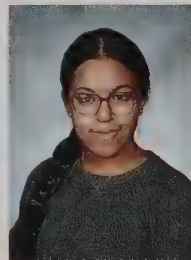
Harrison Amaral
Micah Andelman
Jacob Anderson



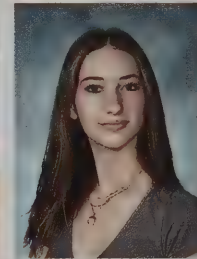
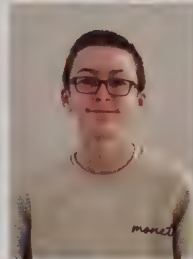
Jared Anderson
Lillian Arnold
Maya Arsenault
Jeremiah Augustus
Sasha Bailey
Victoria Banister



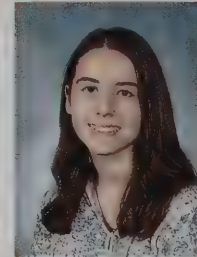
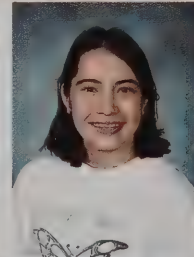
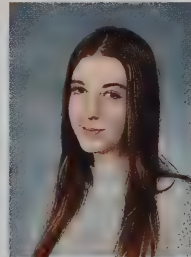
Christian Barnes
Jacob Bayer
Mina Belir
Sayontika
Bhattacharya
Rowan Biodeau
Louanna Boblett



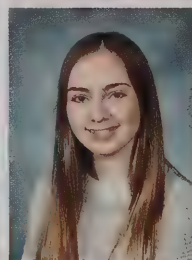
Verna Bowlan
Liam Brandt
Dylan Bray
Chase Brazeo
Anna Brecher
Siena Brickman



J'Lenn Brown
Saimya Brown
James Bryan
Zadie Buckley
Mary Bujalski
Shayne Burgner

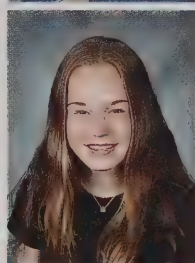
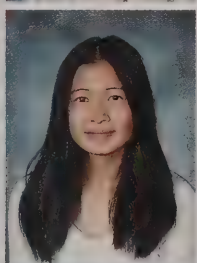


Syd Burgner
Reilly Burke
Zoey Campbell
John Campos
Joseph Capone
Lamarr Carrigan

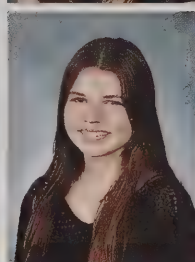
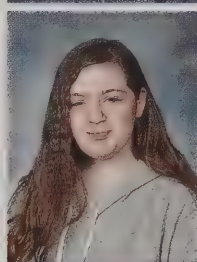




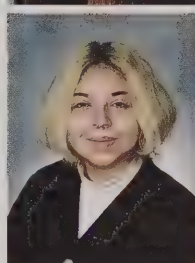
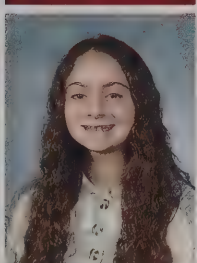
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Connor Casserly
Anjie Chen
Michelle Chen
Michael Cheng



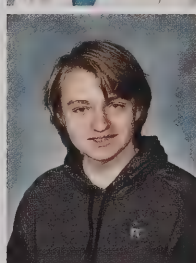
Magdalena
Chessman
Evelyn Chiu
Katherine Chiu
Nicholas Chow
Liam Colbath
Kate Collins



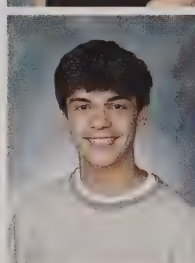
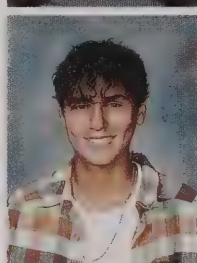
Satsha Colon
Brennan Comeau
Giovanni Coronado
Alexis Coyman
Madison Curlin
Julie Curtis



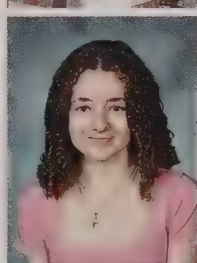
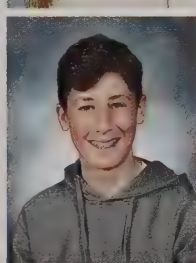
Abigail Cutrona
Brooke D'Andrea
Atharva Dayal
Casey Desaulniers
Eliza Dickert
Valen Diez



Matthew Dill
Carinna
Dogan-West
Indiana Drake
Lucia Drench
Nicholas Ducharme
Audrye Dumlao



Max Elliott
Kearsley Erawan
Parker Ferguson
Lucas Fernandes
Brendan Finnerty
Ryan Fitzgerald



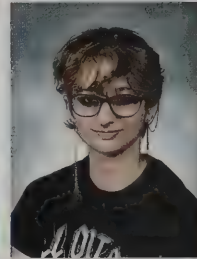
Emma Floyd
Kat Fossey
Even Franklin
Matea Freeman
Alex Frost
Derek Gallant

CLASS of 2026

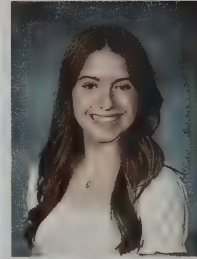
Gilbert Galman
Laurn Garcia
Tatum Gayron



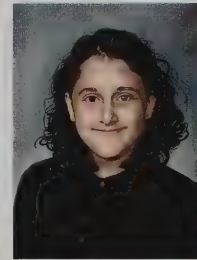
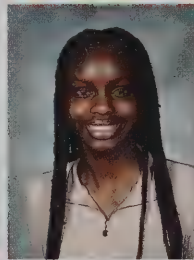
Alexander Gharios
Reece Gilmartin
Axel Gitlin



Leneisha Greene
Carter Grove
Evan Gu
Justin Hagan
Finn Harte
Emelyn Heeney



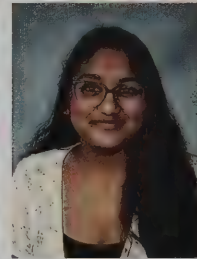
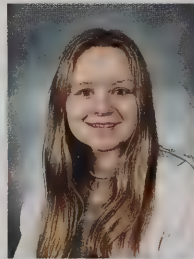
Jacob
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Shegitu Johnson
Abigail Kabebo
Matthew Karen
Dhara Kaushik
Vivek Kaw



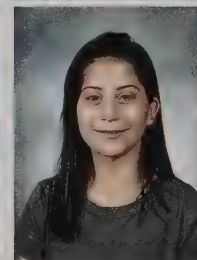
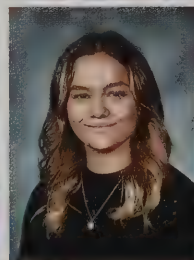
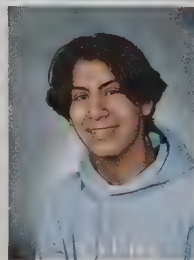
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Reese Keeney
Aislyn Kelly
Catherine Kennedy
Johanna Kim
Katherine Kohler

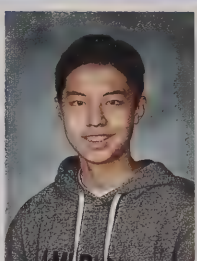


Matthew Kolak
June Koller
Jessie Komack
Ryan Koni
Emma Krieger
Sahana Krishnan

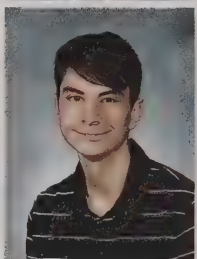
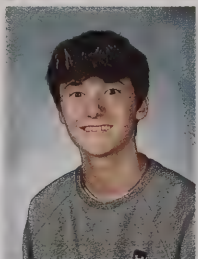


Andrew Kruger
Kyree LaBoy
Emma Lacchia
Samantha Langone
Giovanna Lanza
Chase Larimore

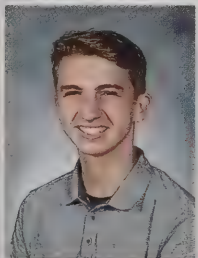
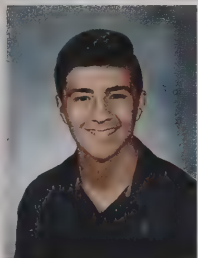




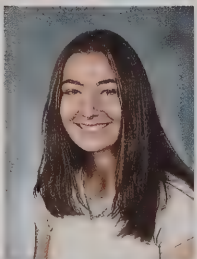
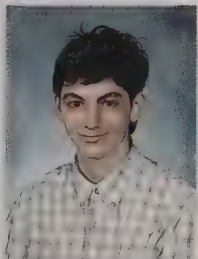
Riley
Leavell-Coldwell
Cate Lee
Sean Lee
Madelyn Lembo
Kayla Lewis
Ryan Liu



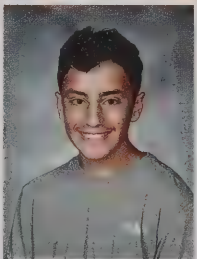
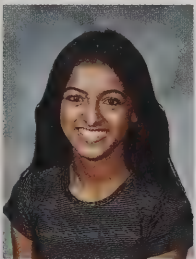
Andrew Livshin
Christina Lu
Evan Luedde
Axel Luna
Olof Lundgren
Matthew Macera



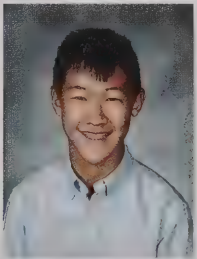
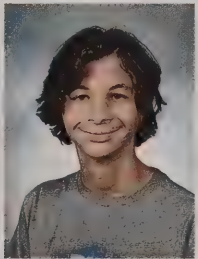
Matthew Mahoney
Thompson
Mahoney
Anderson Marino
Alexa Masters
Liam McCarthy
Emily McDonald



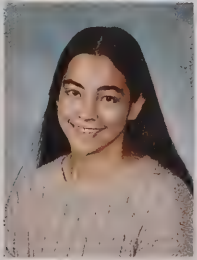
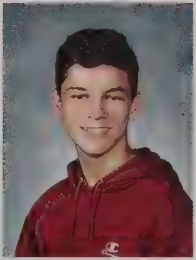
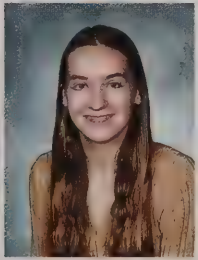
Ivy Middents
Lev Mikhaylov
Carter Miles
Julian Muelhoefer
Julia Mullins
Tyler Munsie



Parris Murdaugh
Jewel-Ann Murray
Grace Nam
Anoushka Nambiar
Daniel Nappi
Alexa Nardelli



Aadit Nene
Jackson Nichols
Rylan Nichols
Taelor Nichols
Michael Noh
Robert Oates



Nao Okamoto
Arin Parvate
Katherine Patterson
Benjamin Peplau
Louisa Piro
Madeline Plurad

Ira Pokharel
Abigail Post
Addison Poulter

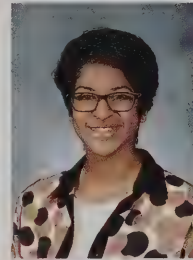
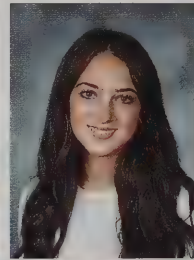


CLASS of 2026

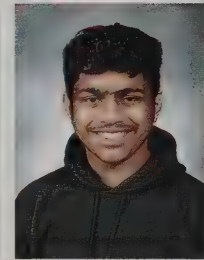
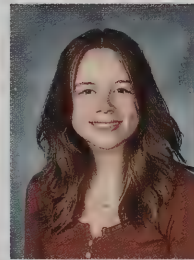
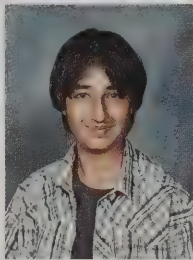
William
Protasowicki
Eddy Puello
Lucas Puglielli



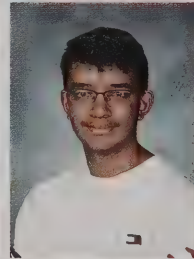
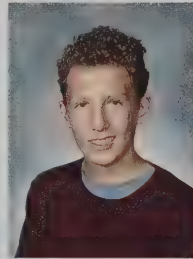
Henri Raho
Christopher
Randazzo
Isabella Raposa
Shriya Raut
Sarahlee Rivers
Acer Rousseau



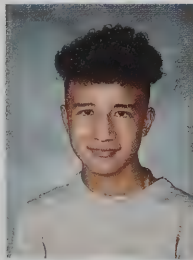
Yousef Safi
Nat Sandler
Lucy Santaella
Amelia Santos
Milind Sharma
Ciara Shelton



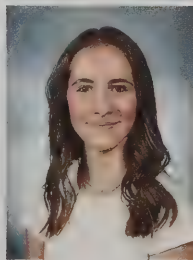
Matthew Shen
Caden Shimko
Pratyush Singh
Tanya Singh
Dylan Siwik
Logan Skipper

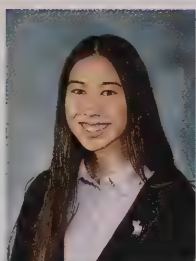
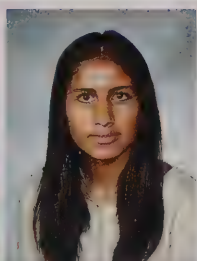


Kai Slusher
Nox Southard
Boden Spirn
Isaiah Stanley
Paul Stewart
Abigail Strickland

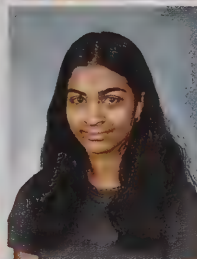


Keida Stroni
Rishabh Sudakar
Mahita Susarla
Olivia Szablowski
Robert Tao
Ellyse Tassinari

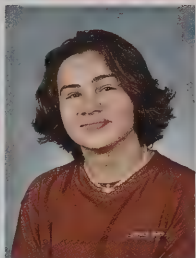




Hayden Teague
Nadia Thacore
Ava Toews
TeAnna Toney
Elijah Townsend



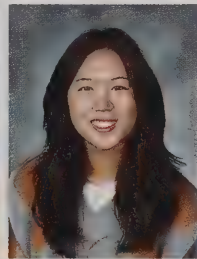
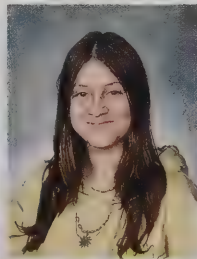
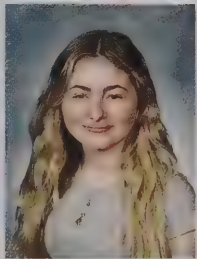
Miles Trant
Jackson Tucker
Ryan Urma
Sharanya
Vaidianathan
John Vance



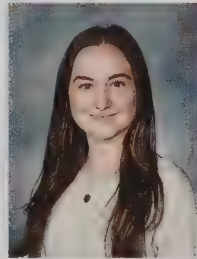
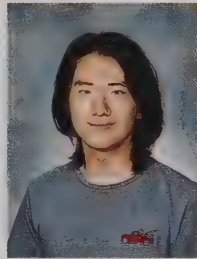
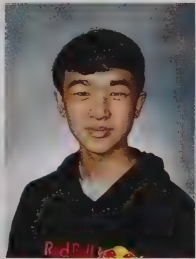
Sri Sthuthi
Venkatesh
Kevin Visoka
Andrew Visone
Mia Vitti
Mekhi Volcy



Jairam Voleti
Tyler Waldron
Olly Walton
Ethan Wang
Niall Wang



Samia Washwell
Avery Wasserman
Leah Whitted
Lily Wilson
Kate Woo



Chloe Wood
Alexander Wright
Brian Xu
Alan Yang
Tova Yerardi

Ryan Zlatkov



Class of 2025

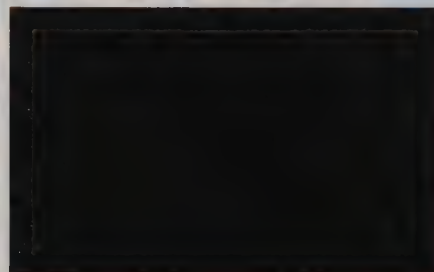
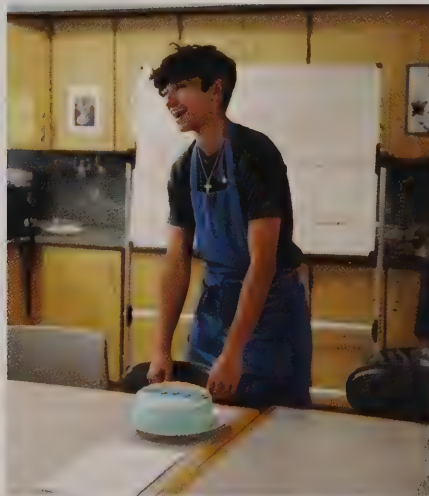
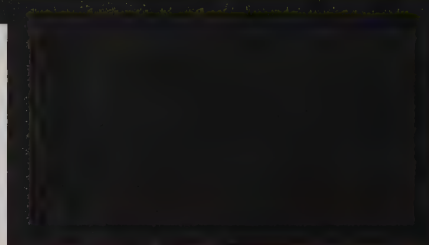
SOPHOMORES

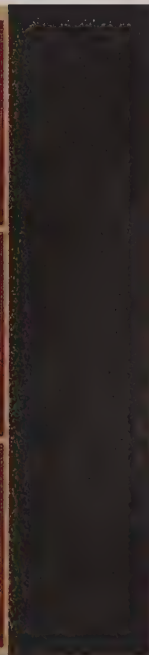
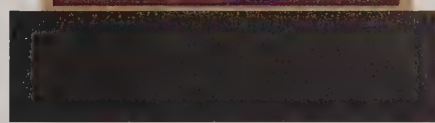
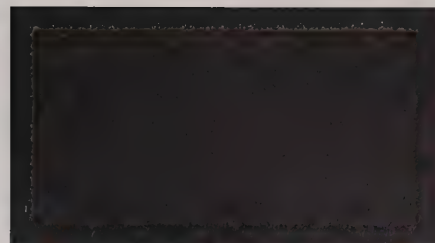
Class of 2025 reps

Back Row : Sarah N, Jennie N, Finley H, Giullia C, Emma D

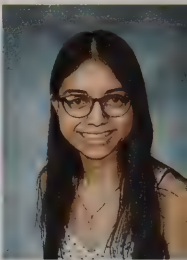
Middle Row: Caroline L, Scarlett E, Grant B, Shreyes S

Front Row: Aliya A, Drew S, Harry W

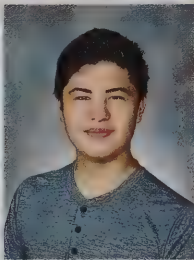




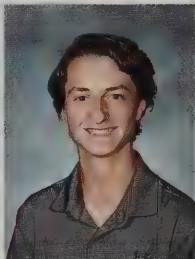
Aliya Acevedo
Arda Altug
Ian Andler
Emanuella Andrade
Jake Antriasian
Katherine Arenas



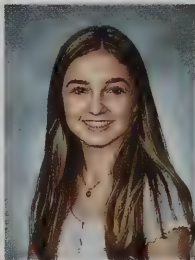
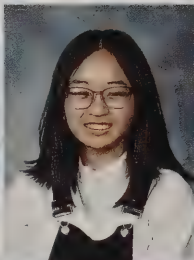
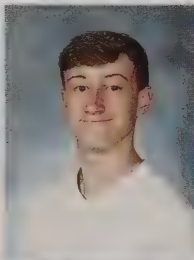
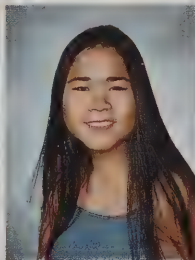
Iskra Arreaga
Nadeem Bahrami
Jacob Beimel
Simon Bendersky
Fleur Benmamar
Carleigh Bianco



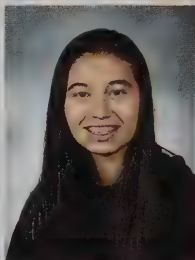
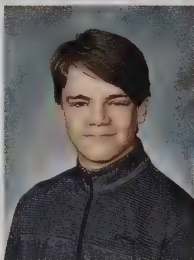
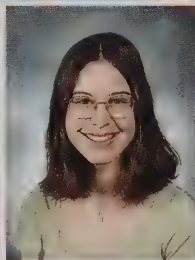
Ivan Billings
Charles Bing
Eric Boglarski
Chloe Borella
Grant Bouchard
Jake Bowman



Ryan Bowman
Ruby Brennan
Alexander Brough
Erica Bui
Haley Busch
Giullia Caico



Elizabeth Campbell
Helen Canciello
Madison Canzater-Miller
Ryan Capobianco
Gianna Carrier
Anthony Castro



Bryce Cogliano
Alice Coopridier
Emmet Corey



CLASS of 2025

Ethan Corey
Genesis Coronado
Logan Cox





Amelia Crotty
Grady Culhane
Erica Cummings
Ja'Kai Daniels
Mauricio Dardon?
Ari Dashevsky



Stella Day
Samuel DeAngelis
Dylan DeJesus
Charles Demeo
Dillon Denny-Brown
Charles Desjardins



Yoana Dimitrova
Leonardo DiSano
Kyra Doherty
Aleksi Dubaquie-Sanchez
Emma Dubrovskiy
Christopher Duong



Olivia Elwell
Ani Eskandarian
Scarlett Evans
Benjamin Fair
Herroane Feujo Mouafo
Herroane Feujo Mouafo



Arwen Fleet
Trevor Forman
Riley Foy
Katharina Gagne
Carter Georgette
Moises Gil

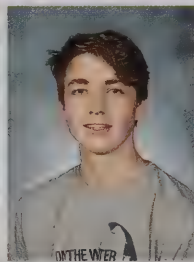


Lacey Gillis
Samara Goodwin
Spencer Goss
Amelia Gosselin
Molly Gould
Gabriel Greber

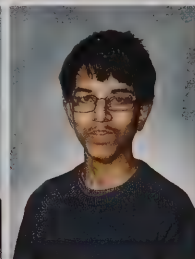
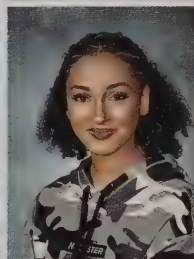


Liam Green
Ariel Grossman
Brandon Gu
Mikayla Haig
Finley Halloran
Finn Harrington

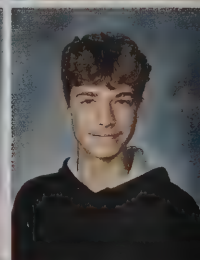
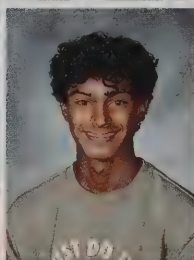
Christopher Hellstrom
Kai Holland
Jack Holmes
Aidan Hough
Christina Hovnanian
Minna-Liisa Hubbard



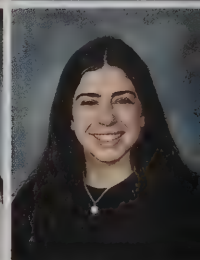
Annabella Huberman
Fatma Hussein
Maylani Infante
Logan Isabelle
Nikhil Jagan
Isabelle Johnson



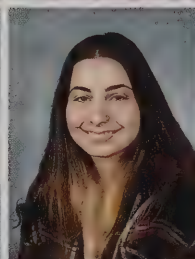
Vineet Joseph
Vivek Joseph
Arlo Kahan-Fagan
Joseph Kaiser
Ishaan Kapuria
Andrew Karev



Swetha Kaundinya
Spencer Keating
Amelie Kelly
Yury Kerov
Stephanie Kezima
Samantha Kinch



Peter Kittredge
Alexander Kollias
Joseph Kponou
Talia Kradjian
Brooke Kupfrian
Noelle Lee

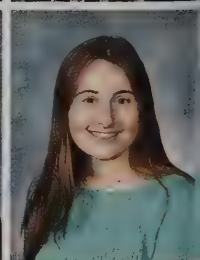


Nyanna Lee
Devin Leida
Henry Lewis



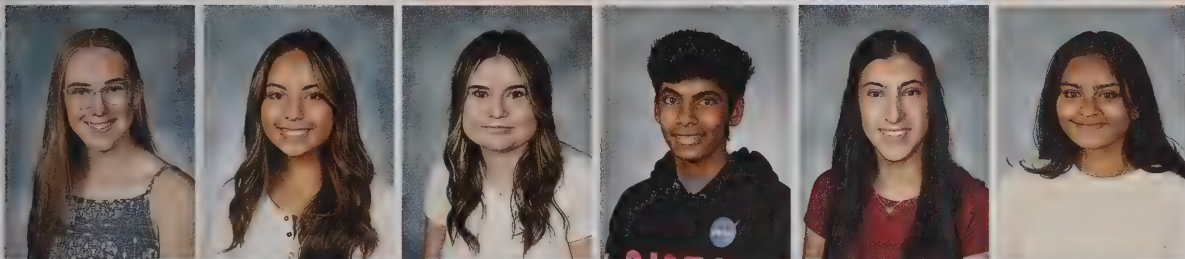
CLASS of 2025

Evangel Li
Kyle Li
Danielle Liberman





Iris Lin
Levana Lin
Vivian Liu
James Lorusso
Olof Lundgren
Caroline Luongo



Aliyah Lussier
Victoria Machado
Ryan Maddox
Vishak Mahesh
Larah Maldonado Cruz
Rhea Malhotra



Jackson Malio
Miguel Malpica
Maxwell Marchionna
Ian Masasabi
Anna Massaro
Jackson Masters



Aidan McDonald
Logan McGinness
Ryan McGrath
Ronan Melfi
Raphael Mense
Shalom Merchant



Hannah Messenger
Maxwell Mezheritskiy
Devin Michaud
Shamus Miller
John Mitchell
Aidan Monahan



Samantha Mulcahy
Arnav Munjal
Tess Murphy
Leonardo Natalizio
Sarah Nelson
Martin Nguyen

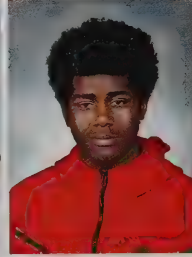
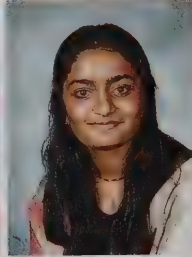
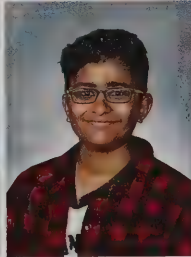
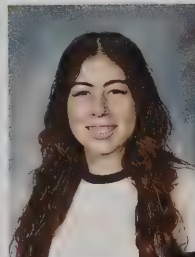


James Nichol
Grace Niu
Jennifer Noh
Makayla Noun
Charlie O'Brien
Cian O'Donnell

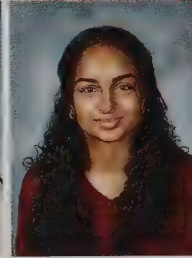
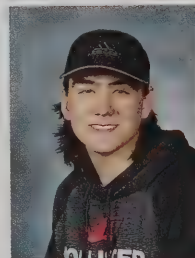
Abrianna O'Hearn
Giovanni Oliveri Kuhnle
Matteo Oliveri Kuhnle
Carleigh Orr
Madeleine Ota
Mia Pace



Sophia Panagiotou
Giovani Panganiba
Karan Patel
Karina Patel
Keston Paul
Melanie Perales



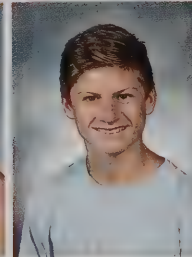
Landen Perez
Jagger Porth
Melenie Puma
Shreya Ramanathan
Sachi Regmi
Dwayne Reyes



Mark Roberts
Maria Luiza Rocha
Elena Rodriguez
Paige Rotchford
Becca Sachs
Tucker Sakey



Owen Savage
Bella Savoie
Kathryn Schmidt
Andrew Scoville
Roza Shaikh
Marshall Shanklin



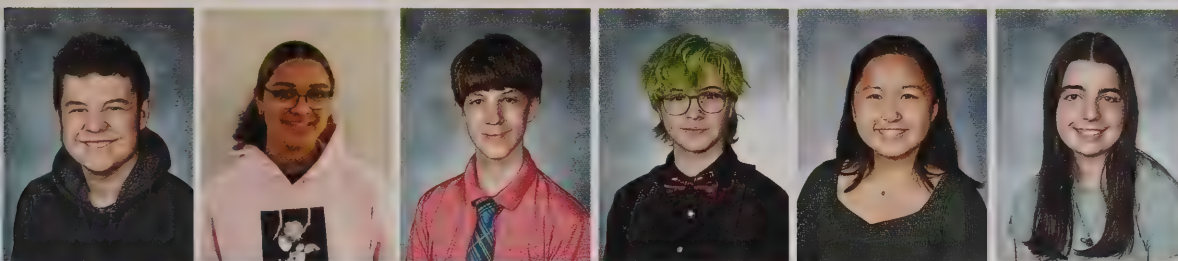
Shreyes Shivappa
Charlie Siciliano
Diya Singh



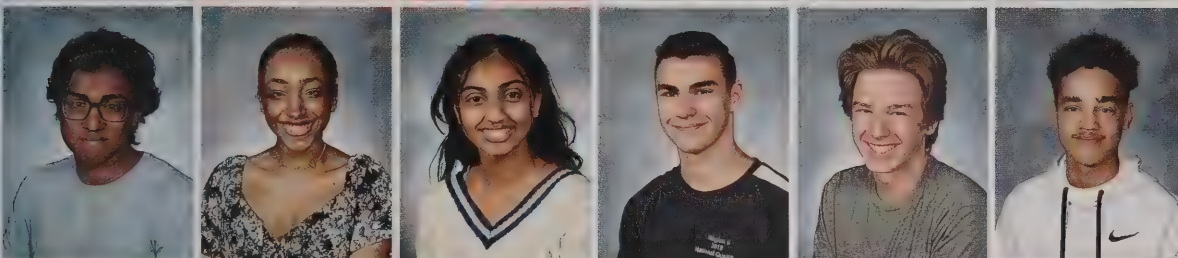
Maya Singh
Drew Siwik
Kaylee Slowinski



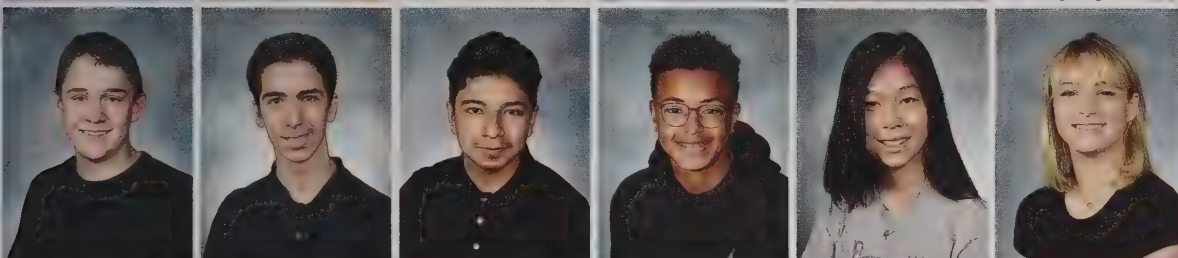
CLASS of 2025



Cameron Smulski
Naysha Soto
Ethan Stewart
McNamara Suden
Cerena Sun
Eleanor Sweetland



Aniq Syed
Ava Teixeira-Williams
Bianca Tiwari
Noam Toledano
Matthew Tonini
Isaiah Triplett



Josiah Trussell-Castro
Owen Vasile
Jimmy Vilorio
Alijah Walls
Emily Wang
Norah Watson



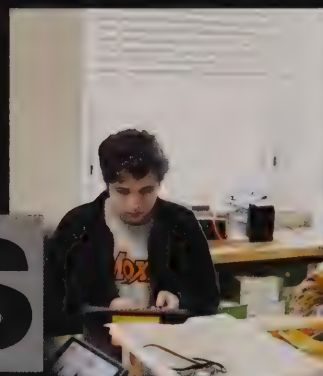
Austin Wei
Grace Weisz
Elli Wilbur
Harry Winter
Zachary Wirth
Michelle Wong



Nadav Yaniv
Druthi Yuvaraj
Richard Zaloom
Bryan Zhang
Aiden Zlatkov

Class of 2024

JUNIORS

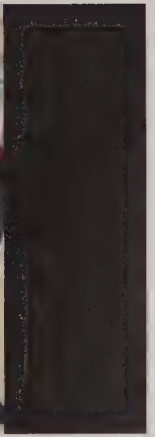
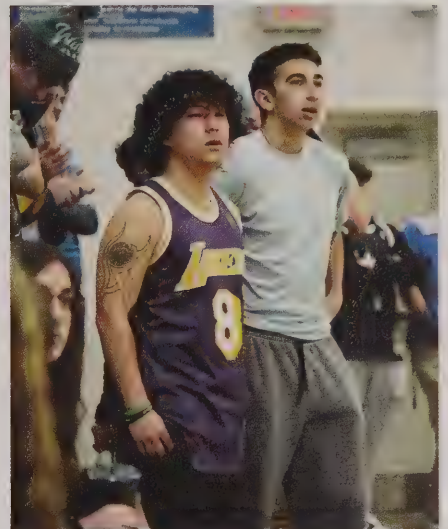
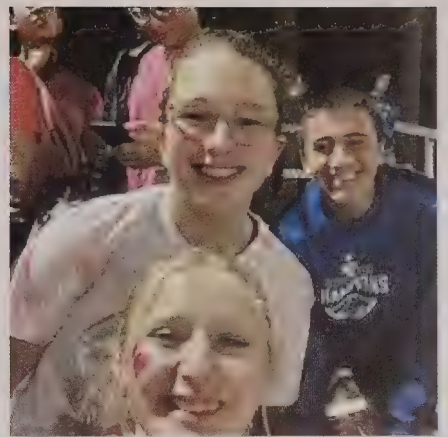


Class of 2024 Officers

Front Row: Ryan M. (rep), Jane S. (rep), Anthony O. (rep), Joseph P. (treasurer),

Back Row: Ms. Butler, Madison D. (secretary), Cate G. (president), Ezgi Y. (rep), Ms. Myles, Grace H. (vice president)

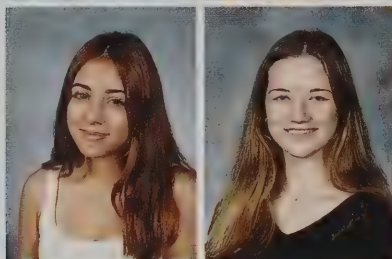




Arielle Adams
Taelyn Albrecht



Malak Alden
Taylor Anderson



Janez Applewhite
Gabriel Arakawa



Shae Arsenault
Darian Aviles
Kaylee Axtell
Jameson Baer
Bryan Bai
Thomas Barney



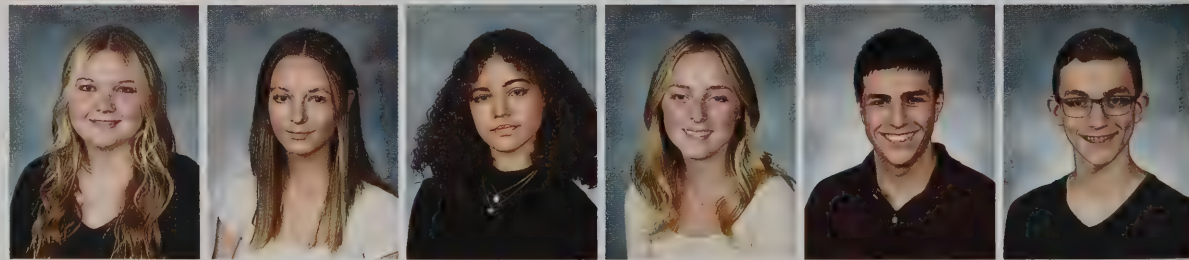
Andre Bell
Daniel Bendersky
Om Bhatt
Maya Billings
Germain Blanchette-Payne
Catalina Blando



Millie Bonneau
Ryan Bray
Christian Brickman
Oren Brosgol
Rei Brown
Justice Buchannan



Boston Buhler
Madison Burkhead
Emma Bussiere
Lauren Carse
Paul Caruso
Isreal Castro



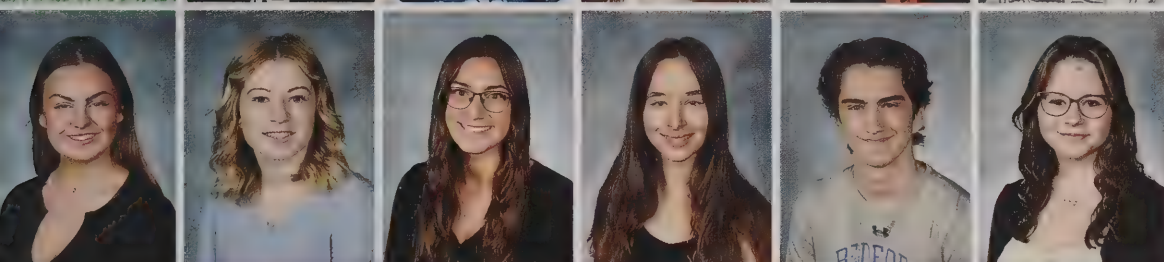
CLASS of 2024



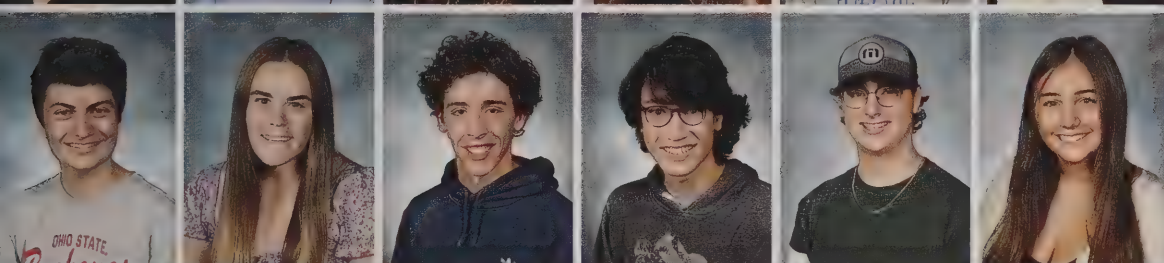
Chase Chapman
Jacob Choi
Christopher Chung
Matthew Colasante
Cameron Comeau
Pedro Contreras Rosario



Ada Cooprieder
Brianna Coymann
Nelson Crawford
Jacqueline Cutrona
Julia Dacayanan
Emmett Daley



Ava Derderian
Katie Desaulniers
Madison DiPerna
Josephina Donnelly
Kenneth Doucet
Keira Dougherty



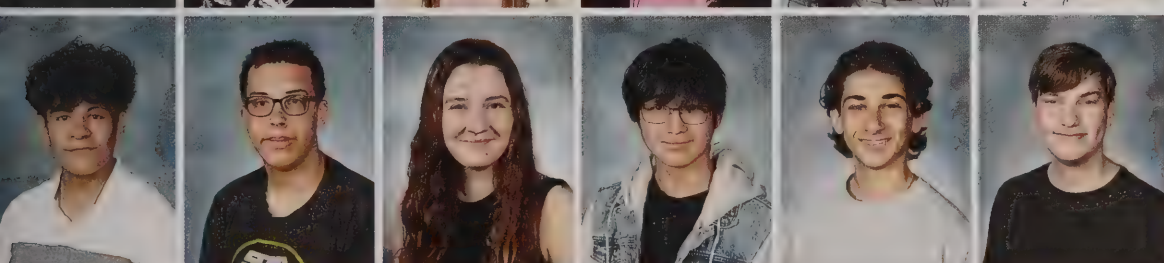
Michael Drench
Charlotte Dreyfus
Sawyer Elliott
Robert Etringer
Tobias Favalora
Clare Fitzgerald



Addison Floyd
Laura Fonseca-Morlock
Jose Fontanez
Cate Galante
Ghiana Alyse Galman
Arnav Garg



Jonathan Garraway
Dazzaleigha Gil
Ann Girifalco
Domenic Giusti
Emily Goeke
Stephen Goldsmith



Alejandro Gonzalez
Ryley Graham
Kiera Grewe
Jeremy Gu
Micah Harfield
Benjamin Harris

Miles Herzog
Christian Hill



Liam Holbrook
Grace Holland



Rachael Hsu
Noah Hufendiek



Nathifah Hussein
Margaree Hybl
Julian Infante
Jireh Joseph
Ethan Kauffman
Jasleen Kaur



Julia Ke
Aidan Kelly
Evan Kelly
Daniel Kenny
Hamdan Khan
Nathan Kim



Devin King
Corinna Klein
Rebecca Kohler
Christina Kolak
Ricardo LaBoy
Lillian Leavell-Coldwell



Justin Liberman
Caroline Liu
Andrew Lum
Dylan Lykins
Emma Mandell
Alisha Marangi



CLASS of 2024



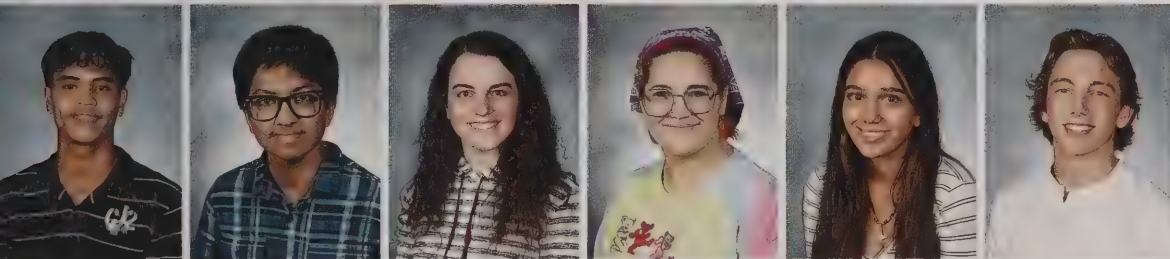
Isabella Martin
Ethan Martinage
Vincent Mascia
Caleb Mathew
Reyna Matrona
Alexander Mattson



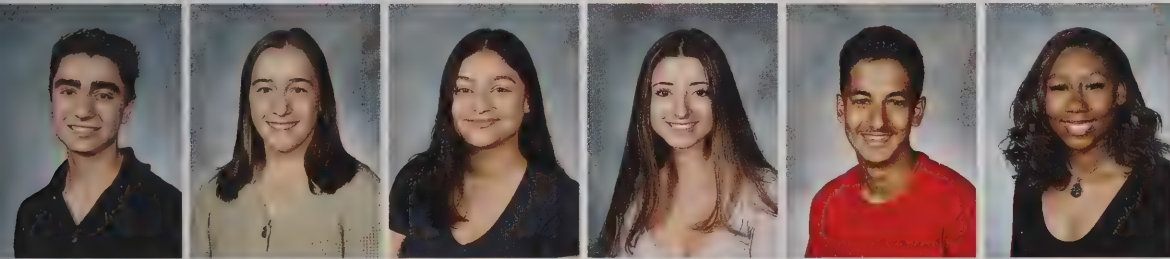
Hayden McAllister
Anna McEachern
Ryan McWalter
Lucas Mello
Riya Methratta
Elijah Michaud



Porter Middents
Jakob Mikhaylov
Allison Miller
Madalena Mola
Ava Morales
Cassie Morrison



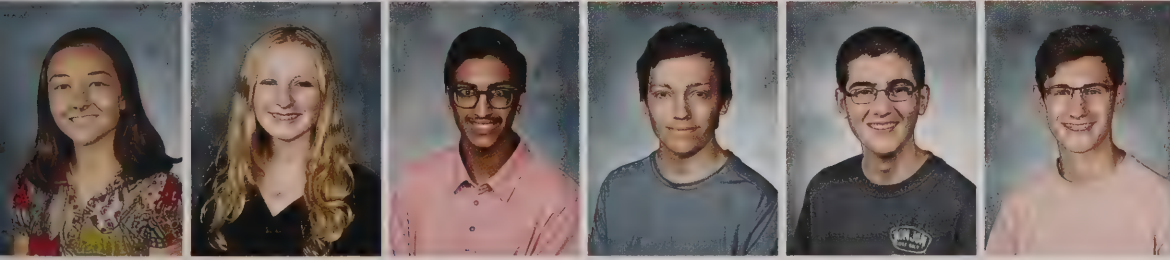
Sean Morrison
Siddarth Nandakishore
Samantha Nappi
Victoria Naticchioni
Karen Navon
James Naylor



Anthony O'Brien
Lydia O'Neil
Kaylin Ortiz
Gianna Ostiguy
Eshan Pandey
Amara Parker



Joseph Patterson
Gabriel Paula
John Pearson
Francesca Pellegrino
Maya Pillai
Brenna Portlock



Elena Protasowicki
Emma Purtell
Zayd Qureshi
Julian Raho
Anthony Randazzo
Carter Rauch

Diego Reyes
Midreolina Rodriguez



Xavier Ruiz
Aleksandr Ryabinkin



Nikolas Ryabinkin
Harrison Sachs



Benjamin Salas
Carolyn Salem
Jonathan Sandler
Farrah Scott
Benjamin Sedran
Elton Sequeira



Kaylyn Sethakosee
Pranay Shah
Bridget Sheahan
Samantha Sheahan
Zachary Shen
Elena Sheth



Camdyn Shoesmith
Heidi Siegler
Adeline Silva
Matsen Spirn
Alexia Stathakis
Klara Stevens



Jane Stewart
Shannon Sullivan
Muhammad Tahir
Meghan Tassinari
Mackenzie Tierney
Madison Tierney



CLASS of 2024





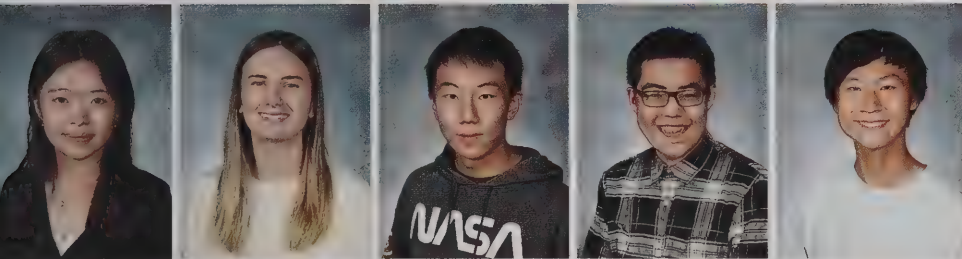
Ryan Touri
Ava Tulimieri
Akira Ung
Raaga Vakamalla
Alfie Van Praagh



Angelina Vinh
Marco Vitti
Sophia Vitti
Angelina Voong
Healy Weisman



Jasmine Werner
Mason Wiggins
Alexander Williams
Sebastian Woolnough
Ezgi Yener



Jocelyn Young
Maya Young
Alex Zhang
Samuel Zhao
Cameron Zhu



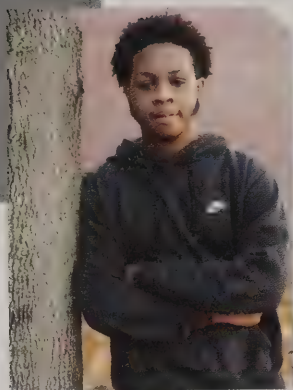
Emily Zhu
Thomas Zildjian
Foster Zumwalt

CLASS OF 2023

SENIORS







JUSTIN ADAMS



ANSH AGGARWAL



PARKER
ANDERSON-LAPORTE



ERICA ARENAS



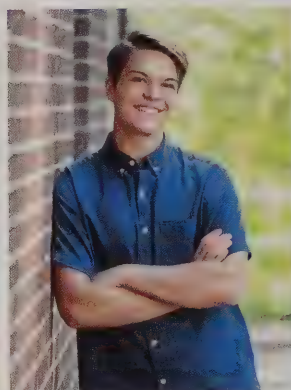
WALTER ARZU MARTINEZ



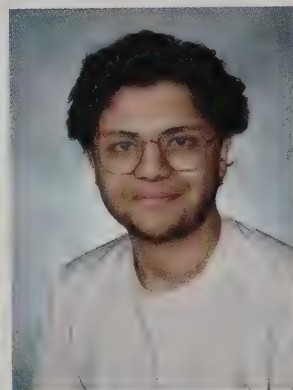
KELLY AWEH-KISOB



COLE BENNETT



PETER BENSON



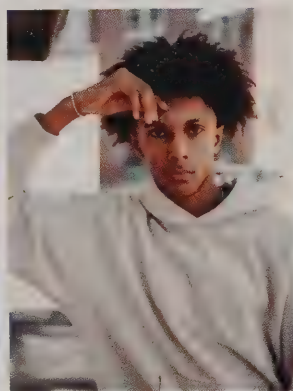
PARAM BHATT



JAYDEN BIEN-AIME



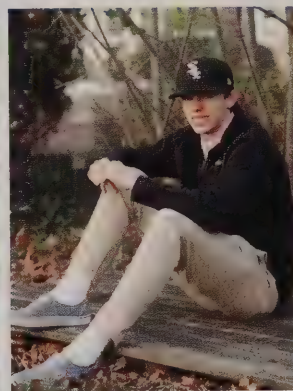
JOSH BLACKMAN



ANDREW BLUNT



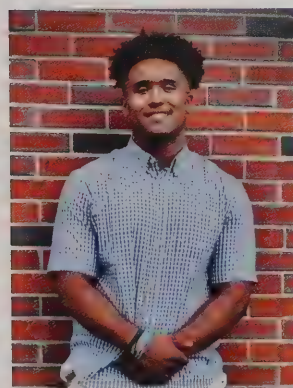
ANNALEIGH BOBLETT



OWEN BRAZEE



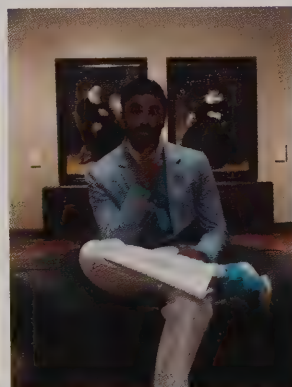
QUE'MYA BREWSTER



JAMIE BUCHANAN



ELLA BUCKLEY



AASHUTOSH BUDHATHOKI



SOPHIA BUSSE



JACQUELINE CAMPOS



ADAM CAPOBIANCO



MAGGIE CARLUCCIO



JULIAN CARO



EMILY CASTICUM



SELIMA CHAN



ANNA CHONG



RYAN COHEN



Ji-YEON COHEN-BARTLEY



EMIL COLÓN



MIKAYLA COMEIRO



PAISLEY CORREU



SYDNEY COX



CAROLYN CREWS



OLIVE CULHANE



AUSTIN CULLIS



LIAM DALEY



JACOB D'ANDREA

CLASS OF 2023



ALYNNE DANDRIDGE



GABBY DA SILVA



YADKIRA DELGADO



HANNAH DELZINGO



INDIA SIMONE DEPINA



SHANNON DEROSAS



DANIELLE DIGANGI



SAMUEL DINITTO



OLIVIA DISARONNO



BENJAMIN DUBROVSKIY



LARRY ELYAZAR



TIM ENOS



ETHAN ERWAN



ERIKA FALCO



HUNTER FANCHIAN



RICHARD FEDELE



RYAN FERRARI



ALEXANDRA FINNERTY



NADIRA FOMBU



MARIA FONTANEZ



PASCAL CAGNE



JOSH GARRAWAY



JULIA GIAQUINTO



RACHEL GOULD



KAYLEE GRACE



MARINA GREANEY



AMELIA GRIFFIN



IAN GROVE



GRAY HANEGAN



BRIA HANSON



MICHAEL HARTAI



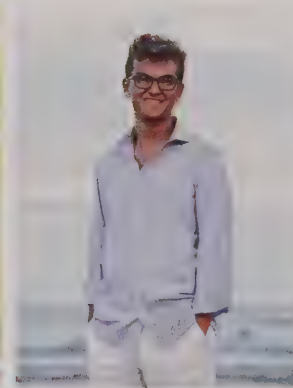
SEAMUS HARTE



KIRK HASKELL



KATE HELLER



LIAM HENNING

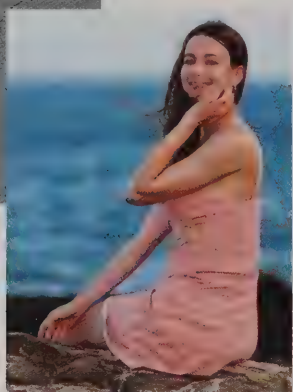


AMELIA HILL



MINSEO HONG

CLASS OF 2023



MAEVE HORNER



ALLEN HUANG



AIDAN HWANG



BRIAN HWANG



MARTHA HYDE



KRISTIAN IVANOV



MARYAM JAWAD



PAUL JEON



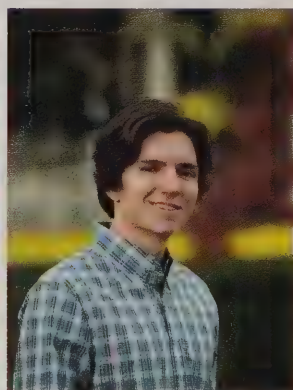
MILAGROS JOSE



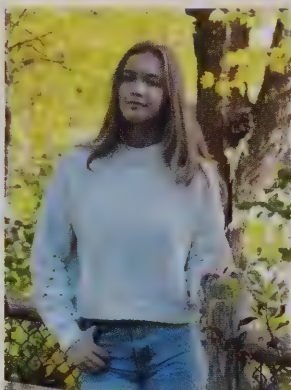
CALLA KAHAN-FAGAN



EMILY KANG



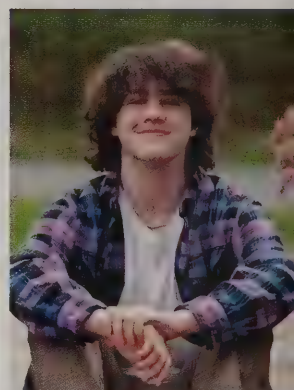
EVAN KAREN



NICOLE KAREV



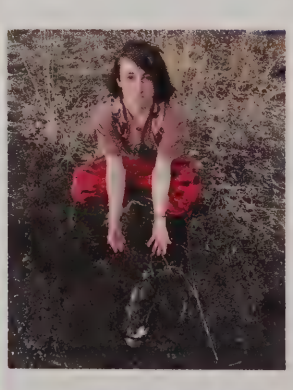
DEVANDAR KAUSHIK



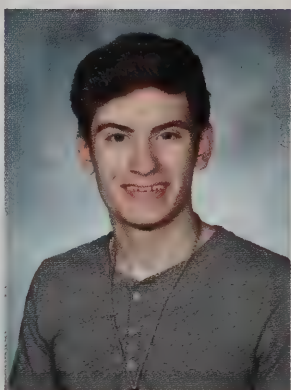
EVAN KENAHAN



DASHA KEROV



CHRISTOPH KERSHAW



AIDEN KOSCHUK



SONJA KRADJIAN



ZOE KRAMER



AARON KREITER



ANIRUDH KUMAR



SAHANA KUMAR



VI KYNE



KAITIYAH LABOY



CAITLIN LEMBO



AMY LERRA



CONNOR LEWIS



JESSICA LIN



PHILLIP LIVINGSTON



STUART LIVINGSTON



RUSHIL LONIAL



ISABELLA LOONEY



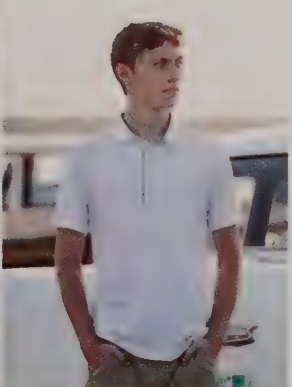
MCKENNA LOVELESS



SALLY MACPHEE



JAMES MARINO



AIDAN MCCARTHY

CLASS OF 2023



CONNOR MCCLUNG



ELRIC MCDOWELL



AIDEN MCEACHERN



LUCA MELFI



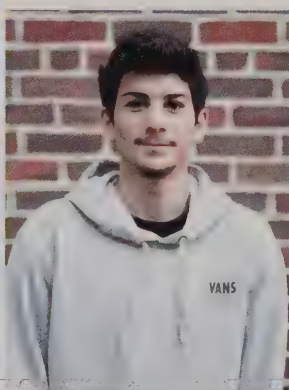
CHLOE MELVIN



CAMREN METCALF



SHANE METCALF



ELIJAH MICHAUD



ERIC MILES



GIANNA MISSITI



MICHAEL MOGESS



KATHRYN MORROW



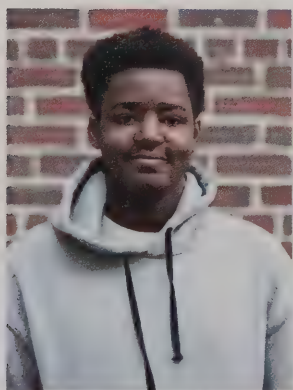
ELLA MULLINS



ARUSHI NAIDU



AVAANIKA NAIR



PRINCE NSUBUGA



MATTHEW O'CONNOR



TOMAS OU



CARINA PANFILI



RUDRA PARVATE



ALIKI PATOUCHIAS



KYLIE PERALES



DANIEL PETETSKY



SYDNEY PHYLIS



JAYLEN PITTS



MAIKA POMERANTZ



AIDEN POMPEI



SYDNEY POOR



CHRISTOPHER PUGLIELLI



SOFIA QUAGLIO



LAMEES RADI



MANASI RAGHUNATH



SAHIL RAUT



ALEXANDER RECCA



ABHIGNA REDDY

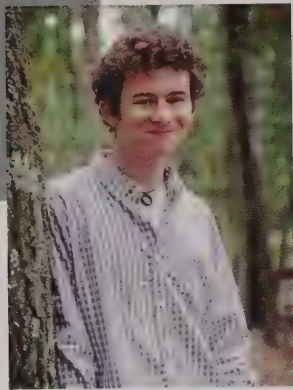


DENSEL REYES

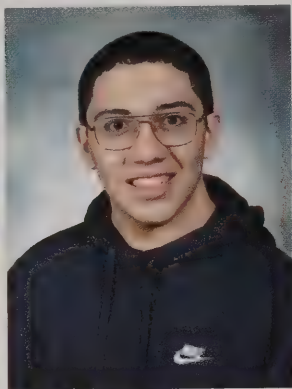


WILFREDO REYES JR

CLASS OF 2023



HENRY REYNOLDS



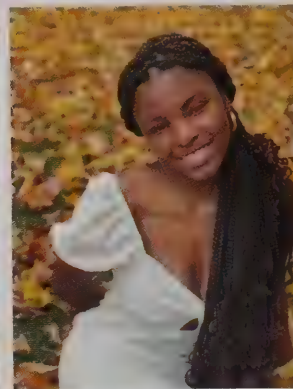
DAVID RIVERA



WILLIAM ROBINSON



LUCAS RODRIGUEZ



JAYLYNN ROZIER



AMEERA SABA



AKIYAH SALAAM



MYA SANDERS



KELLY SANTIAGO



RAYLAN SEMY



CAYDEN SHANKLIN



SOPHIE SHELTON



WYNN SHERIDAN



LILA SIGNORELLO



JACK SMITH



KAYLIE SPENCER



LIBBY SQUIRE



JACK STAINES



LINDSEY STEELE



NICOLE STEELE



RILEY STEVENS



BROOKE STUZYNSKI



HENRY SUDLOW



SHIRLEY SUN



ELORA SYED



EMMA SZABO



NICHOLAS TATARCZUK



LAUREN TEAGUE



ADITI THONANGI



MARLOWE TIINEY



SARAH TONINI



ANDREW TRAM



ARIANNA TRIPLETT



PAULINE TSARAS



QUINN TURNER



SHANAE VARGHESE



MIHIR VAZE

CLASS OF 2023



COLIN VIEIRA



JESSICA WAI



KITTY WARHOVER



KIERSTEN WASSERMAN



NORAH WHITE



JAYVON WILLIAMS



MORGAN WILLIAMS



ISABELLE WILSON



CHRIS WOO



ERIN XU



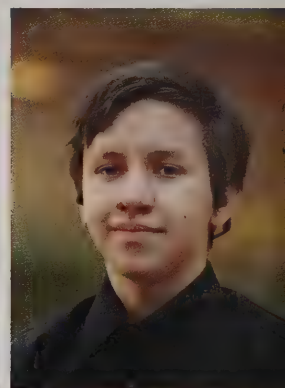
ANYA YAJNIK



EMILY ZELTSE



ERIC ZHANG



DENIS ZHILYAKOV

CLASS OF 2023



EDWARD ZHOU



GABRIELA ZOVKO

SENIOR

Superlatives

ALL AROUND *Amazing*



Ryan Ferrari &
Emily Kang



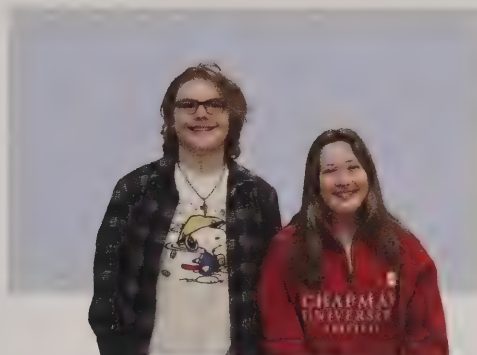
Kate Heller &
Alik Patoucheas

BEST *Womance*

MAGNIFICENTLY *Musical*



Eric Zhang &
Parker Anderson-LaPorte



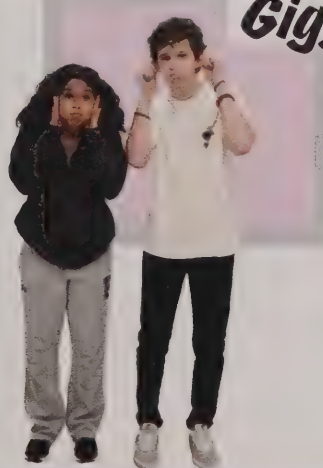
Cole Bennett & Ella Buckley

SWEETEST *Smile*



Larry Elyazar &
Mya Brewster

GOOFIEST *Giggle*



Sahana Kumar &
Tomas Ou

TOTALLY *Talkative*

SENIOR

Superlatives

THEATRICALITY *Thriving*



Connor McClung &
Zoe Kramer

FRIENDLIEST *Folks*



Mya Brewster &
Ryan Ferrari

BEST *Bromance*



Larry Elyazar &
Benjamin Dubrovskiy

SUPERB *Singers*



Emily Kang & Ella Buckley

AMAZINGLY *Artistic*

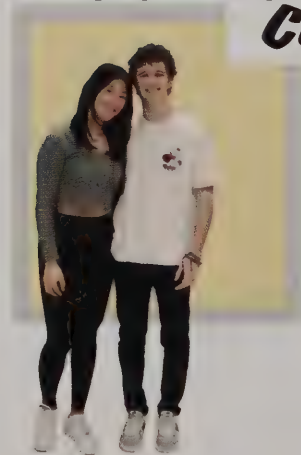
Amelia Hill & Paul Jeon

Aashutosh Budhathoki &
Ryan Cohen

CLASS *Clowns*

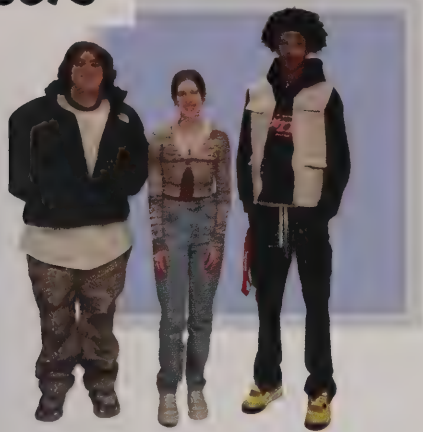


CUTEST *Couple*



Anna Chong &
Tomas Ou

DAZZLING *Dressers*



Daniel Petetsky, Rachel Gould & Andrew Blunt

ENCHANTING *Eyes*



Rushil Lonial & Arushi Naidu

LOVELIEST *Locks*



Ian Grove &
Sally MacPhee

AMAZING *Athletes*



Eric Miles,
Gabriela Zovko
& Sydney Cox

RADDEST *Ride*

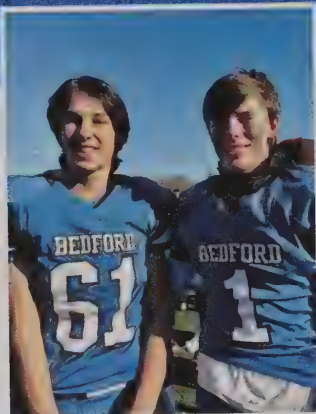


Gianna Missiti &
Richard Fedeale

FANTASTIC *Fans*



Nicholas Tatarczuk &
Benjamin Dubrovskiy



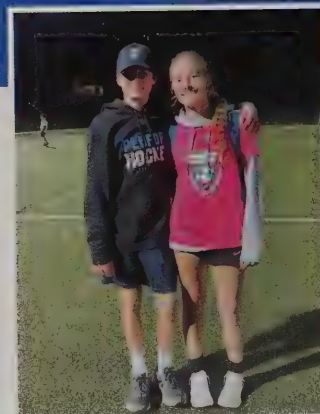
Owen & Chase Brazee



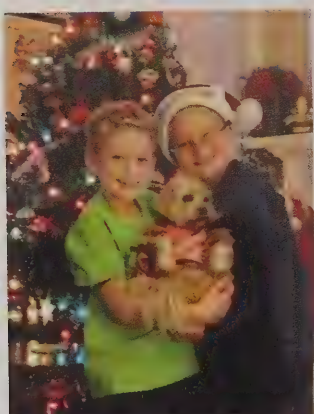
Jamie & Justice Buchannan



Adam & Ryan Capobianco



Sydney & Logan Cox



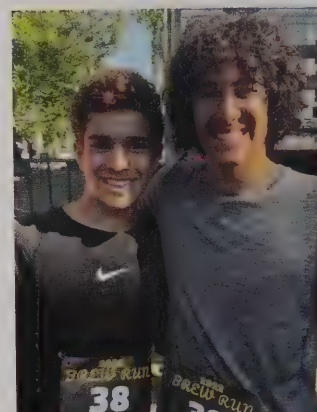
Liam & Emmett Daley



Ben & Emma Dubrovskiy



Pascal & Katharina Gagne



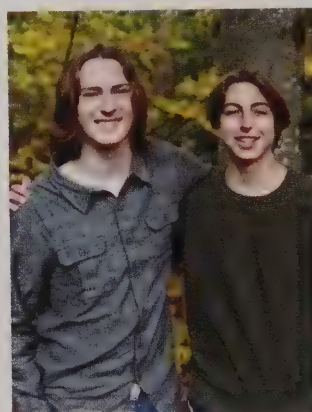
Josh & Jonny Garraway



Elora & Aniq Syed



Rachel & Violet Gould



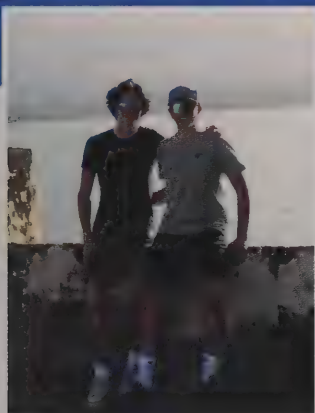
Seamus and Finn Harte



Calla & Arlo Kahan-Fagan

SENIORS

& Siblings



Evan & Matthew Karen



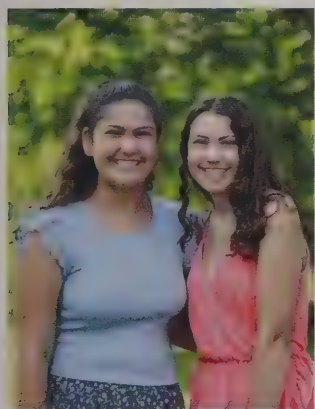
Nicole & Andrew Karev



Anirudh & Sahana Kumar



Kai'Liyah, Ricky, & Kyree LaBoy



Caitlin & Maddie Lembo



Stuart & Phillip Livingston



James & Anderson Marino



Luca & Ronan Melfi



Camren & Shane Metcalf



Lucas & Elena Rodriguez



Lulu & Coco Steele



Kiersten & Avery Wasserman

SENIOR *thanks*



Timothy Enos

BHS, it's been a great 4 years here. I'm gonna miss this school but I'm also excited for my next chapter in life and what the future holds. During my time here I've learned to become a better person for myself and others. I wanna thank all my teachers for being great and making class as fun as possible. Thank you Mrs. Halupowski for letting me vent when I was having a rough day. I'm going to miss having conversations with you. Also shoutout to Mr. Williams for being one of the chilliest and cool people I ever met. Playing basketball with you will be missed but we had some good memories playing. I'm just thankful that I made it and now I'm ready to begin my new chapter. I wanna thank Mrs. Toomey as well for being a great teacher and making Learning Center fun. You always had my back and helped me and I'll forever be grateful for that. Thanks to all my peers and friends too. BHS thank you for this journey.



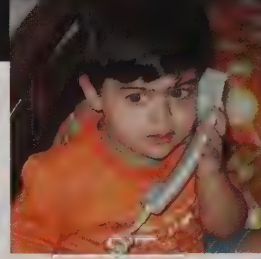
Gabriela Zovko

To my mom, thank you for working tirelessly to give me the opportunities to live my life to the fullest and especially for showing up to my hundreds of games while also being my biggest supporter. To my brother, thank you for being a great role model and for answering all of my questions, even the ones that needed eye rolls before the answer. To my dad, thank you for sharing my stupid sense of humor and helping me through all the toughest points of high school. To Bedford Athletics, my coaches, and teammates, a big thank you for giving me unforgettable memories and pushing me to help make history every season while also teaching me to be confident and advocate for myself. Finally, thank you class of 2023. It was a rollercoaster growing up with you guys, and I will forever cherish the lessons I have learned from you all and the friendships I have gained. I can't wait to see where the future takes us!



Gianna Missiti

Thank you to everyone who has helped me get to where I am today. I especially wanna thank some of the most important people in my life. Dad, thank you so much for everything you have done for me. You have always put Anthony and I first for everything you do. I appreciate everything you have done for us and nothing has gone unnoticed. Mom, you have always known how to help me and are always there for me when I need it. You have helped me through so much. I will always be grateful for you guys being my parents and I am proud to be your daughter. Anthony, you are the one who shaped me into the athletic, confident, and social person I am. You are the one who taught me everything I know when it comes to sports and have pushed me to the limits every step of the way. I am so proud and incredibly thankful to call you guys my family. Of course I love Pico too. Pet the dog.



Rushil Lonial

Firstly, I want to thank my parents for supporting me and standing with me throughout my four years at Bedford High School. I appreciate everything they have done, from yelling at me to get to school on time to driving me at all times of the day to help me accomplish and do the things I wanted. Next, I want to thank my brother for always being there and putting up with me, even when I get mad. I would also like to thank my friends who have made these past few years fun and memorable. Finally, I would like to thank all my teachers, some of whom are Mrs. Marcotte, Mrs. Billouin, and Mr. Culhane, for helping me succeed in my classes and creating environments where I can be my best self. Without the contributions of all these people, I would not have been the person I am today, and I am grateful for everyone who has helped me.



Manasi Raghunath

Coming from a different high school in junior year, I was very apprehensive about how things would be, so a big thank you to my family for always being there for me. Thank you to the BHS faculty and community for being so welcoming and making me feel at home. I'd like to thank Mr. Hebert and Ms. Wipf for always being so supportive of me and for being people whom I could talk to. Thank you to Ms. Duffy and Mrs. Richard for helping me teach dance to the LABBB students, to Ms. White for nudging me out of my comfort zone, and to Ms. Septembre for patiently answering my long lists of questions and for never saying no when I'd walk into her office. Finally, I'd like to thank my friends for making my transition much easier than it would have been otherwise. My years at BHS have been truly special and will always be dear to me.



Rudra Parvate

I'd like to thank my parents for helping me along the entire process of colleges but also the whole 18 years up until now. I'd like to thank my friends for support and helpful reminders, like "book smarts are not everything."



Joshua Blackman

Thank you to everyone who helped me through these high school years. It's been a long road and we made it. Thank you.



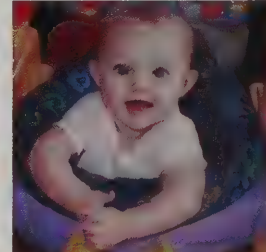
Malka Pomerantz

Thank you to my parents for putting up with me all these years. Thank you to my teachers for being so patient with me. Thank you to Sofia for always being by my side no matter what.



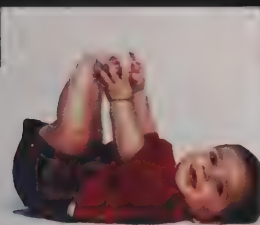
Hunter Fan Chan

Thank you to all of my family and friends who have supported me through the past 4 years.



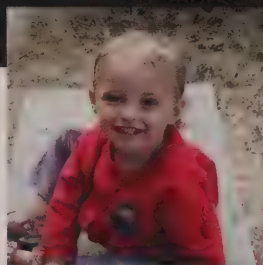
McKenna Loveless

I would like to thank my parents for always supporting me. Also a big thanks to the rest of my family and close friends for always pushing me to be the best I could be.



Mihir Vaze

I want to thank my parents for always supporting me, teaching me to work hard, and sacrificing their time for me; I couldn't have enjoyed my years in the Bedford school system as much as I did without their support. Additionally, I'd like to thank my younger brother Anuj for being an amazing and dependable friend. I also want to thank my friends for always being so dependable and bringing me happiness even in tough times; I am grateful that we all stayed close through all these years. Lastly, I want to thank all of the teachers that have helped me throughout high school, as without their encouragement and support, I couldn't have made it this far. I appreciate the lengths that teachers went to during the pandemic to help us learn in the best way possible in such a challenging situation. I especially want to thank Mr. Stief, Mr. Caprioli, Ms. Heldman, Ms. Kane, and Ms. Billouin for being amazing teachers and role models.



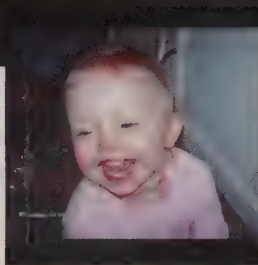
Calla Kahan-Fagan

I want to thank my mom and dad for their unwavering support and love. You've always kept me going even when things get tough. Thanks to my sweet dog Penny for greeting me with kisses and a wagging tail every time I come home. And of course thank you to my climbing friends and coaches - you guys motivate and inspire me every day. You're the best family I could ever ask for, and I wouldn't be anywhere without you all. Also to all of the people at the Goat Yard - thanks for always encouraging me to think deeply and ask important questions about myself and the world around me. Finally I'd like to thank all of the art teachers who let me stay in the ceramics room for hours after school and put up with my endless projects, and the history and English teachers who never fail to give me thoughtful and constructive feedback on my writing. I really appreciate how you always made this school a safe and welcoming space for me.



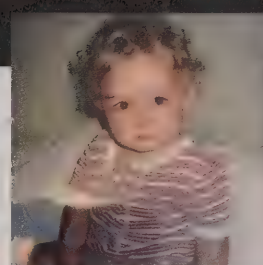
Densel Reyes

Thank you to whoever is taking the time to read this. I would love to thank my family, friends, teachers and staff. I thank those who have supported me academically. I especially thank the teachers who were there for me, encouraging me, and motivating me. I have grown and gone through a lot in that time. We all have, specifically through the COVID-19 pandemic and generally facing our own personal hardships. As they say, what doesn't kill you makes you stronger. So I ask you guys to keep your heads up high and to persevere always even when it may seem everything is falling apart. I wish all of you to reach your goals and desires in life and please know that patience is key when it comes to that. Because without patience your goals and desires will stay as your dreams and wants. Thanks BHS for these four hectic years.



Cayden Shanklin

My senior thanks is to an exceptional human being, Liv Evans. We met my freshman year (her sophomore year), never expecting her to shift my whole life in the right direction. Liv became an inspiration to me, & she taught me valuable lessons & inspired me to pursue my dreams. I'm grateful for being able to see her dreams come true as well. Liv helped me find myself & be confident in who I was. She also showed me what it's like to be treated with kindness & respect, & never hesitated to put me in my place when needed. Now that this is my first year without having her around as often, it will be difficult. But without her compassion, dedication, & honesty I wouldn't be the man I am today. I will forever be grateful for the time I got to spend with her & her support even though her own life to take care of. Thank you so much, Liv, & much love for you moving forward.

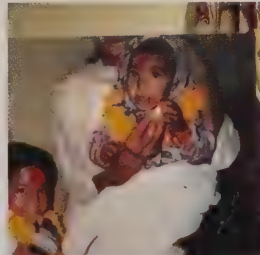


Liam Henning

I'd like to take this opportunity to thank everyone who has been there for me, as you all were crucial to making me into the young man I am today. Uncle Andrew and Grammy, I love you both very much, and will honor all the time we've spent together over the years. Cam, you will always be my best friend and I can't understate how lucky I am to have you as my brother. Elizabeth, you are the best sister anyone could ever ask for. You've always been there for me whether you're here at home or at school, you've helped me more than you know. Mom and Dad, I don't know where to start, you two have given me the guidance to become who I am today. Both of you have always had faith in me, and never doubted me even when I doubted myself. To everyone else who's been there for me, I care for you all deeply, and I will cherish the memories we've shared for the rest of my days.



Liam Daley



Aashutosh Budhathoki

Often life can be seen like a subway sandwich. The more you pound the dough, the tastier the sandwich becomes; therefore, I would like to thank life for pounding me into the person I am today.



Kirk Haskell

I'd like to thank my mother, my teachers, my stepfather and everyone else who helped me along my journey.



Isabelle Wilson

Thank you to my family, friends, and teachers who have supported me over the years.



Ryan Cohen

I would love to thank all Bedford High school faculty and staff, all my friends and family, and everyone that was by my side in getting me to the position I am in today.

SENIOR *thanks*



Jaylen Pitts

I'm thankful for the memories I made all good and bad because it has taught that the Nothing ever goes as planned in this world. The longer you live, the more you realize that the only things that truly exist in this reality are merely pain, suffering and futility. Everywhere you look in this world, wherever there is light, there will always be shadows to be found as well. As long as there is a concept of victors, the vanquished will also exist. The selfish intent of wanting to preserve peace, initiates war and hatred is born in order to protect love. There are nexuses causal relationships that cannot be separated. I enjoyed my time here making friends yet I also enjoyed the little moments where there's chaos. Because it helps to see that not everything is perfect.



Rachel Gould

I want to start by thanking all of my teachers who have helped guide my way through Bedford High, especially Ms. Faulstich. Thank you for putting up with me for these past four years! I also want to thank my parents, who have been my biggest supporters. I appreciate you guys more than you know. Thank you to all of my friends, who are the reason I am going to miss Bedford High so much. You made hard days bearable and good days even better. I loved every moment I spent with you, from drawing portraits on the cape to playing ridiculous games in the pool to questionable Jenga technique to the time we tried to measure my living room. Finally, thank you to my incredible sister (and best friend) Violet. I love you the most and couldn't have asked for a better person to spend the past sixteen years of my life with.



Emily Zeltser

Firstly, I would like to thank my parents for all the help they've provided in my life. Thank you to my teachers that unlocked my passions and did everything they could to let me succeed; thank you to Ms. Kane who instilled a genuine love of literature in me; thank you to Ms. Darlington who's class convinced me to study biology in college; thank you to my math teachers, Mr. Sprangel, Ms. Faulkner, and Ms. Stark, for engaging me in my favorite subject (and for letting me eat in the back of the class); thank you to Mr. Sheinfeld for teaching me the awesome craft of film photography; and thank you to every other teacher I had. I would like to thank my counselors, Mr. Chang and Mr. Alperin, for helping me deal with my life. Thank you to all my peers that supported me and lifted me up at my lowest; without the kind words of some particular classmates, I wouldn't be standing here today. I wish everyone luck in their future endeavors!



Caitlin Lembo

First of all, I would like to thank my parents. Mom and Dad, you were always there for me whenever I needed you, and always gave me support, and for that I will never be able to thank you enough. So for now, I will stick with I love you. As for my siblings, Joe and Maddie, as annoying as you guys can be, thank you for always being there to make me laugh. I wouldn't be able to make it through high school without you guys as my family. Additionally, I would like to thank some of the teachers who have helped me throughout high school. To the AAC staff, especially Ms. Cora and Ms. Berkland, thank you for all of the help that you gave me my junior year. Lastly, for all my friends, thank you so much for helping me become the person I am. I would not have made it through high school without you guys, so thank you for all of the support. Thank you BHS!



Anna Chong

First, the biggest thanks goes to my family. Mom and Dad thank you for all that you have done to support me for the past 18 years, I am forever grateful for everything you have done. Noah, although we never seem to see eye to eye, without you I would not be the person I am today. Next, I would like to thank my teachers, past and present, but most importantly to Mr. Lasonde and Mr. Hagan, you guys have been nothing but the best these past three years. You guys never fail to bring a smile to my face and I hope to cherish the memories I have from advisory and flex for years to come. Finally, thank you to my friends. LB thank you for the unforgettable memories we have made these past 4 years, I couldn't have survived high school without you all. Thanks BHS for this unforgettable ride!



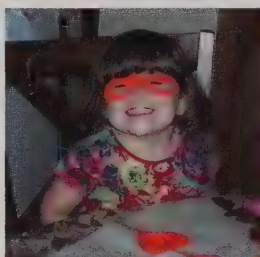
Kailigh Laboy

I want to say thank you to my mom, and my best friends for helping me through everything and anything and always being there for me and supporting me. I love and appreciate all of you. I also want to say thank you to everyone who has made me who I am today.



James Marino

To all of the wonderful people who have stood behind me and supported me over these last four years—whether that support upheld my learning, my laughter, or my journey to become the happiest, best version of myself—I cannot thank you enough.



Zoe Kramer

My friends, family, and favorite faculty know who they are. Thank you for always being there and for pushing me to try my hardest. Thank you most of all to the JCC preschool teacher who told me I couldn't draw. Looks like you were wrong!



Que'Mya Brewster

The journey is never ending. There's always going to be growth, improvement, and adversity; you just have to take it all in and do what's right, continue to grow, continue to live in the moment. Thank you BHS for just this experience.



Shanae Varghese

To keep this short: Thank you to my teachers, friends, the counseling department, and my parents for dealing with my messy self. P.S. Thanks to Grammarly, Quizlet, Course Hero, Photomath, and Khan Academy for saving my grades.



Cole Bennett

I would like to give my biggest thanks to the yearbook staff who have graciously given me 175 words to thank everyone who has assisted me in my life. My older sister, Emily, is the smartest person I know and has been my biggest supporter and I love her very much. I would also like to thank the two smartest, but most stubborn people I know, my brother, Tim, and my grandfather, Poppy, for pushing me to do my best. When my family moved from Colorado at the beginning of my freshman year, I was terrified to move to a new town in an unknown state called Massachusetts. Luckily, the Belmont High School staff and students were very welcoming and supportive, especially Wyatt, Alex, and Sam. Finally, thank you, Mrs. Gaffin, for showing me what real chemistry is.



Jaylynn Rozier

Many teachers and educators will pass through our lives without remembrance as students. Yet, a special few will leave a lasting impression. To Mrs. Butler, Mrs. Wiip, Mrs. O'Donnell, Mrs. Leshay, Mr. Niven, Ms. Swanson, Mrs. Goetschius, Mrs. Wysokowski, and Mr. Sheinfeld, and many more, Thank you for being the special educators who will live on forever in the minds and hearts of the students whose lives you have touched. I want to say a special thanks to Mrs. Myles, mere words could never express my gratitude to you for genuinely caring and being there for me. Thank you for teaching me lessons that I will carry throughout my life's journey and giving me fond classroom memories that I will treasure forever. I know I can now go into the real world and be confident about who I am and what I can achieve. You are always smiling, energetic, and ready to start a new day. You've been so much more than a teacher to us. You've been our mentor, our support, and our guide. Thank you for everything you have done for us!



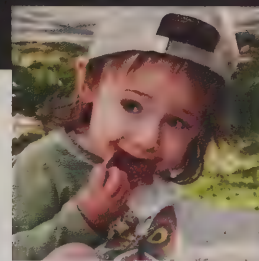
Kate Heller

To my family, I want to thank you so very much for the endless love and happiness you have given me throughout the years. Mom, whether you are dropping off snacks for me before a game or taking me on a drive to get coffee, I truly appreciate you constantly being there for me. Dad, thank you for always putting a smile on my face. I value every moment we have together, from making pancakes on a Sunday morning to giving song suggestions to each other. Jonathan, thank you for being my best friend despite being my older brother. To my friends, I will always cherish the moments we have spent together. I especially want to thank Mr. Berlino, for always making me laugh and letting me chill in your room during break. Thank you so much Ms. Herlihy, for always listening to my rants and making my day better.



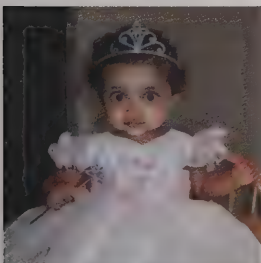
Mikayla Comeiro

First off, I want to truly thank my parents for all that they have done for me. You both have always been by my side and I truly appreciate everything you have done to support and encourage me to be my best self. Mom, you always know what to say in order to make my day better and you're always there when I need a hug and want to talk about anything. Dad, you never fail to make me laugh and I look up to you everyday. Thank you to my entire family for always offering advice when I needed it most. To my friends, I would not have made it this far without all of you. You all have made these years far more enjoyable. Thank you to my teachers who guided me to succeed academically. Thank you to everyone who has helped me become the person I am today, I truly appreciate everything you all have done for me. We finally made it! Congratulations 2023!



Erika Falco

Thanks to my family for being weird and great and making me laugh even when I want to throw my math homework off a cliff. Thanks to Mr. Stief and Ms. Heldman for putting up with my ridiculous number of questions in class, and to Mr. Sheinfeld for putting up with us weirdos in Stylus every Monday afternoon. Thanks to Mr. Culhane for getting me through history fair and to the entire music department, especially Mrs. Creamer and Mr. Grunwald, for being particularly awesome and giving me something to look forward to every day. Thanks also to the marching band for adopting me so readily into the family, even though I joined my senior year — becoming a band kid has seriously been the most fun I've ever had. Finally, thanks to my best friends for being quite literally the best people to walk the face of this earth. Y'all are awesome :)



Arushi Naidu

Thank you to my parents, teachers, coaches, and friends for getting me through high school. Good luck out there



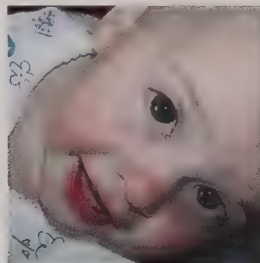
Ella Mullins

Thank you to my parents, teachers, coaches and friends for contributing to my positive experience during high school, your support is invaluable. I will carry the valuable lessons and memories I made at Bedford High School throughout my life and wish everyone the best in future!



Prince(Hadi) Nsubuga

"As I walk towards the end of this chapter in my life, I can't contemplate the variety of people who have helped me along the way. So saying thanks to a few people doesn't do justice to the others that are left out so all I can say is THANK YOU to whoever I crossed paths with...Friend or Foe"



Julia Giaquinto

Thank you, Mrs. Hinz, for supporting me through the good and the bad of my high school years with your positive energy and patience. I appreciate everything that you have done for me. You have made my high school experience a lot more bearable.



Libby Squire

Thank you to everyone, who have made my four years at Bedford an amazing time! I have truly felt the love from this community and I'm glad I have gotten to spend my last four years here!!

SENIOR *thanks*



Yadkira Delgado

I want to begin by thanking my parents and sister because I couldn't have made it through these four years without them. My parents have made many sacrifices in order for me to be able to succeed and I will forever be grateful for them. My sister, who is my biggest supporter and always in my corner thank you for being there when I needed someone the most. Los amos con todo mi corazon, Ms. Pires, you are the reason I survived every challenging moment these three years that I have known you. Thank you for always making me laugh and forcing me to go to class even when I did not want to, I appreciate you so much. I wanna thank SP for being there person that I could turn to for anything and everything. SP was able to show me that home isn't just a place but it can be a person, too. I love you.

I am so thankful for BHS because I grew so much and that is because of every single person that I met in this building my four years. I am so grateful for the friends I have now you all have made my high school experience the best. I love you guys.



Richard Fedele

I want to thank my family for helping me through the years and teaching me to work hard at everything I do. I always know that my Mom, Dad and Shay are there for me, no matter what. To my Dad, for teaching me so much and being a great role model. To my Mom, for always supporting me and helping me whenever I needed it. To Shay, you are my built-in best friend, thanks for always being there for me and always having my back. I want to also thank my coaches for encouraging me and giving me the opportunities to be proud of my accomplishments. Lastly, to my teammates and friends, thanks for being my family and all of the great memories. I will miss all of it and all of you, you will always be family to me even after we are out of school. BHS has been great. I am very excited for the next chapter!



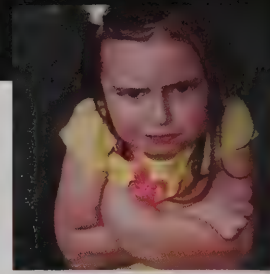
Danielle DiGangi

There is so much to be thankful for. I would like to first thank my mom and my dad for their endless love and support. Thank you for teaching me invaluable lessons, coming to every sporting game and event, being my number one supporters, and for the unforgettable memories we have made along the way. I am so grateful for both of you. Dylan, thank you for being an amazing mentor and for supporting me during the years. You are the best brother and I look forward to making many more memories with you. To my dog, Charlie, thank you for bringing continuous joy to me. I want to thank my teachers and coaches for believing in me and helping me to succeed. Last, I want to thank my friends, teammates, and the Class of 2023 for helping me become the person I am today. I will always cherish the great memories made at BHS. Congratulations Class of 2023, we did it!



Sydney Poor

First, I would like to thank my Mom and Dad for all their support throughout my entire journey so far. Thank you both for coming to my games and cheering me on. You both are the best parents I could have asked for, I love you both. Zack, thank you for always being there for me whenever I needed you, always making me laugh and driving mom crazy. Thank you to all of my coaches, teammates, and teacher who made me into the person I am today. To my friends, thank you all of you for being there for me and making incredible and unforgettable memories that I will forever cherish. Lastly, I would like to thank MG and YD for being there for me no matter what. Always and forever I love you both endlessly. I will never forget driving all over the place and listening to music for hours or just laying in bed laughing at legit nothing. I'm looking forward to what is in store for my next chapter in life. Love you all forever.



Aliki Patoucheas

Mom and Dad, thank you for everything you have done for me. Without you guys I would not be the gal I am today. My support system, inspiration, and my biggest cheerleaders I love you guys more than the world. My built-in bffs, Jelly and Phia. You guys never fail to make me laugh, or annoy me. But I would never want anyone else but you two to raid my closet more than once a day. Thank you. I love you guys more than you know. To all of my friends I have made along the way, I'm so glad I found you guys, thank you for all the mems. S/O to Kate who is my rock and go to for everything. I can't publicly give her this much love, just kidding. I love you so very much. Ms. Duffy, Ms. O, and Mr. Cap. Thank you guys for dealing with my complaining and all my good and bad moments. And BHS, thank you for everything over the last 4 years...it's been a ride.



Benjamin Dubrovskii

Thanks to all my family, friends, and teachers that have supported me throughout the years. Peace out to all my rich minions.



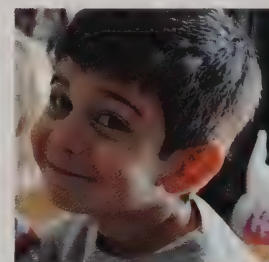
Kelly Aweh-Kisob

I want to thank my family for all their love and support as well as my friends for making these past four years a memorable experience. BHS has taught me optimism, community, tenacity, and initiative; I am forever grateful.



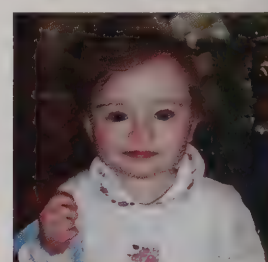
Jayden Bien-Aime

I would like to thank my family, especially my parents, for helping me make it to this point in my life. I am forever grateful for all of the friends and teachers that have made this high school experience a unique and memorable one - Jayden Bien-Aime



Larry Elyazar

Thank you friends and family for all the amazing memories these past four years and thank you to my teachers for supporting me throughout my time at BHS.



Carolyn Crews

Thank you to my teachers who made class a fun place to be. Thank you to my friends and family who supported me through the ups and downs of high school. Thanks especially to Bedford Performing Arts for giving me a space to be myself and find lifelong friends.



Jack Smith

I'd like to thank my parents for raising me in a setting where I could learn from the world around me. Thank you Dad for sparking a passion for engineering through your vast projects around the house. Thank you Mom for striving for me to achieve greatness and helping me see obstacles from a different perspective. I'd also like to thank my brother, Andrew, for his interest in music as well as playing football and basketball together. Your contribution to my hobbies and music taste provides a good achievement of your role as a big brother. Thank you Grandma for always helping me see the positive side of things. I'll never forget the friends made along the way in this journey and I wish the best to all you guys in your futures. Lastly, I'd like to thank Jaylen Brown and Robert Williams III for keeping the C's in contention. GREEN RUNS DEEP



Lindsey Steele

First I would like to thank my Mom and Dad for pushing me to always try my hardest and supporting me when I needed it most. I would also like to thank my sister, Coco, for always staying by my side and giving me help even when I didn't admit I needed it. I would also like to thank all of my teachers. Thank you for pushing me to learn and try my best, and for supporting me in my education. I would also like to thank Coach Hebert, Donnelly, and Walsh. Athletics will always be a memorable part of high school for me, and that is because of you. Thank you for being positive role models who have helped me become the best athlete I can be. I would also like to thank my teammates for making high school sports something I could look forward to after school. Finally, I would like to thank my friends and family for always supporting me and being there for me when I needed it.



Lamees Radi

I'd like to start off by saying thank you to the most caring people in my life, my family. I literally love you all so much. And I can't forget to show my appreciation to all my friends, giving a special shout out to the UNICEF club gang: Falco punch, A-Rules princess, and THE amazing Dasha. Thy hearts are like a golden rose, BHS will always be a piece of me, especially with all the memories I've made here. Thank you to every teacher I've had these four years, you've made high school so enjoyable. I'd like to say a special thank you to Ms. Heldman for an amazing AP Chemistry class. I couldn't have made it through without you. I'd also like to thank the best history and FLEX teacher ever, Mr. Culhane, it's always a pleasure. Ms. Kelly, it's only been a month by now, but I already appreciate all your help. And to conclude with an 8th grade fan favorite, stay gold BHS.



Nicole Karev

I want to start off by saying thank you to my parents for always pushing me to be the best that I can be. From pushing me to finish all of my college apps, to making sure I don't overwork myself. They are always looking out for me. I am grateful for their parenting every day, even if I don't show it as much as I should. I love you guys. I also want to say thank you to my brother for being my little best friend. He is always there for me and means so much more to me than I ever show. I hope he knows that. I also want to thank all of my teachers throughout the years, bettering me as not only a student but as a person. They have truly shaped me into the person that I am today. Lastly, I want to say thank you to the class of 2023. The things we have been able to do and go through together is something I will never forget.



Brooke Stuzynski

To my kind, crazy, and amazing family, thank you for the endless love and support throughout my whole life. Mom and dad, thank you for always supporting me and always being there for me and helping me get to where I am today. I would also like to thank my siblings for supporting me and for the endless laughs and memories. Blake, I will miss our car rides to school every morning and good luck at Thayer. Jack, thanks for always looking out for me and for all the fun times. Bella, thank you for being my built in best friend and always being there for me. I appreciate all you have done for me and I can't thank you enough. Lastly I want to thank my friends for creating so many memories throughout high school that I will never forget. You guys have always been there for me and I could not have asked for better friends. I will miss you all so much.



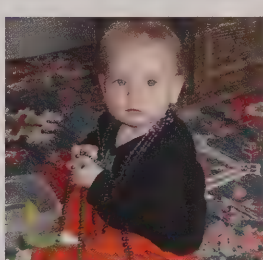
Quinn Turner

I would like to thank everyone who supported me, as J.R.R. Tolkien once said, "Faithless is he that says farewell when the road darkens."



David Rivera

Live and let live.



Olive Culhane

Hello.



Sahil Raut

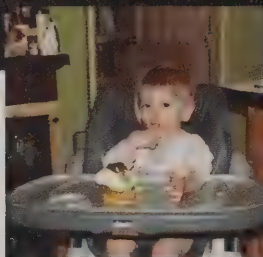
There are so many things and people that have made it possible for me to have the opportunities I have today. Parents, uncles, aunts, grandparents, friends, my sibling, teachers, and so many more—thank you.



Elric McDowell

I would like to thank my family for supporting me in all of my academic and extracurricular pursuits. I would like to thank my teachers for giving me opportunities to succeed in academics and for answering my questions. I would like to thank my coaches for pushing me to work hard.

SENIOR *thanks*



Alexander Recca

Everyone around me made my time in high school a blast. First of all, I would like to thank all of my friends for making these last four years fun and helping me out when I needed it. I really want to thank Mrs. Leshay and Mr. O'Connor for running the robotics club. I know it took a lot of work to put up with us, but they were extremely helpful. I would also like to thank Mr. Sprangel. He always made the class fun no matter what we were learning. Last, but by no means least, I would like to thank Mrs. Kurzman. She has the patience of a saint. I was really struggling in chemistry and she met with me after school every week to review the work and help me.



Camren Metcalf

I would like to take this opportunity to share with you, my immense gratitude for those who have helped me along the way. To my Mom, Dad, and my twin brother Shane, although you haven't heard it a lot from me, I thank you for your unwavering love and support that you have given me throughout my years. To Ms. Myles, I won't ever forget you, your solicitude and your devotion, for which I can never repay you. These words can't even begin to fully convey my grace toward you. Lastly, I want to thank my friends, it was fun while it lasted, even Physics. "Everything has its wonders, even the darkness and silence, and I hope I learn, whatever state I may be in, therein to be content."
-Helen Keller



Shane Metcalf

This is my time to say thank you to my parents, twin brother, coaches and everyone I have met through cheerleading. I have truly transformed as a person and I am so thankful for the support I have received all through out high school.

"Yo hago lo que me da la gana."

- Bad Bunny



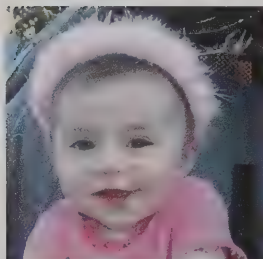
Joshua Garraway

I have to start by saying thank you to my parents, who have pushed me, helped me, consoled me, and given me everything. I'd also like to thank all of my friends, from the class of 2020 all the way to my new teammates in the class of 2026: you all have shown me how to become the best version of myself. You all have changed my life for the better, and I'll hang on to every memory that we've made. I also want to thank my coaches: Coach Donnelly, Coach Pike, and Coach G. You all have pushed me hard since my first seasons in freshman year, and it is thanks to you that I was able to find my love of running and dedication to the sport. Lastly, I'd like to thank my teachers who never gave up on me, who believed in me, and who helped me achieve wonders at BHS. It has been an honor to be here at BHS. Thank you all so much.



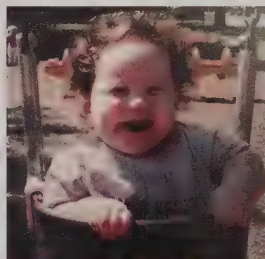
Elora Syed

There will never be enough words for how grateful I am for everyone who has been there with me these past years. Thank you to my teachers and coaches who have always pushed me to be my best. Thank you to all of my friends, each of you has been there for me in so many different ways and I will never forget the impact all of you have had on my life. Thank you to my parents for the endless support, love, and patience you have always had with me. And lastly a massive thank you to my best friend and little brother Aniq, you have truly gotten me through so much and I couldn't have asked for a better person by my side. I couldn't be more thankful for you the three of you.



Isabella Looney

Thank you Ms. Septembre and Mr. Dechellis for helping me navigate through my senior year. Without you two it would have been much more rocky. Highschool wasn't easy but with the help of my parents, friends, and supportive teachers I was able to make the best of the time I had.



Hannah Delzingo

First, I want to thank all of the teachers at BHS, even the ones who I never had as a teacher, for going out of their way to give me the help I need to succeed. I want to thank my friends for pushing me to do better and motivating me when I need it most. Most of all, I would like to thank my mom and dad for setting me up for success and helping me be a better person. I would also like to thank my brother, Bradley, for being my best friend.



Avaanika Nair

I would like to thank my mom, dad, and brother for helping me stay determined and always pushing me to do my best. To my best friends, I thank you for sticking by my side throughout my years here at BHS. I am grateful for my teachers for making me more knowledgeable and helping me become the person I am today. My journey here at BHS has been the best possible experience because of all the people I have met along the way.



Erin Xu

I am so incredibly grateful for my brother; our closeness seemed preordained before us, but in many more ways it was something that we created, like when we speedwalked home after school or when I appeared in your room at random times just to wordlessly stare at you. And of course, mi media naranja CL, who is often straight out of a greek myth.



Arianna Triplett

Thank you to everyone who helped make me into the person I am today. Thank you to my family for always sticking by my side throughout all the years of moving and for always helping me get adjusted to new places. I want to thank all the people who welcomed me when I was new to bedford and made my transition into the school easier. And lastly, all my teachers for helping me succeed in my classes during all of the years of covid



Tomas Ou



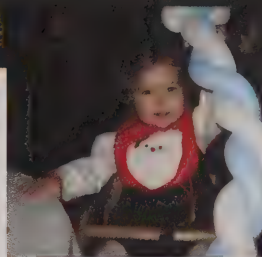
Pauline Tsiaras



Amelia Griffin



Anya Yajnik



Kitty Warhover

It's hard to believe that I am a senior this year. Making it to this point would have been impossible without the support and love of my family. They have helped me navigate through all the good and the bad, always being there for me when I needed it. They push me to be the best version of myself and I can't imagine a world without them. I want to thank my friends for making me laugh uncontrollably and always being able to bring me up when I am down. I am truly grateful to call you guys my friends. I want to thank Carlos for dealing with me for the past seven years. He has taught me so much about being a better and more mature person, and I would not be the person I am today without the support of my fellow Argentinian. Thank you!

I would like to begin my thanks by thanking my parents for always being by my side and supporting me in everything I do. They are my biggest fans and have always encouraged me to be my best self. Thank you to my sister and closest friends for making some of the greatest memories together that I will always remember, and for always making me laugh. And to my grandparents, who taught me just how important working hard and having a good education is. I will always be thankful for the wonderful experiences I had at BHS, and for all the people that have impacted my life for the better.

I am so grateful for all the people who have given me love and support throughout high school. First, thank you to my family. I would not have been as successful and happy without your constant support. To my friends, thank you for making my high school experience enjoyable. I will always remember our time together and cannot wait to see where we all go from here. Thank you to all of the teachers who helped me get to this point. I have learned so much from everyone I've known here and cannot wait to use this knowledge in my next chapter. I look forward to the future knowing I have such a great support system to fall back on.

I want to start off by thanking everyone who supported me throughout high school, but more specifically my parents. Thank you guys for always being there, through all the ups and downs. I truly don't know what I would've done without your constant reassurance and patience. I would also like to thank my teachers for their consistent dedication to helping me learn. Thank you for always being open and ready to help whenever I needed it. You all are the reason why I have a strong foundation, and feel ready for college, so I am forever grateful to all of you. Finally, I would like to thank my friends for never failing to make me laugh, and always cheering me up. Thank you for your support and kindness whenever I needed it.

Class of 2023, we made it! Thank you to my parents for their endless support, encouragement, and guidance. Also, thank you to my brother, Jackson - BHS 2020, for telling me all the tips and tricks to make it through high school. Thank you to all of my BHS teachers and the BHS staff for a great four years. A special shout out to Mr. Hagan, for all of your guidance, and to Mr. Mondloch, for teaching a class nobody should miss! To my friends, you all rock! Thank you for the adventures, the laughs, the inside jokes, and for always cheering me on. I can't wait to see all the amazing things you all do in the future! Good luck to the Class of 2023!



Henry Reynolds



Parker Anderson-LaPorte



Pascal Gagne



Matthew O'Connor



India Depina

"I don't run to add days to my life, I run to add life to my days." - Ronald T. Rook, D.O.

Thank you Coach Donnelly for four unforgettable years running for Bedford High School! It was because of your constant support that I grew to become such a strong runner. I will always value the tremendous effort you put into the team to make sure the runners feel prepared and encouraged. WE IN THERE!!!

Thanks to my mom, dad, and the whole family for being so supportive, and for pushing me to achieve my goals. Thank you to my friends, who've stuck with me and made my life so much more fun. Also a big thanks to the whole BHS Music Department for shaping my voice as a musician. From 5th grade band and up until now you've all instilled a love of music that will stick with me for life. And a special thanks to Mr. Grunwald and Felker for not only helping me be the best musician I can, but also the best person I can be.

To all of the teachers I've had, I want to say thank you for supporting me and many others during our time here. It has been fun and I have met many new friends here. It will be weird not being here in high school after this but I will remember what happened here. I want to give a special thanks to Mr. O'Connor for having me every year and for being a nice and fun teacher. Once again thank you to all of the teachers/faculty of Bedford high school.

First and foremost, I'd like to thank my parents for always being my #1 supporters. I appreciate everything you guys have done for me more than I can say. To Han, thank you for motivating me to do my best and work hard. To Lil, thank you for always reminding me to have fun and remember what's really important. Thank you to my friends for all the laughs and entertainment, I'm so grateful for all of you. Thank you to Ms. Butler for always checking in on me and helping me with whatever I need. Lastly, thank you to BHS for my best friends and the best memories.

I have a lot to be thankful for, but don't know how to put it all together, so please bare with me. I'd like to first thank my parents for putting emphasis on education and encouraging me to always try my best and never give up. I'd like to thank my friends for keeping me going through my ups and downs, and always putting a smile on my face. I'd like to specifically thank teachers butler and Myles for always being a safe space for me, teachers I can seek guidance from, and always have a good laugh with

SENIOR *thanks*



Edward Zhou

It'd be hard to believe that this year I would graduate, but I don't have to believe. Instead, I can thank my teachers for teaching me so much while still being fun and engaging throughout my time here. I can thank my friends for helping me through those tough times and cheering me up every time we talk. And most of all, I can thank my family for supporting me through everything, from the good and the bad, and for being there all the time, all the way. College awaits, and I can safely say: It's been a great run.



Abhigna Reddy

First and foremost, I would like to thank my family for always being there for me and supporting me in my endeavors. I would especially like to thank my mother and my sister, Manu, for pushing me to do my best and believing in me even when I didn't. I would also like to thank all my teachers for their hard work and dedication throughout these four years. Without their motivation and support, I would not be where I am today. Lastly, special thanks to all my friends and classmates for making me laugh and for making these past four years at BHS so memorable!



Wynn Sheridan

Mom and Dad, thank you for all your help and pushing me to be better every day. Thank you Grammy and Grappa for always believing in me. Thank you Isla for keeping me humble and special thanks to Coach Carlos, who's been an amazing person and role model for me since 5th grade. Thanks to Mr Sprangel, who gave me confidence in math, making it something I actually looked forward to every day. And lastly, thank you to all the friends I've made for keeping me going and always making me laugh.



Evan Kenahan

I am so incredibly thankful to have had so many wonderful, kind, and supportive people to help me throughout my many years of school. My parents, who have been there to support me for as long as I can remember. My grandparents, who helped out in every way possible. My brothers, who made my life at home much more entertaining. My girlfriend, who I can always rely on to put a smile on my face. And my friends, who have been there for me no matter the circumstances. Thank you to everyone who has supported me through these times!



Morgan Willians

Firstly I would like to thank my mom for never giving up on me and pushing me to try my hardest. Thank you to my dad who believed I could do whatever I put my mind too. Thank you to my brothers who made me laugh when I really needed it. Thank you to my little sister who's face made me smile whenever it showed up on my phone. Thank you to my friends who gave me a sense of belonging. Thank you to my teachers who were always there to help. Lastly thank you to Mr. DeChellis who's office was always a safe place to go.



Sophie Shelton

Dad, thank you for always being there for me when I needed you and for always trying your best to help me. Mom, thank you for always pushing what's best for me and for taking the weight off of my back when I was having hard times. Without the advice and skills that you both have taught me I wouldn't be where I am today. Ciara, good luck through the rest of high school, make sure you relax and enjoy it. Thank you to BHS and all of my friends for making the past 4 years so special. And finally, to the class of 2023, I wouldn't want to have grown up with another group of people, good luck to you all and congrats!



Maeve Horner

Thank you to everyone that's helped me navigate the rocky road that is high school. Specifically my easy-to-talk-to teachers, my supportive and hilarious friends, and most of all my beyond supportive mother (and Mima of course). The ups and downs of these four years would be impossible without all of you, so thank you guys so much for being here for me! Also a special thanks to Mr. Berlino and Ms. Leshay. I have no doubt in my mind that both of you wrote absolutely amazing letters of recommendation. And lastly, thanks to Mr. DeChellis for putting up with my craziness and helping me with the chaotic college application process. I'm going to miss BHS a lot!



Aidan McCarthy

I'd first like to thank my parents, for helping guide me through my life, and especially last year when I was dealing with my running injuries. I'd like to thank my XC/Track coach Mr.Donnely, for helping me reach my potential in my running, and for his continued support in my recovery. I'd like to thank all of my teachers for their dedication to my academics, and for mentoring me on how to succeed. Finally, I'd like to thank the friends I've had through the years, keeping me company and helping me to succeed.



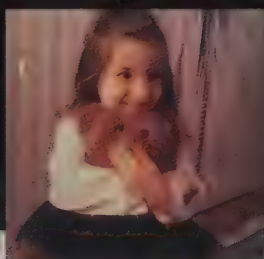
Sofia Quaglioz

As the end of my high school career approaches, I want to thank all my teachers and coaches for always supporting me and pushing me to be the best version of myself. I'd like to thank my best friend Maika for sticking by me and always making me laugh. I wouldn't have wanted to do high school with anyone else. And most importantly I'd like to thank my mom for her unconditional love and support through all the good and bad times. I would not be here today without her. She's the strongest woman I know, always so loving and so helpful throughout these amazing four years. Te amo muito mãe!



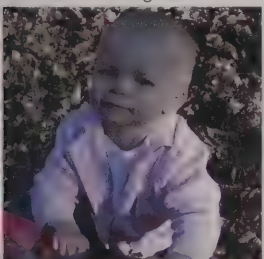
Connor McClung

It's been a good run, hasn't it? The long list of people I'd like to thank includes (but isn't limited to) D&D people, theater people (shoutout to Buccapella!), teachers, directors, and general friends. So forgive me if I have to be concise. Mom & Dad, thanks for being such supportive parents through some dynamic years. James & Ryan, thanks for being the best brothers I've ever had. Thanks to Scale for teaching me an important lesson in appreciation. And thanks to Tika for always being there.



Jacqueline Campos

I would like to thank my parents and grandparents for all the love and support throughout the past 18 years. You guys have taught me so much and I am so grateful to all of you. To my brother and cousins, thank you for all the entertainment, laughs, and advice. To my best friends, I'd like to thank all of you for being there with me through the past 4 years. You all have given me so many amazing memories. I love you all and couldn't have done it without you. I'd also like to thank all of my teachers for getting me to where I am today. Lastly, thank you to BHS for all the experiences and friendships that I'll never forget.



Nicole Steele

First of all, I want to thank my amazing family. Thanks to my mom and dad for always dropping off stuff when I forget it at home, driving me wherever I need to go, and always allowing me to talk to you whenever I need to. And to the rest of my family as well, thank you for being my biggest supporter in everything I do. I also want to thank Lulu for being my built-in best friend for my entire life. Thank you to all of my teachers from BHS that have helped me succeed throughout high school. I want to give an extra thanks to coach Hebert, coach Donnelly, and coach Walsh who always encouraged me to work my hardest. Thank you to my friends for being there for me for so many years. And finally, thank you so much to my teammates, especially from cross country, who always know how to make me smile the most.



Maggie Carluccio

Thank you Bedford High school for everything it has done for me. During my time here I have made many long lasting friendships and had amazing experiences that I will never forget. I like to give a special thanks to Gianna Missiti, who has been by my side on this journey since 6th grade. Also I would like to thank my parents, who have supported me in all my endeavors, allowing me the opportunity to grow to my fullest potential. My brother Matthew has also been extremely helpful, always being there when I need him and providing advice on any problems that I face. Finally, I would like to thank all the friends I have made along the way, without you all my high school experience wouldn't have been as enjoyable as it was.



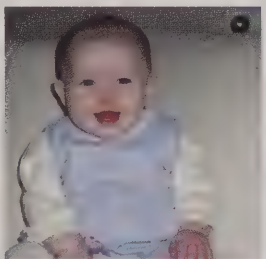
Sydney Cox

I want to give the biggest thank you to my mom and dad. I love you guys! Thank you so much for everything you have done for me. You have been here since day one and I will forever be grateful for all the lessons you have taught me. Thank you to all of my teachers who have supported me throughout my k-12 career. Thank you to my coaches, who push me everyday to become a better player, and to my physical therapists who have helped me maintain my play. Thank you to Logan who always makes me smile. And last but not least, thank you to all of my friends. I am forever grateful to have met every one of you and appreciate the time we have spent together<3



Kiersten Wasserman

Thank you for everything. Thank you Mom, Dad, and Avery, for always supporting me and standing by my side in good and bad times. We have been through so much together, and I couldn't have made it through two different states in these four years without you. Thank you to everyone who has been there for me, and for the friends I've made along the way. These past four years have been a roller coaster of emotions, but I wouldn't have it any other way, for the things I've learned and grown from. Thank you for supporting me and Class of 23'



Sarah Tonini

I'd like to start off by thanking my parents for always supporting me and for sticking by my side. Mom, thank you for being the best role model and for providing me with so many amazing opportunities. Dad, thank you for being my number one fan and for always pushing me to do my best on and off the field. Alex, thank you for always cracking jokes and for always putting a smile on my face. Ashley, thank you for being my built-in best friend and for always being there for me. Matthew, thank you for always keeping me company on our morning drives to school, I'm going to miss them. Lucas and Oliver, thank you for never failing to make me laugh. Thank you to Bedford Girls Soccer for the best four years I could have asked for and for teaching me several valuable life lessons. Lastly I want to thank the class of 2023, thank you for the best 13 years of my life!



Paisley Correu

To my mom and dad, thank you for always supporting me through everything and helping me reach my fullest potential. I am beyond appreciative of everything the two of you have done for me. To my siblings, thank you for making life fun and competitive. To my cousin and lifelong companion, thank you for being a consistent part in my life as someone that I can always turn to. To my best friend, thank you for sticking around through long distances and always providing me with support and laughter. To all of my friends, past and present, thank you for the lifelong memories. To everyone mentioned and more, thank you for shaping me into the person I am today.



Norah White

Mom and Dad, you two deserve the biggest thank you of all. Thank you for always being my number one supporters, my shoulders to cry on, and my lifelong best friends. I owe it all to you guys. To my friends, GP MS AC AZ JC AP OW CW, thank you for everything. Without all of you I wouldn't have made it to senior year. Thank you for the endless memories and love you have given me. Lastly, I want to thank the one and only Ms. Herlihy. Thank you for giving me a reason to get up every morning and keeping me going. You have changed my life for the better in insurmountable ways, and I cannot thank you enough. Anyways, peace out bhs it's been real.



Selima Chan

Many thanks to my friends for joining in my shenanigans and keeping me sane through the years; Shanae Varghese and Aidan Hwang who have always been open to listening to me vent, Lamees and Abhigna for showing me the type of person I wanted to be, and Erin for joining in my crazy life. Thank you to my parents for working hard so I would always challenge myself, pursue my interests, and be as successful as I am today. Finally, thanks to Sergeant Humphrey for inspiring me to try things I never would have imagined, guiding me through the different difficulties of high school, and supporting me since freshman year. Without these people, I wouldn't be the person I am or where I am today.

Paul Jeon

I would like to thank all the teachers I have had the opportunity to meet at Bedford High School the last four years. The amazing teachers in every department have allowed me to learn and grow in the best environment and have always been supportive. Special shoutout to Mr. Culhane, Ms. Stark, Ms. Faulkner, and Mr. Hagan for their efforts and making my time at BHS absolutely wonderful. History Fair, Art Club, Math Team, and Calculus brought me new experiences both fun and challenging that would never have been possible without these wonderful teachers. And special shoutout to all the hoopers disguised as teachers in BHS for one of the most fun games I've ever played in despite having to wake up at the crack of dawn. And final shoutout to Mom and Dad for being the best parents I could ever have. Thank you all!

SENIOR *thanks*



Allen Huang

Wikipedia is a multilingual free online encyclopedia written and maintained by a community of volunteers through open collaboration and a wiki-based editing system. Its editors are known as Wikipedians. Wikipedia is the largest and most-read reference work in history. It is hosted by the Wikimedia Foundation, an American non-profit organization funded mainly through donations. Wikipedia has received praise for its enablement of the democratization of knowledge, extent of coverage, unique structure, culture, and reduced degree of commercial bias; but criticism for exhibiting systemic bias, particularly gender bias against women and alleged ideological bias. The reliability of Wikipedia was frequently criticized in the 2000s but has improved over time, as Wikipedia has been generally praised in the late 2010s and early 2020s. Its combined editions comprise more than 59 million articles, attracting around 2 billion unique device visits per month and over 17 million edits per month as of November 2020. In 2006, Time magazine stated that the policy of allowing anyone to edit had made Wikipedia the "biggest (and perhaps best) encyclopedia in the world".



Lucas Rodriguez

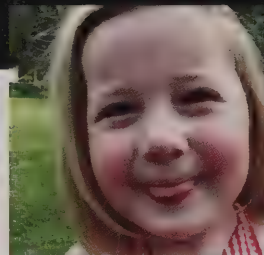
I would like to thank My Mom, Dad, and sister for always supporting me through the past four years. I am very appreciative of all my teachers. I would like to give a special thanks to Mr. Morrissey, Mr. Sprangel, and Mr. Culhane for always being available and accessible when I needed help. I would often come in early or stay after class, and they were always open to helping me when I needed it. Through this they helped me build my work ethic and I would not be the student I am today without them. I would also like to thank my teammates, when it was my first year on the swim team they gave me the guidance needed for success and to eventually become a team captain. Finally I would like to thank my friends for the laughs and fun times, high school would not be the same without you.



Ryan Ferrari

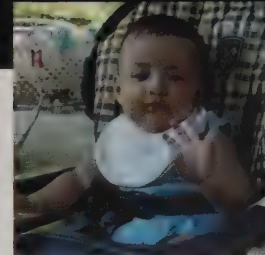
I'd like to thank my family and friends for always being so supportive and caring. I want to say a big thank you to my mom and dad for helping me with school work even after a busy day of work of their own and for giving me such great advice to any problem that came my way. To my brother, thank you for being the best brother I could ask for. Thank you for making me laugh when I was upset or watching Disney movies with me when we needed a break. To my best friends, Sydney Coglianio and Sally MacPhee; thank you for growing up with me, making me feel so loved, and making me laugh til I cried. Thank you to the teachers and coaches that brightened my day with their positivity and humor. Lastly, thank you BHS library for having the comfiest seats to take a power nap on. I'm so appreciative of everyone who helped me get to where I am, the least I could do is say thank you.

"



Ella Buckley

I'd like to thank my family and friends for always being so supportive and caring. I want to say a big thank you to my mom and dad for helping me with school work even after a busy day of work of their own and for giving me such great advice to any problem that came my way. To my brother, thank you for being the best brother I could ask for. Thank you for making me laugh when I was upset or watching Disney movies with me when we needed a break. To my best friends, Sydney Coglianio and Sally MacPhee; thank you for growing up with me, making me feel so loved, and making me laugh til I cried. Thank you to the teachers and coaches that brightened my day with their positivity and humor. Lastly, thank you BHS library for having the comfiest seats to take a power nap on. I'm so appreciative of everyone who helped me get to where I am, the least I could do is say thank you.



Julian Caro

Thank you to everyone I've gotten to know during my years at Bedford. Thank you to my best friends for always being there for me and making my transition back from COVID during my junior year not so stressful. You guys helped me get through the difficulties of high school life and have made it fun. I hope we can keep in touch even if we are apart during college, I'll be missing you guys otherwise. Finally, thank you to my mom, my primary support through the past 4 years of my life. You uplifted me through my toughest moments, and allowed me to experience some of my best. I can't put into words how appreciative I am for everything. I hope that I have been able to reciprocate all that you have done for me, and I will continue to do so. I love you. The road is long, we carry on, try to have fun in the meantime.



Evan Karen



Aidan Hwang

Photo
Not
Available

Stuart Livingston

My time at Bedford High School has been excellent. It wouldn't have been the same without everyone here. First, I'd like to extend a great thanks to all my teachers. I cannot understate how good all of you are at your jobs. You all made learning fun, I was never left confused, and everyone was so nice and understanding. I want to thank all of my friends for being there with me. Whether it's completing a project the night before it's due or staying up until three in the morning studying for a test I forgot about, none of you ever lost faith in me. I am so happy I got to spend my high school years with you guys. Lastly, I want to thank my parents. You made me the best person I could be today and I can't even begin to explain how grateful I am. You were always there for me whenever I needed you. I guess I got lucky with the parent lottery because I definitely won. Thanks again everyone, Evan

I would like to start off by saying I am not related to Allen or Seong-Hyun. Also, I'm not Korean, and my last name may suggest this. While I did arguably sleep more in class than I have studied over my time in High School, I would like to thank my teachers for their great work and support throughout the years. I am also grateful to my adult brothers for making sure I knew I was worse than them (I'm really not, looking at you, Mr. "I'm a mechanical engineer"). I also want to thank Sir Khan, Organic Chemistry Teacher, and Evan Karen for the rare times I had to study. I especially want to thank all my friends for the past 4 years. From clubs, sports, and classes, each of you made my experience in high school the best one could ask for. Every day was a blast (Except junior year), and I will never look back on these four years in a negative light. Signing out, Aidan Anli "Acorn" Hwang

Thank you first and foremost to all the teachers that have worked so hard and effortlessly to prepare all of us for the years to come. And especially to all the teachers who have taken the time to help me get through academic struggles and disabilities, I know I'm not that easy sometimes. You all deserve the world. I'm thankful to my peers and teammates who have been there for me every single day of the last twelve years and have given me so many memories to take with me and laugh about for the rest of my life. I'm thankful to my parents who have worked their butts off so I can live this wonderful life and go to an amazing school. And finally to the eight boys that have always done everything for me... thanks for letting me crash on your couch twenty years from now.

SENIOR



Justin Adams



Ansh Aggarwal



Erica Arenas



Andrew Blunt



Annaleigh Boblett



Owen Brazee



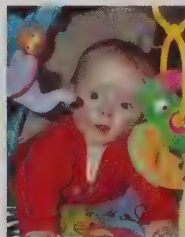
Jamie Buchannan



Sofia Busse



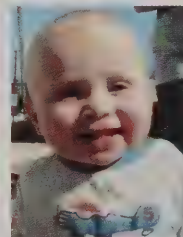
Adam Capobianco



Emily Casticum



Ji-Yeon Cohen-Bartley



Austin Cullis



Jacob D'Andrea



Gabby Da Silva



Shannon Derosas



Samuel DiNitto



Olivia DiSaronno



Ethan Erawan



Alexandra Finnerty



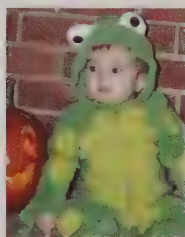
Maria Fontanez



Kaylee Grace



Marina Greaney



Ian Grove



Gray Hanegan



Bria Hanson



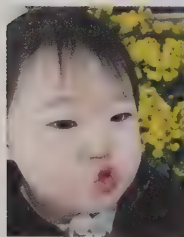
Michael Hartai



Seamus Harte



Amelia Hill



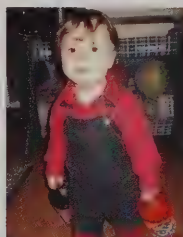
Minseo Hong



Brian Hwang



Martha Hyde



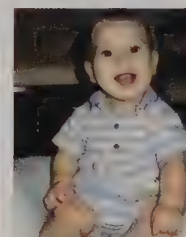
Kristian Ivanov



Maryam Jawad



Emily Kang



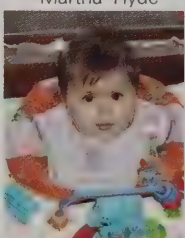
Devan Kaushik



Dasha Kerov



Christoph Kershaw



Sonja Kradjian



Aaron Kreiter



Anirudh Kumar



Sahana Kumar



Vi Kyne

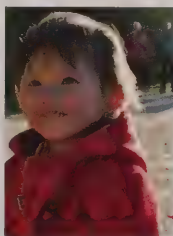
BABIES



Amy Lerra



Connor Lewis



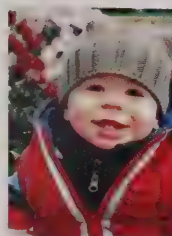
Jessica Lin



Sally MacPhee



Aiden McEachern



Luca Melfi



Eric Miles



Kate Morrow



Kylie Perales



Daniel Petetsky



Sydney Phylis



Aiden Pompei



Chris Puglielli



William Robinson



Ameera Saba



Akilah Salaam



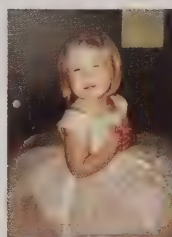
Mya Sanders



Keily Santiago



Rayhan Semy



Lila Signorelli



Kaylie Spencer



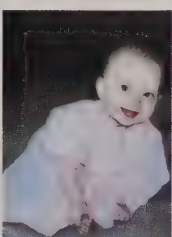
Jack Staines



Henry Sudlow



Shirley Sun



Emma Szabo



Nick Tatarczuk



Aditi Thonangi



Marlowe Tilney



Andrew Tram



Colin Vieira



Jessica Wah



Jayvon Williams



Christopher Woo



Eric Zhang

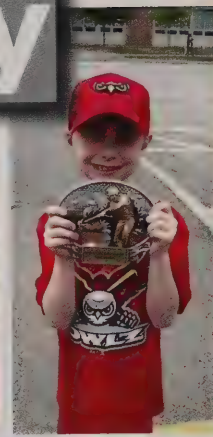


Denis Zhilyakov

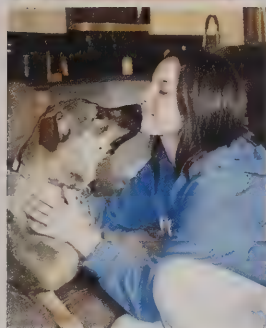
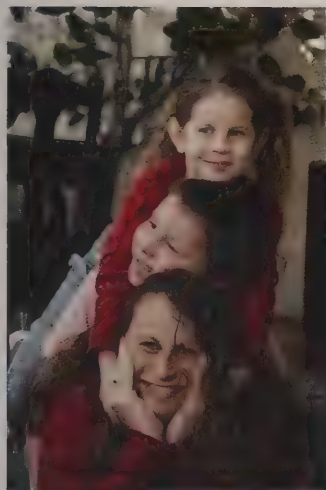


Peter Benson

Elementary



Hannah



Keeping doing great things! We love you and are can't wait to see what the future brings.
Love, Mom, Bradley and Harper



Pauline

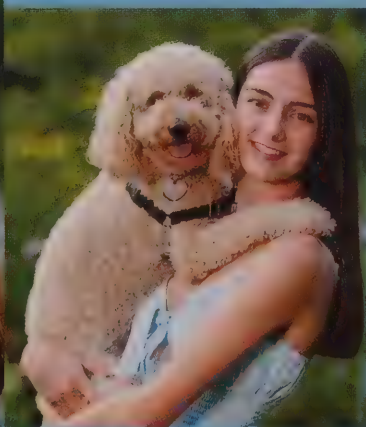
Congratulations! We are so proud of you and all of your achievements. You have made us proud and honored to call you daughter, sister, granddaughter and niece. You will continue to achieve great things, but never forget your foundations, especially God and your family. We love you with all our hearts! Love Mom, Dad, Kyra, your Grandparents, Aunts and Uncles XOXO

Agape



Danielle DiGangi

Congratulations Danielle! We are so incredibly proud of the young woman you have become, your many accomplishments, entrepreneurial spirit, relentless drive, kindness, humor and compassion. You have given us so much joy and laughter throughout the years! We are so excited for your next endeavor and will be beside you the entire way! We will always be here to support and guide you.
We love you! Mom, Dad, Dylan & Charlie



**FROM THE BOARD OF DIRECTORS,
ACME TREBUCHET, LLC.**

**Congratulations
Class of 2023!**



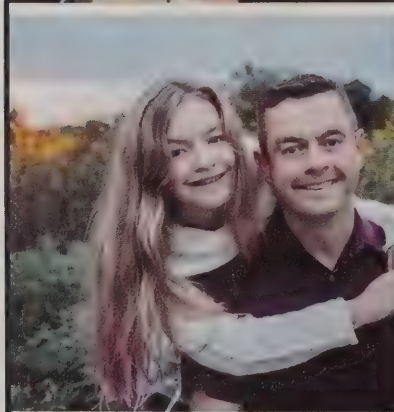
*Proudly launching Bedford
students into the world*

World Headquarters - Bedford, MA, USA



Morgan,

From the moment you were born, you've been a bright light for everyone around you. You're a loyal friend, excellent listener, old soul, and my favorite part is I get to call you my daughter. Your dad and I are beyond proud of everything you have accomplished. Being a military brat is not easy, and it comes with challenges, but you have flourished and grown everywhere the military has planted you. We love you more than you could ever imagine, Mora
Mora



You are surrounded by those who love you. Never forget how much you are loved





Gianna Dianne Missiti

Congratulations Gianna! We
are so proud of all of your
accomplishments! We love
you!!



Ian Grove



Before you were born, we dreamed about who you
would become. You turned out to be even better than
our best dreams. Love, Mom & Dad



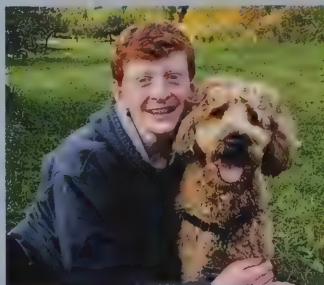
Rachel Gould

Congratulations on all you've accomplished. We are
so proud of you! The next chapter is going to slay!
Love - Mom, Dad & Violet



Matthew O'Connor

Congratulations, Matthew!!! We are so
proud of you and all of your
accomplishments but most of all the kind
and thoughtful person you are. You are an
amazing son and brother. Never stop being
your true self. We love you so much.
Mom, Dad, Hannah, Lily and Gus & Ruby





Connor James Lewis

You are an amazing person!
 You continue to push the boundaries in all you do - we love the way you
 put your heart, spirit and energy into everything. We're proud of what
 you've accomplished so far, and can't wait to see what the future holds for
 you!

Love, Mom, Dad, Taylor & Camden

Amelia Griffin

Congratulations on
your accomplishments
at BHS. We wish you
happiness on your next
adventure!

With love from Mom,
Dad and Thomas



Lulu and Coco Steele

We love you and we are so proud of you!
You are both going to do amazing things!

The future is yours!
Love Mom, Dad, Blossom and Tucker



Ryan Cohen

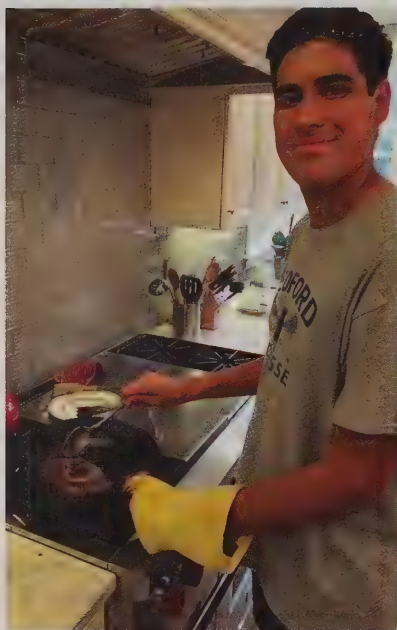


We love you Ryan Cohen!!!

Ryan Cohen-Ryco

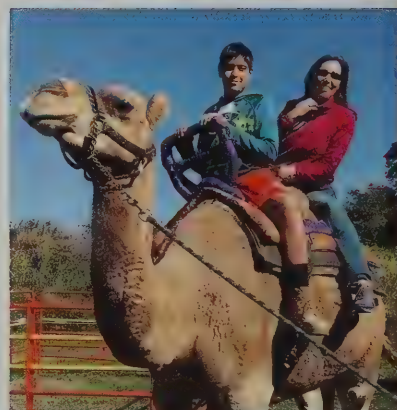
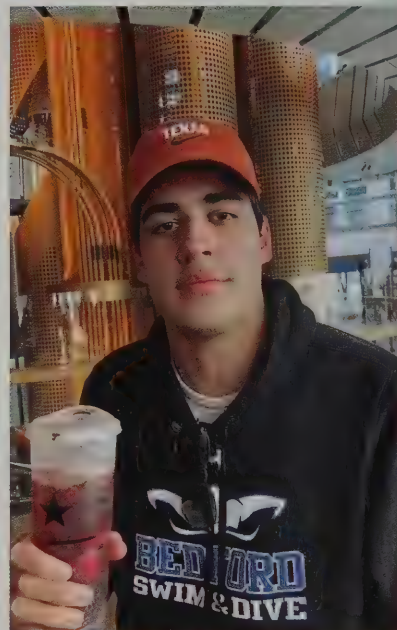


Ryan, we love you! Keep being you! We
are looking forward to the next chapter
in your life!



LUCAS RODRIGUEZ

Dear Lucas,
We are so proud of you! It has been an amazing journey from the day you were born. We can't wait to see what your next chapter brings. Keep growing and learning. Most of all, have fun and enjoy every moment life brings you.
Love, Mom, Papi, Elena & Mr. Fluffington

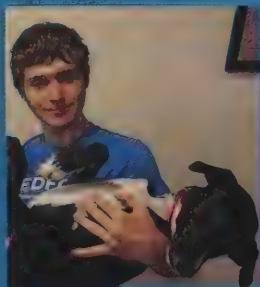




Austin Cullis



We are so proud of all that you have accomplished, and excited for what is to come! Love, Mom, Dad, Erin, Marco, and Kylie



WARHOVER



Congratulations, Kitty!
Let the Dream Begin!



We love good Mom, Dad, Jackson, & Sebastian



Liam Daley

We are all proud of you! The past is history and tomorrow is a mystery. Enjoy and make the most of today! Love, Mom, Dad, and Emmett



Emily Zeltser

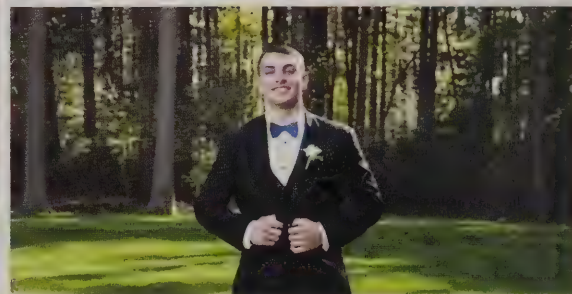
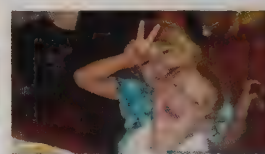
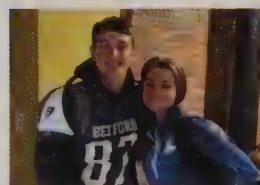
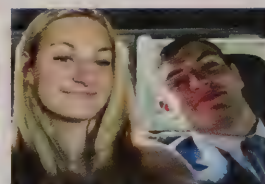
Whatever path you choose, your powerful intellect, sparkling creativity, and revolutionary take on the world are to help in filling your life with the joy of weaving aesthetics and love.

Thus, without further ado, Corps does. Seize the day. Make your life extraordinary.



Always here to love and support you.
Mom, Dad, Leon

Richie Fedele



Congratulations Richie!
Behind you all your memories, before
you all your dreams, around you all who
love you, within you all you need.
We are SO proud of you!
Love, Shay, Mom and Dad

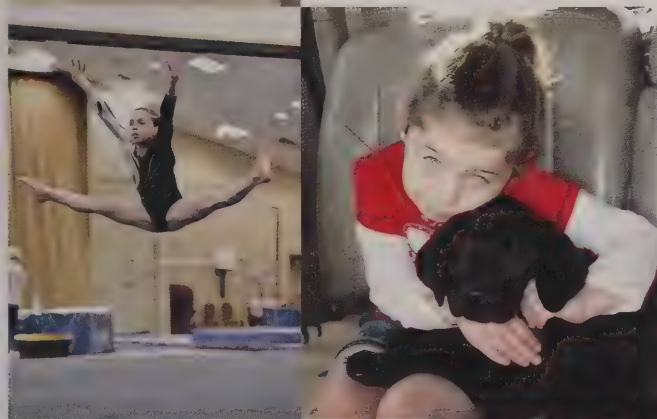
Ryan Ferrari



We are so incredibly proud of you and love you so much buddy -
Mom, Dad, Alex and Emma

Mikayla Comeiro

BEHIND YOU,
all your memories.
BEFORE YOU,
all your dreams.
AROUND YOU,
all who love you.
WITHIN YOU,
all you need.



Maggie Carluccio

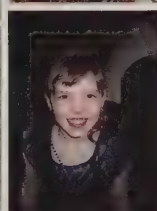
We are so proud of the young woman you have become. Your passion, effort and good nature is evident in everything you do. You have brought us much joy over the years and we look forward to watching the amazing future you are building. We love you so much!

Love, Dad, Mom and Matthew



Gray Hanegan

We're so proud of you. You've grown into a strong, independent, caring young woman. You've shown that you can do anything that you put your mind to. We can't wait to see what else you accomplish in your life. Love, Mom, Dad, and Sarah

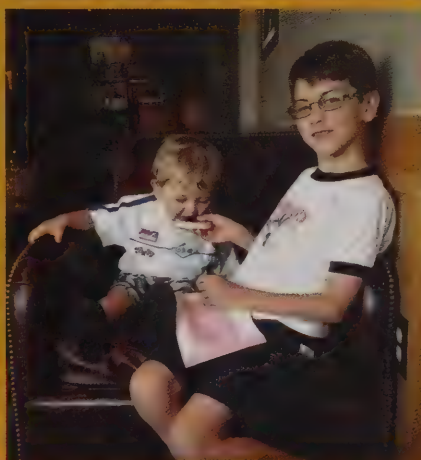


Xander Recca

Congratulations on achieving this first of many milestones! It has been a privilege to watch you grow into the man you have become. We're excited to see what heights you reach in the future!

Love you!

Mom and Dad and Joe



Pauline Agape

Congratulations! We are so proud of you and all of your achievements. You have made us proud to call you daughter, sister, granddaughter and niece. You will continue to achieve great things, but never forget your foundations, especially God and your family. We love you with all our hearts!

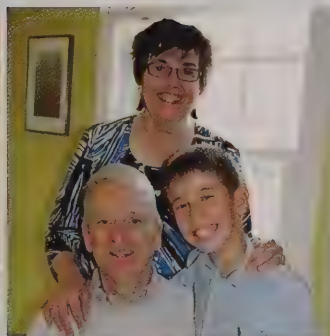
**Love Mom, Dad, Kyra, your Grandparents, Aunts and Uncles
XOXO**



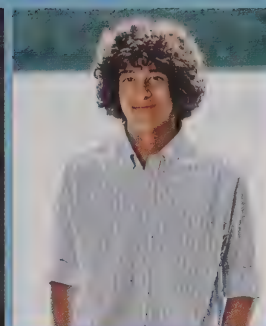


WYNN SHERIDAN

Don't ever give up or give in.
Keep believing in yourself.
You CAN do anything you set
your mind to.
Love Mom, Dad, Isla & Moxi



Josh Garraway

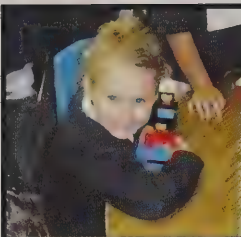


We are so proud of you today
and every day!
Love, Mom, Dad, and Jonny

Caitlin Lembo

Congratulations! We are very
proud of you! Keep on trying
your best! Love, Mom, Dad,
Joe and Maddie



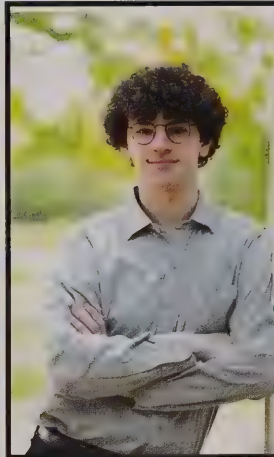


McKenna

Goodbye high school! There were good times and bad times and we rode that roller coaster with you. Now it's time to open a new chapter and you get to be the author.



Love,
Dad, Mom,
Zoey and
Aiden

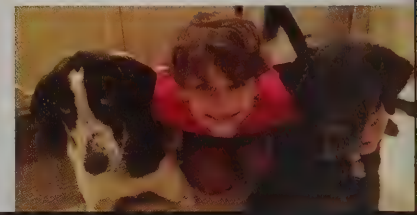


Congratulations Josh!!

We are so excited for the next chapter in your life to begin! Always remember to follow your dreams. Also, always remember that Paul Reiser went to Binghamton.

We love you so much.

-Mom and Dad



ELLA GRACE BUCKLEY

We could not be more proud of your talent, kind and giving beautiful heart, strong work ethic, and the joy you bring to everyone around you. You put happiness and compassion into this world every day. We love you so very much! Your next chapter is so full of amazing opportunities Ella Grace! We can't wait to see what you do next!!!

Love, Mom, Dad & Liam



CONGRATULATIONS Eric Miles!!



Eric,

You have embraced every moment of high school and achieved enormous success. We could not be more proud of the hard work you have put in, the loyalty you show to your friends, the compassion you have for all of your peers, the appreciation you have for your teachers, your fierce independence and your ever loving nature.

All you have to do to be successful in life is to keep on being you. We wish you great success in college and later in life. We love you always.

Mom, Dad, Ian & Keith
Josie & Kojak X O X



James Marino



Congratulations to James and the class of 2023! We are incredibly proud of you. Stay curious and brave. We will stand behind you every step of the way.
Love, Mom, Dad, and Anderson

India Simone DePina

Be Fearlessly Authentic, Intentional with your decisions & Always Stand Firm on our Solid Foundation!
So proud! + You got this!

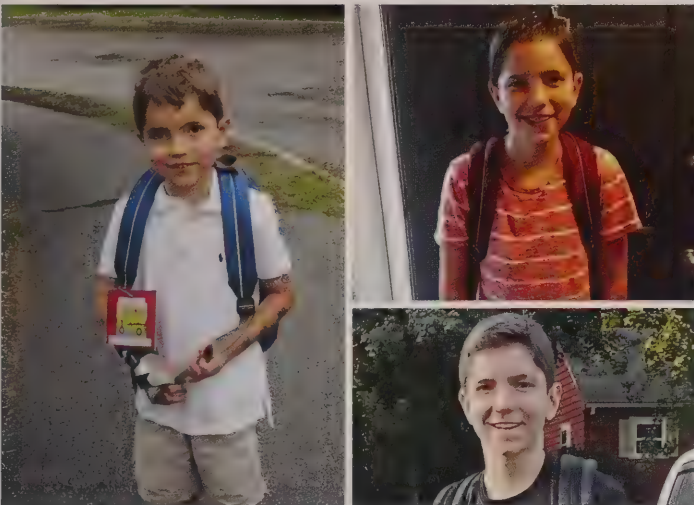
- Love Always & Forever:

Dad, Mom, Jr. &

Your entire tribe of friends & family.

XOXO





Evan Karen

Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning. Every step of your journey has made us proud. We love your passionate quest and thirst for knowledge. Try not. Do. Or do not. There is no try.

Love Always
Mom, Dad, Matthew, and Brooke

We are so very proud of you,
Connor! Congratulations!



With love always,
Mom, Dad, James, and Ryan



Congratulations Cole!

We are so proud of you and can't wait to see what you do next.

Love,
Mom, Dad, Tim, and Peaches



BUONO
PEST CONTROL

Congratulations to
the Class of of
2023!!

Wishing you all the
best!!

Gianna Missiti

Minuteman
DINER

Congratulations to
the CLASS of
2023!

MARK LAWRENCE

SENIORS - FAMILIES - CHILDREN - EVENTS

P·H·O·T·O·G·R·A·P·H·E·R·S

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Congratulates
2023
Seniors



Your Official Yearbook Photographer

METCO SENIORS

Here's to the METCO Seniors of 2023!

Congratulations on the end of this journey. This is the end of early morning wake up, long bus rides, long days and the occasional late, late late buses. You should all be proud of yourself and your accomplishments. You have navigated your education through COVID and the countless challenges that learning looked like after it. Take this time and remember what you had to do to overcome and all the ones who supported you on your journey.

This may be the last time you navigate the halls, embrace it! Make sure you tell your teachers how much you've grown and make sure you see that growth in yourself.

You have done it Class of 2023! Your families are proud of you, go out and blaze a torch of joy and happiness into the world and everyone you meet.

Best of luck to you all!
The METCO Program.



Aiden McEachern

Congratulations Aiden!

We are so proud of you and can't wait to see
what the future holds!

Love, Mom, Dad, Anna and Elise

**Congratulations to the 2023
yearbook students, led by adviser,
Ms. Christine Lennox, for creating this
excellent time capsule for the
Bedford High School Community.**

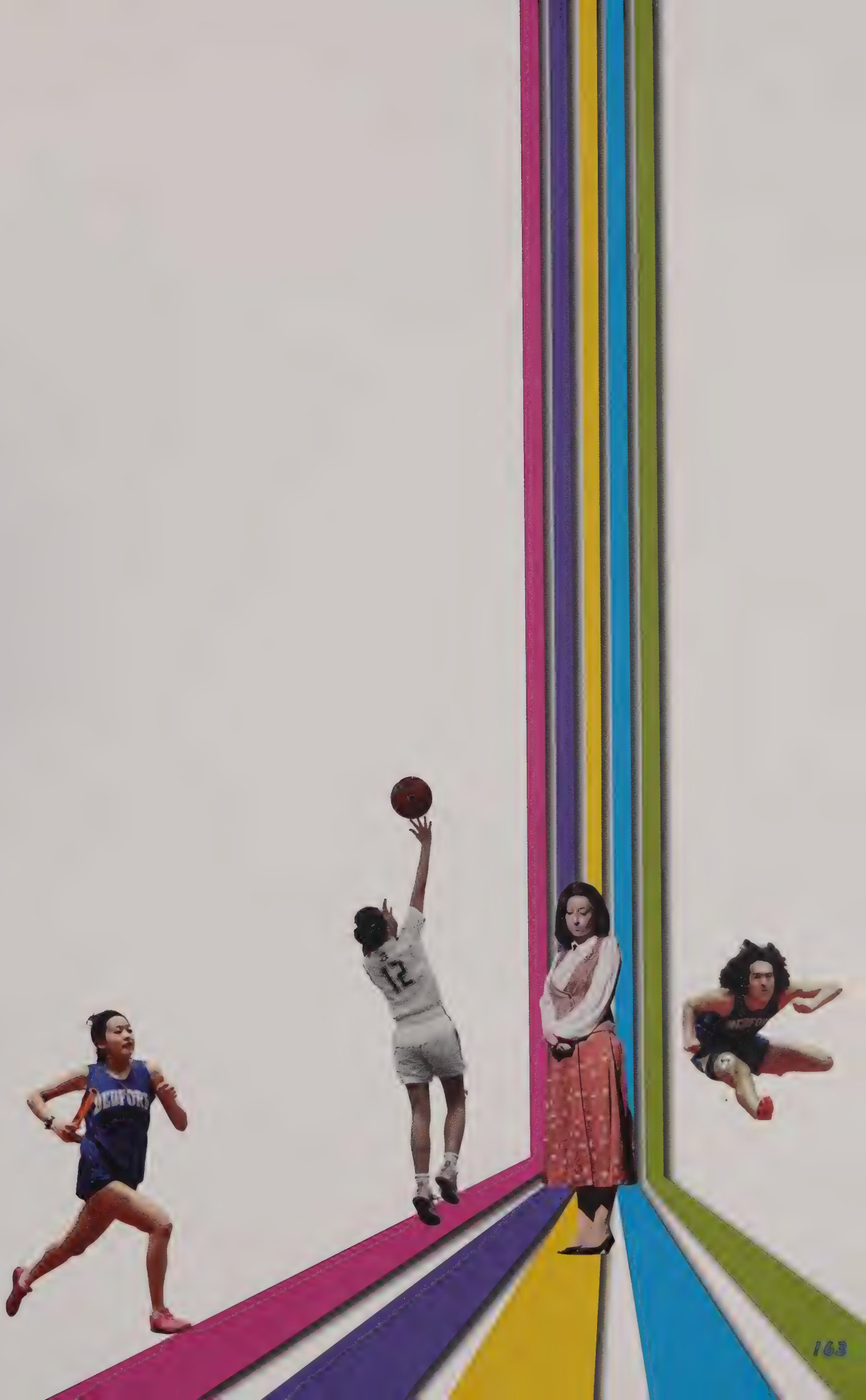
**It took over 1,000 hours to gather
photos and organize information.
Though it may not be perfect, they did
their best. Please appreciate and
thank them for their efforts!**

***Herff Jones Yearbooks
& Pam True Szaro***

VARSITY BRANDS



Shout OUTs and Autographs

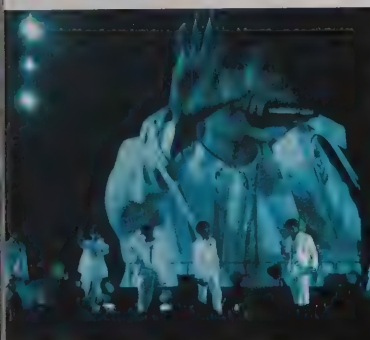
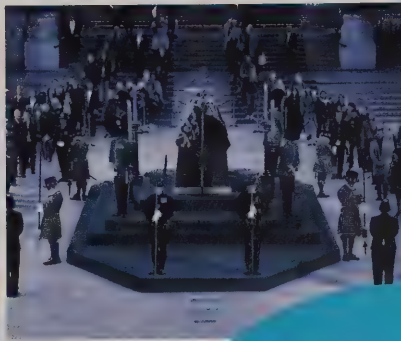
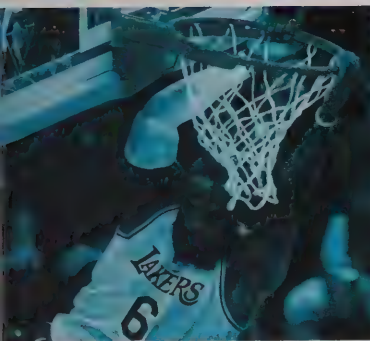


STAND **UP** STAND **OUT**





The paper fiber used
in this yearbook was
responsibly sourced.





WORLD YEARBOOK

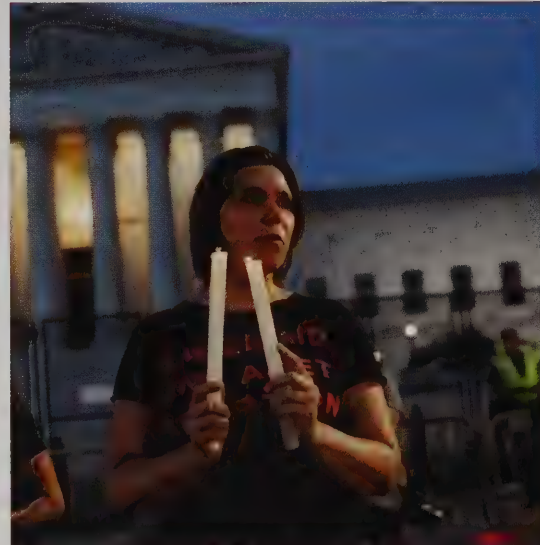
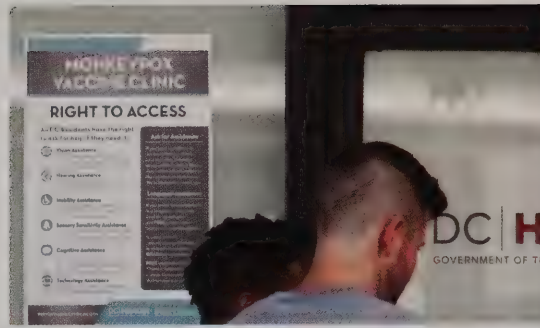
2022-2023

EXTREME WEATHER



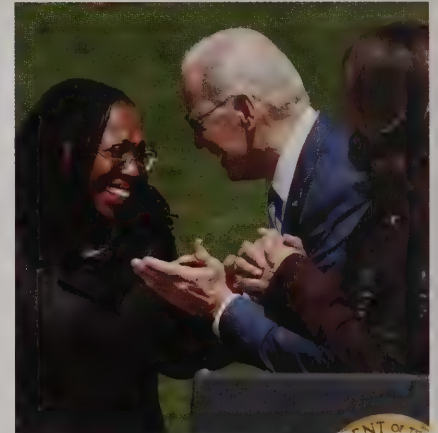
THE UNITED KINGDOM suffered three heat waves from June to August. On July 15, the Met Office declared a national emergency and on July 19, temperatures in parts of England exceeded 40 degrees Celsius (104°F) for the first time. The heat wave caused wildfires which devastated places like Wennington Village. The extreme temperatures stretched across Europe, resulting in more than 1,000 deaths in Portugal and nearly 500 deaths in Spain.

EASTERN KENTUCKY experienced a 1,000-year flood of torrential rain July 26-29, 2022. The National Weather Service reported the 14 inches of rainfall was "historically unheard of." More than 100 bridges were damaged, and the storm totally annihilated Perry County's infrastructure including water, telephone, internet, electricity and all the basic roads, according to Sheriff Joe Engle. The flooding caused 43 deaths across six counties and damaged more than 10,000 homes, washing many off their foundations.



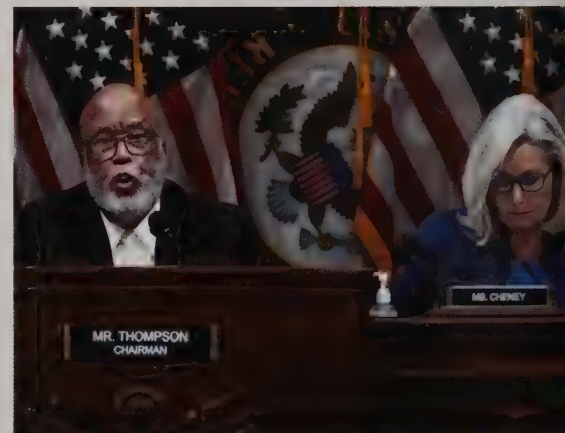
IN EARLY MAY 2022, an initial cluster of monkeypox (mpox) cases was detected in London. By late July, the World Health Organization declared mpox a public health emergency of international concern with 16,000 cases in 75 countries. The disease manifested in fever and a rash with lesions. The United States diagnosed 30,000 cases with 23 deaths before the emergency ended Jan. 31.

ON JUNE 24, the Supreme Court overturned *Roe vs Wade*, legislation that had made abortion a federal right since 1973. Nearly half of all states immediately imposed restrictions on abortions. Fifty-seven percent of adults disapproved of the decision, according to Pew Research Center. **KETANJI BROWN JACKSON** was sworn in as the first Black female Supreme Court justice on June 30. Jackson grew up in Miami where she was a debate and speech star before studying government at Harvard.



SEEKING ANSWERS

IN JUNE 2022, the January 6 Committee, a bipartisan select committee of the U.S. House of Representatives established to investigate the U.S. Capitol attack, held its first public hearing. Rep. Bennie Thompson of Mississippi chaired the committee with Rep. Liz Cheney as vice chair. Seven Democrats and two Republicans sat on the committee which referred Donald Trump and lawyer John Eastman to the Department of Justice for prosecution.





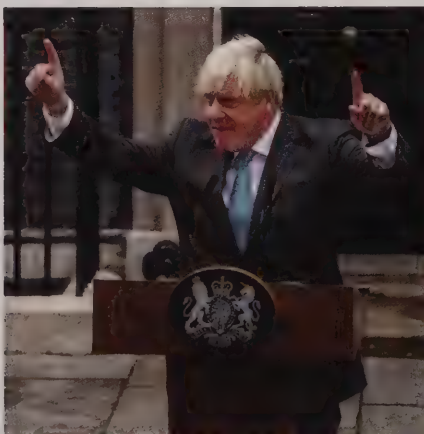
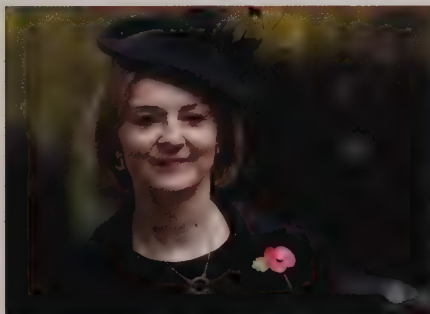
A FORMER STUDENT, Salvador Ramos, entered Robb Elementary School in Uvalde, Texas, and fatally shot 19 students and two teachers on May 24. While the 18-year-old shooter shut himself in classrooms, police officers waited more than an hour in the hallway. Members of the U.S. Border Patrol Tactical Unit eventually made entry, fatally shooting Ramos. The Uvalde school board terminated the contract of the district police chief three months later. The school was scheduled to be demolished with a new campus to be built two miles away. **IN THE WAKE** of the Uvalde shooting, there were renewed cries for stiffer gun control laws. Actor Matthew McConaughey, a Uvalde native, held a press conference at the White House in June, calling on lawmakers to raise the age to purchase assault rifles, improve background checks and institute red flag provisions.



NOTEWORTHY

- **WITH LANDSLIDE APPROVAL** in Congress and a unanimous Senate vote, the Emmett Till Antilynching Act amended the U.S. Code to designate lynching as a federal hate crime punishable by up to 30 years in prison. The legislation is named after an African American teenager from Chicago who was lynched while visiting family in Mississippi in 1955.
- **THE U.S. COVID-19** death toll reached 1 million on May 16. President Biden tested positive for COVID-19 on July 21. He suffered very mild symptoms and took Paxlovid, then had a rebound infection.
- **TWO EMPLOYEES** were rescued after falling into a tank of chocolate at the M&M factory in Pennsylvania. After crews cut a hole in the side of the tank to free them, they were taken to the hospital but neither suffered serious injury.
- **A MASS SHOOTING** occurred during a Fourth of July parade in Highland Park, Illinois. Robert Crimo, 21, killed seven and injured 48. His father was later charged with seven felony counts of reckless conduct for sponsoring his son's application for a gun license in 2019.

PRIME MINISTER SHAKE UP



PLAGUED BY SCANDAL and the departure of some 50 senior lawmakers, Boris Johnson resigned as British Prime Minister in July. Johnson served for almost three years despite criticism that he was too close to donors and that he broke pandemic lockdown rules at government office parties. Taking over as prime minister after Johnson's resignation, Conservative Party leader Liz Truss was appointed by Queen Elizabeth II just two days before her death. Forty-five days later, Truss resigned amid a credibility crisis. She was succeeded by Rishi Sunak.



SANDY HOOK AFTERMATH

ON AUG. 4, Texas radio host Alex Jones was ordered to pay \$4.1 million to the parents of a child killed in the Sandy Hook Elementary School shooting. Jones promoted a conspiracy theory that the 2012 school shooting had been staged by crisis actors to justify the government taking people's guns. In total, Jones owed \$1.5 billion in settlements to the families of the 26 victims.

NOT A DROP TO DRINK

THE PEARL RIVER

near Jackson, Mississippi flooded due to severe storms in late August. The flooding, coupled with the city's aging infrastructure and flood damage to one of the water treatment plants, caused most of the city's 150,000 residents to be without running water. What water there was contained contaminants, prompting a boil water order.

Residents went for more than a month without access to safe drinking water. The boil water order lasted almost seven weeks and a state of emergency remained in effect until Nov. 22. More than 12 million bottles of water were distributed during that period of time. The state put forward about \$13 million toward plant restoration and water distribution in the capital city.



THE DEADLIEST HURRICANE to strike Florida since 1935, Hurricane Ian, came onshore near Fort Myers as a Category 4 with sustained winds of 155 miles per hour and 10-15 feet of storm surge on Sept. 28. On its way across Florida, it dumped more than 20 inches of rain on areas spanning from Orlando to Daytona Beach. Back over open water, Ian returned to Category 1, making landfall along the coast of South Carolina. **DOWNTOWN FORT MYERS** was under water as Hurricane Ian pounded Florida's Gulf Coast. Nearly 4 million customers lost power in Florida and more than 1 million lost power in the Carolinas. Recovery costs were estimated to be around \$47 billion and the Florida death toll was 144. **IN ADDITION,** the hurricane washed away part of the three-mile causeway that linked Sanibel Island to the Florida mainland. The approximately 6,300 residents of the island were mostly stranded until repairs were made and the damaged span reopened just three weeks later.



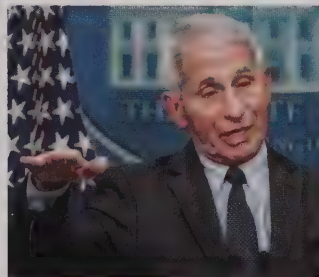
AUGUST + SEPTEMBER

AN ACTIVE NEWS
SEASON

TAKING A CLOSER LOOK

THE FIRST SEARCH of Mar-a-Lago, the Florida residence of former president Donald Trump, was executed on Aug. 8 after requests for the return of classified documents had not yielded results desired by the National Archives and Records Administration. The months-long recovery process involved more than 300 documents, and opened doors to additional instances involving other officials with security clearances — including President Biden.

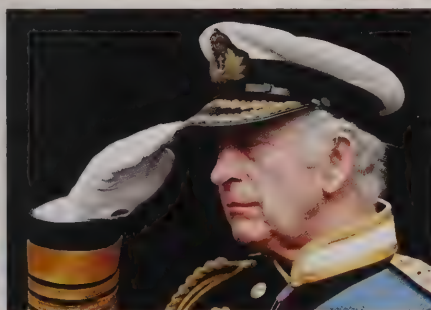
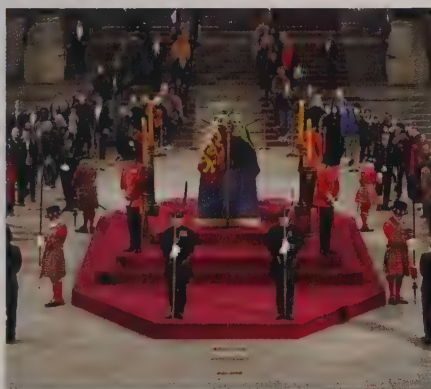
THE DOCTOR ENDS HIS SHIFT



DR. ANTHONY FAUCI, Director of the National Institute of Allergy and Infectious Diseases, announced he would step down from the position at the end of 2022. Dr. Fauci was best known for his role as an adviser to both former President Trump and President Biden during the COVID-19 pandemic. NIAID's principal deputy director, Dr. Hugh Auchincloss, followed as the acting director.

NOTEWORTHY

- **DROUGHT** was declared in eight regions of the UK on Aug. 12, marking the driest period in nearly 50 years.
- **CHINA ISSUED** a red alert heat warning on Aug. 12 for at least 138 cities and counties amid a 64-day heat wave.
- **TEN PEOPLE** were stabbed to death and 15 were hospitalized in knife attacks at 13 separate locations throughout the James Smith Cree Nation in Saskatchewan, Canada, on Sept. 4. Miles Sanderson, whose brother was among the victims, was arrested for the killings but died after going into medical distress.
- **LIFE EXPECTANCY** in the U.S. fell to its lowest level since 1996 due to COVID. The revised average life expectancy of 76.1 years — a decrease of 0.9 — contributed to the most significant two-year decrease since 1923.
- **CALIFORNIA REGULATORS** passed rules banning the sale of new gas-powered cars by 2035.



QUEEN ELIZABETH II, the longest-reigning British monarch, died Sept. 8 after 70 years with the crown. She was 96. The UK observed a 10-day mourning period. An estimated 250,000 people paid their respects as the Queen lay in state for five days at Westminster Abbey. The state funeral was followed by her interment with her husband, Phillip, in the King George VI Memorial Chapel. **THE LONGEST-SERVING HEIR APPARENT** and Prince of Wales became King Charles III upon the death of his mother. His wife, Camilla, became Queen Consort while Prince William and his wife, Catherine, took on the titles of Prince and Princess of Wales. At the coronation, planned for May 6, 2023, the new king would take the coronation oath and receive the orb and sceptre, and the Archbishop of Canterbury would place a solid gold crown on his head.



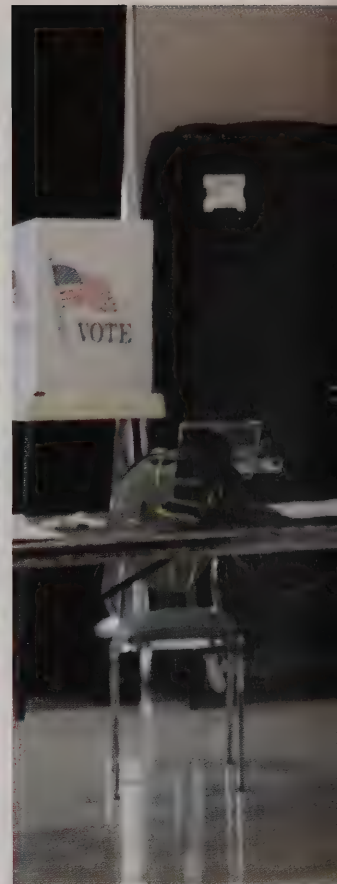
EVERY YEAR, Katmai National Park in Alaska holds Fat Bear Week, a celebration of the adaptability and strength of the park's brown bears. People watch videos and vote in a March Madness-style single-elimination bracket competition. Bear 747, a.k.a. Bear Force One, took the 2022 honors, defeating bear 901, a 6-year-old female. The 20-year-old, weighing an estimated 1,400 pounds, also won in 2020.

NOTEWORTHY

- **THE UNITED STATES MINT** issued its first currency featuring an Asian-American on Oct. 25. Silent screen star Anna May Wong, the first Chinese American film star in Hollywood, appeared on the 2022 American Women quarter.
- **PAUL PELOSI**, the 82-year-old husband of Democratic House leader Nancy Pelosi, suffered a fractured skull and injuries to his arms when suspect David DePage attacked him with a hammer while he slept in his San Francisco home on Oct. 28. DePage's target was Pelosi's wife who was in Washington, D.C. at the time.
- **FOUR UNIVERSITY OF IDAHO STUDENTS** were stabbed to death in their off-campus house in Moscow, Idaho, on Nov. 13. After more than a month of investigation, authorities arrested Bryan Kohberger, a Ph.D. student studying criminology at Washington State University, who lived in Pullman, Washington, about nine miles from Moscow.
- **THE WORLD'S POPULATION** reached 8 billion on Nov. 15.
- **PRESIDENT JOE BIDEN** turned 80 on Nov. 20, becoming the first octogenarian to serve as president.
- **MAUNA LOA** on the island of Hawaii erupted for the first time in 40 years on Nov. 27.
- **MERRIAM-WEBSTER** named "gaslighting" as the 2022 word of the year. Gaslighting was a form of psychological manipulation that attempted to sow self-doubt and confusion.



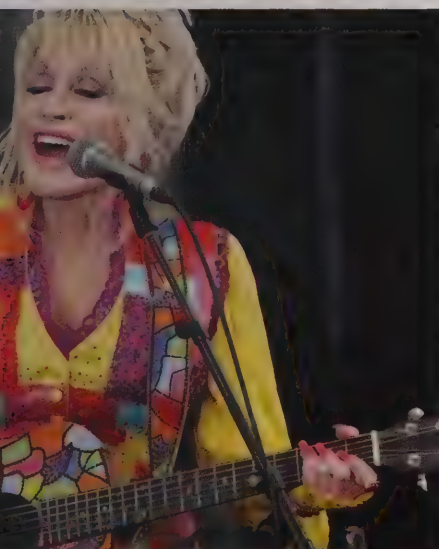
IN AN ACQUISITION process that began early in 2022, Elon Musk took ownership of social media giant Twitter on Oct. 27, immediately taking the company private and firing several top executives. In weeks that followed, he laid off half the company's workforce, and hundreds more employees resigned after he issued an ultimatum demanding they commit to "extremely hardcore" work. While Musk claimed to place an emphasis on free speech, critics worried about misinformation and hate speech on the platform. **FORMER PRESIDENT** Donald Trump announced his campaign for the 2024 presidential election on Nov. 15 in a speech to supporters at his Mar-a-Lago estate in Florida. Several Republicans were expected to challenge his run for the Republican presidential nominee, including Nikki Haley, former governor of South Carolina and Trump's representative to the United Nations, and Florida governor Ron DeSantis.



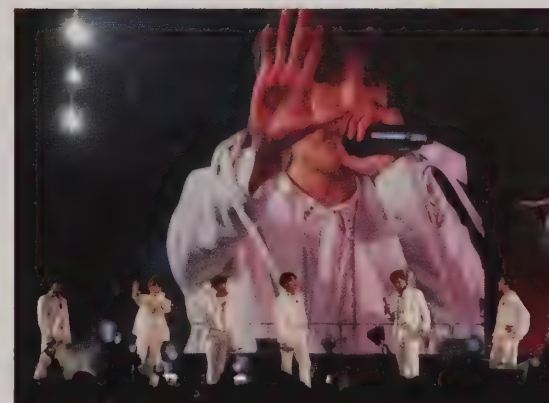
ROUND ONE OF WINTER BLAST

A HISTORIC lake-effect snowstorm dumped 80 inches of snow over parts of Buffalo, New York. The four-day storm the weekend before Thanksgiving left four dead. At times, snow fell at a rate of 3 to 6 inches an hour. The NFL game between the Buffalo Bills and Cleveland Browns had to be moved to Detroit on Nov. 20 because Orchard Park was buried under 6.5 feet of snow. Buffalo set a new record for daily snowfall on Saturday, Nov. 19, when 21.5 inches of snow fell in 24 hours. Hamburg captured the dubious title for most snow during the storm at 81.2 inches.





ANTICIPATION for the midterm elections grew as the Nov. 8 date approached. Pundits predicted a red wave with overwhelming Republican victories, but the wave didn't occur. When results were tallied, the Democrats held a slim margin in the Senate, 51-49, after Democrat Raphael Warnock defeated Republican Herschel Walker in a run-off election in Georgia. Republicans won a narrow margin in the House, 222-213. California Representative Kevin McCarthy won his quest for Speaker of the House in the 15th round of voting. California Representative Nancy Pelosi retired as leader of the House Democrats after 20 years, and New York Representative Hakeem Jeffries was elected to take her place. **COUNTRY SINGER** Dolly Parton was awarded the Bezos Courage and Civility Award by Amazon founder Jeff Bezos — giving her \$100 million to donate to charities of her choice. Parton is well known for giving, donating \$1 million towards research into the Moderna COVID vaccine in 2020 and another \$1 million to Vanderbilt University Medical Center for pediatric disease research in June 2022. She launched the Imagination Library project in 1995 inspired by her father's illiteracy. Parton had provided more than 170 million books to children younger than 5.

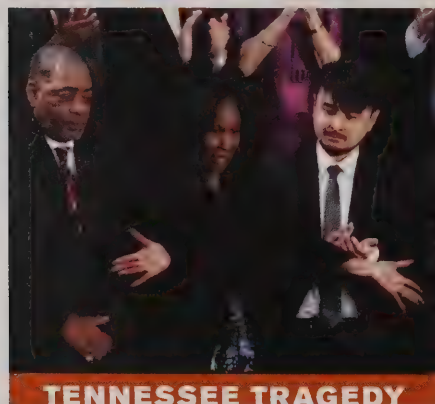
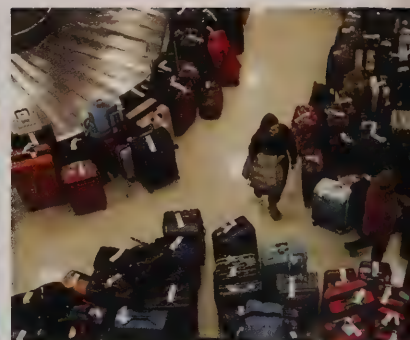
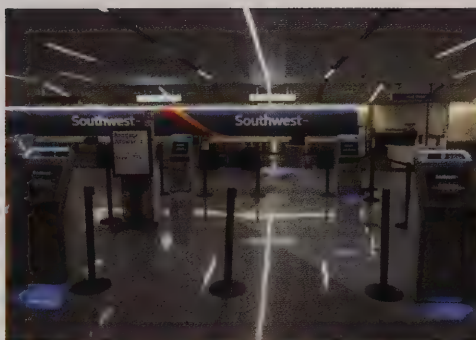


BOOT CAMP FOR BTS

MEMBERS of the South Korean K-pop group BTS announced they would serve in the South Korean military, an obligation for all healthy men in the country. The announcement ended years of speculation over whether they should be exempted because of their celebrity status and the lucrative cultural assets that status provides. Their label said the members planned to get back together around 2025 after their mandatory 18- to 21-month service commitment. The members may pursue solo careers during their service, and Jin announced a solo single on Oct. 16. He planned to enlist after his release campaign concluded.

DECEMBER +JANUARY

IT'S RAINING,
IT'S SNOWING



MEMPHIS RESIDENT Tyre Nichols, a 29-year-old father, was stopped for reckless driving on his way home from work on Jan. 7. After a "confrontation," he was arrested. He complained about shortness of breath and was taken to the hospital where he died three days later. Videos released in late January showed five officers beating and kicking him as he lay restrained on the ground. Protests erupted across the country calling for police accountability. The five officers involved were fired and charged with murder. Additionally, two more officers and three fire department members who were first responders were also fired. Members of Congress gave Nichols' parents a standing ovation during the State of the Union address — which they attended as guests of First Lady Jill Biden.

ROUND TWO OF WINTER, in the form of Winter Storm Elliott, brought ice and snow to a wide swath of the country. Elliott intensified into a bomb cyclone near the Great Lakes the Friday before Christmas, producing 79-mile-per-hour gusts in downtown Buffalo, New York, where snowfall created a rare "zero visibility" observation at the airport. December 2022 marked the third snowiest December on record for Buffalo. **ELLIOTT**, estimated to be 2,000 miles wide, knocked out power from Texas to Maine, with more than 1.7 million households affected on the East Coast. About 200 million people were under extreme weather alerts as the "once-in-a-generation" storm roared across the country. Governors in 13 states drew up emergency response plans which included deploying the National Guard. The ice and snow was compounded by frigid cold. Temperatures in Cheyenne, Wyoming, plunged 40 degrees in just 30 minutes. Elk Park, Montana recorded a wind chill of minus 74 degrees.

THE DECEMBER BLIZZARD and cold wave proved to be deadly, killing at least 100 people, 41 of them in Buffalo. More than 5,700 flights were cancelled due to weather, stranding holiday travelers. The Ohio Turnpike shut down a section in both directions on Dec. 23 after a 46-car pileup resulted in four fatalities. Later that same day, more than 100 vehicles were involved in a massive pileup on I-75 in Ohio.



YOU'VE BEEN GROUNDED

SOUTHWEST AIRLINES suffered a meltdown just before the holidays, cancelling nearly 17,000 flights in the final 10 days of December. The airline cut back its scheduled flights after winter weather overloaded its scheduling technology. Other airlines had switched to a cloud-based technology which allowed them to recover faster, but Southwest had to schedule manually. The cancellations left passengers stranded and struggling to retrieve luggage. Ticket counters remained deserted as many travelers had to either cancel trips or opt to drive. Southwest gave impacted travelers 25,000 Rapid Rewards bonus points as compensation. Those stranded could also request refunds for their tickets and other expenses including the cost of lodging, food and rental cars.



THE WEST COAST did not escape winter's extremes. A total of nine atmospheric rivers, one after the other, drenched the state of California from mid-December through mid-January. Atmospheric rivers — storms that are like rivers in the sky — dumped massive amounts of rain. Accompanied by damaging wind gusts, torrential rain caused more than 500 mudslides and killed 20 people in the state. **SLUDGE FROM MUDSLIDES** closed roads and damaged buildings. After the storms abated, the Santa Barbara Bucket Brigade helped an elderly couple dig out around their home. The volunteer group worked throughout the area to remove debris and restore yards damaged by the flooding.



IT'S A MARVEL

ACTOR JEREMY RENNER, known for his roles in "The Hurt Locker" and as Hawkeye in Marvel Avenger films, was recovering after suffering blunt chest trauma and more than 30 broken bones after his snowcat ran over him on Jan. 1. The plow began to slide as Renner was trying to free his nephew's truck from the snow near Reno, Nevada. Renner jumped out to stop it from hitting his nephew and was pulled under the track.



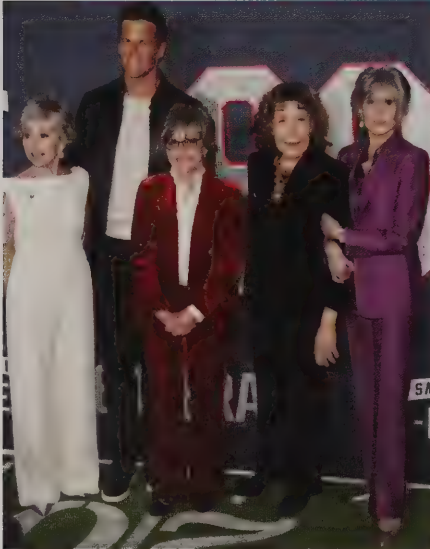
FREEDOM FOR BRITTNEY

WHILE TRAVELING in Russia to play in the offseason, Phoenix Mercury star Brittney Griner was detained at a Moscow airport when officials found vape cartridges containing hashish oil in her luggage. She was found guilty and sentenced to nine years in Russian prison. On Dec. 8, Griner was freed as part of a prisoner exchange with the U.S. freeing Russian arms dealer Viktor Bout.

NOTEWORTHY

- **OPEN AI**, an artificial intelligence company, released Point-E on Dec. 20. Point-E is a machine learning system that generates 3D models from text prompts. The company is also known for Chat GPT, an AI chatbot that can answer almost any question accurately.
- **PRINCE HARRY'S** controversial memoir *Spare* went on sale Jan. 10.
- **TOADZILLA**, a massive 5.95-pound cane toad, was discovered in Australia on Jan. 12.
- **THE CHINESE YEAR OF THE RABBIT** was ushered in with celebrations on Jan. 22.

THE END — AGAIN



QUARTERBACK TOM BRADY announced his retirement — once again — on Feb. 1. “80 for Brady” hit theaters at the same time, starring Rita Moreno, Sally Field, Lily Tomlin and Jane Fonda. The 45-year-old quarterback, often referred to as the GOAT, led his teams to a record seven Super Bowl wins and was named MVP five times. He had played for the New England Patriots since they drafted him in the sixth round of the 2000 draft before signing with the Tampa Buccaneers in 2020.

NOTEWORTHY

- **LAS VEGAS’** Harry Reid International Airport recorded its first Valentine’s Day snowfall since records began in 1937. The dusting of snow caused a ground stop at the airport.
- **NIKKI HALEY** chose Valentine’s Day to announce her run for president in 2024. Haley was the former governor of South Carolina and the U.S. Ambassador to the UN under former President Trump.
- **GUINNESS WORLD RECORDS** named the world’s oldest dog on Feb. 1. Bobi, a pure-bred Rafeiro do Alentejo, was 30 years and 266 days old on that day.
- **FEB. 24 MARKED ONE YEAR** since the Russian invasion of Ukraine in a major escalation of the Russo-Ukrainian War which began in 2014. Ukrainian government tallies listed more than 41K civilian and 100K military casualties and estimated that 8 million Ukrainian refugees had left.

WOMEN’S TENNIS LEGEND Billie Jean King — who testified on Capitol Hill in support of Title IX before its passage in 1972 — joined the annual Women’s History Month event honoring female athletes at the U.S. Capitol. Its celebration marked the 50th anniversary of Title IX in March 2022. Early in February 2023, the Department of Education announced that new Title IX rules would become public in May, though it was unclear when the new rules would go into effect. The rules would direct how federally-funded schools and colleges would handle sex and gender discrimination.



A 7.8-MAGNITUDE EARTHQUAKE struck southern Turkey and northern Syria on Feb. 6. It was the strongest earthquake to hit Turkey since 1939. Nine hours later, a 7.7 quake hit the Kahramanmaraş Province. The earthquakes were followed by more than 2,100 aftershocks. Cleanup efforts were estimated early on at \$84 billion. **RELATIVES** waited for word about survivors as rescuers from more than 30 countries dug through the rubble. Thirteen days after the quakes, three survivors were pulled to safety as rescuers continued to find people alive. As of Feb. 24, the death toll in Turkey stood at 44,218 with another 5,914 killed in Syria. **A CHINESE SURVEILLANCE BALLOON** entered U.S. airspace near Alaska on Jan. 28, traveling over Canada then Montana and on to the East Coast before being shot down off the coast of South Carolina by a U.S. fighter jet on Feb. 4. The balloon, about the same height as the Statue of Liberty, carried a payload weighing more than a ton. One day after the balloon was shot down, U.S. Navy crews made up of explosive, diving and parachuting experts, went out to retrieve it. **A NORFOLK SOUTHERN TRAIN** had 53 cars derail in East Palestine, Ohio, less than a mile from the Pennsylvania border on Feb. 3. Five of the cars contained vinyl chloride, a hazardous material. Residents were evacuated, and the rail company conducted a controlled vent and burn on Feb. 6. Residents were allowed to return, but many complained of a lingering chemical odor and were reluctant to drink the water.





CELEBRATING CHANGE

AT A FIELD DAY hosted by the Department of Education and the Women's Sports Foundation, Vice President Kamala Harris shoots a basket. The event at American University in Washington, D.C., honored the 50th anniversary of Title IX, best known for protecting girls from discrimination in sports. New rules would include protections for transgender and nonbinary students and expand the definition of sexual harassment. They would also require schools to use a "preponderance of evidence" standard instead of a "clear and convincing evidence" standard in determining cases.



A 43-YEAR-OLD GUNMAN entered Berkey Hall on the campus of Michigan State University the evening of Feb. 2 and killed two students, critically injuring five more. He continued to the student union and killed another student. Hundreds of officers joined the manhunt as students and nearby residents sheltered in place. Hours later, the shooter killed himself as officers closed in off campus. The MSU shooting was the 67th mass shooting in the first 45 days of 2023.

IT'S FEBRUARY

QUITE THE MONUMENTAL
MONTH OF 2023



FROZEN FEBRUARY

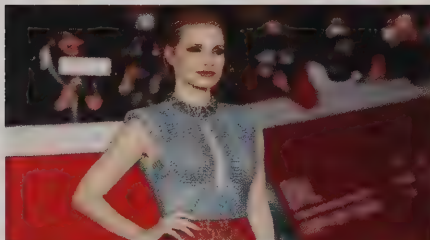


DURING A NEW ENGLAND STORM created by an arctic air mass, New Hampshire's Mount Washington Observatory recorded a new record-low air temperature of -46.9 degrees Fahrenheit at 4:10 a.m. on Feb. 4. The previous record, set in 1963, was -32 degrees. Mount Washington, the highest peak in the Northeast, also recorded the coldest wind chill in U.S. history during the storm at -108.4. Wind speeds during the event ranged from 100-115 miles per hour with gusts up to 135 mph.

LET'S ENTERTAIN

MOVIES AND MUSIC
AND MORE

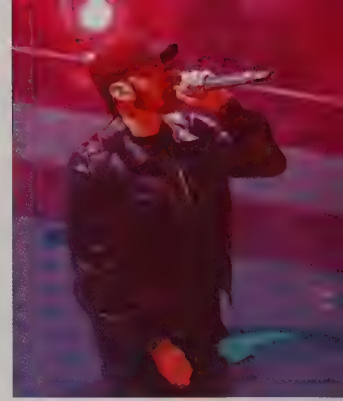
AND THE OSCAR GOES TO...



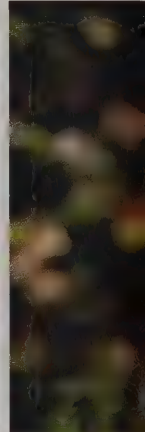
2022 TOP OSCAR HONORS went to "CODA" (Child of Deaf Parents) for Best Picture. Troy Kotsur took home the Best Supporting Actor for the film, becoming the first deaf man to win an Oscar. His co-star Marlee Matlin was the first deaf person to win an Oscar in 1986. Kotsur also signed for the National Anthem before Super Bowl LVII. Best Actress honors went to Jessica Castain for "The Eyes of Tammy Faye." Will Smith won for Best Actor for "King Richard." Smith made headlines for coming on stage and slapping presenter Chris Rock after the comedian made a joke about his wife, Jada Pickett Smith. The slap resulted in Smith being banned from attending any Academy events for 10 years.

ROCK AND ROLL LEGENDS

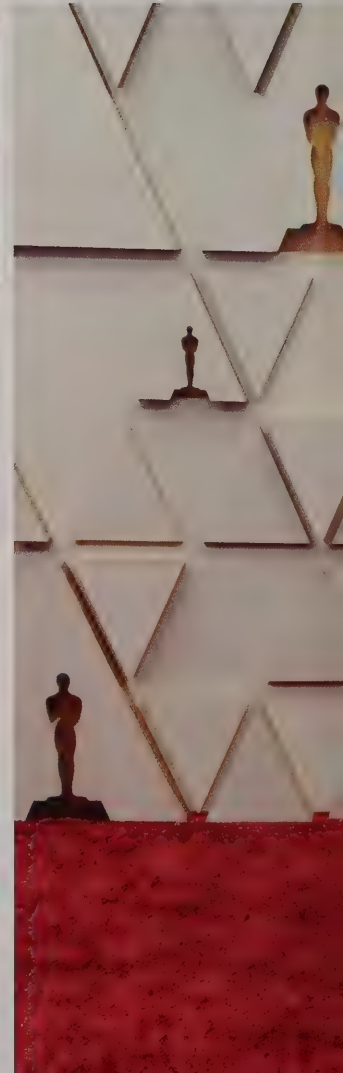
FOURTEEN INDIVIDUAL PERFORMERS and groups were inducted into the Rock and Roll Hall of Fame in November. Rapper Eminem and other artists including British rock band Duran Duran, Lionel Richie, Pat Benatar, Neil Giraldo, Eurythmics, Carly Simon and Dolly Parton were nominated in the performer category. Parton originally tried to decline the nomination, saying she didn't think she deserved a rock and roll honor. She later decided to accept it and make a rock and roll album, collaborating with such artists as Paul McCartney, Stevie Nicks and P!nk.



WHEN THE 2023 GOLDEN GLOBES were presented in January, Michelle Yeoh extended her award-winning streak taking Best Actress in a Musical or Comedy for "Everything Everywhere All At Once." She later became the first Asian actress to receive an Oscar nod for Best Actress. "The Fabelmans" took the honors for Best Drama Motion Picture and "The Banshees of Inisherin" won in the comedy category. Austin Butler won Best Actor in a Drama. In the television category, "Abbott Elementary" won for comedy and "House of the Dragon" won for drama. **BEYONCÉ** became the winningest artist in Grammy history, picking up four awards at the February ceremonies for a total of 32. Bonnie Raitt took Song of the Year, Harry Styles captured Album of the Year and Lizzo received Record of the Year. **LUKE COMBS** won Entertainer of the Year at the Country Music Awards in November. Lainey Wilson received Female Vocalist while Chris Stapleton won for Male Vocalist.



TAKING A GOLDEN GLOBE for Supporting Actress on "Abbott Elementary," was just the start of a stellar year for Sheryl Lee Ralph. She sang during the Super Bowl pregame show and took home an Emmy for her role as principal in the popular sitcom. **HISTORY WAS MADE** at the 74th Emmys Awards in the Outstanding Actor/Actress in a Drama Series category. Actress and singer Zendaya accepted her second Emmy award for Outstanding Lead Actress in a Drama Series for "Euphoria." The 26-year-old became the youngest two-time winner for acting, and the first Black woman to win the Emmy for lead actress in a drama series twice. Lee Jung-jae won the Emmy for Outstanding Lead Actor in a Drama series — making him the first Asian man to win the award and the first to win it for a non-English show. "Succession" took the Emmy for outstanding drama while "Ted Lasso" won for comedy series. In the comedy category, Jean Smart and Jason Sudeikis won lead actor honors.





CONTROVERS-YE

TIMES HAVE BEEN rough for Kanye West who came under fire in October after tweeting anti-Semitic remarks. Twitter took down the tweets and temporarily banned him. Celebrities condemned him while his Yeezy brand products were dropped from Adidas, Skechers, Foot Locker, Gap and TJMaxx. West also faced a \$250 million lawsuit brought by the family of George Floyd.



BREAKING TICKETMASTER

TAYLOR SWIFT became the first artist in history to claim all top 10 spots on the U.S. Billboard Hot 100 on Oct. 31. All the songs were from her album "Midnights." A couple weeks later, tickets went on sale for The Eras Tour and Ticketmaster sold 2 million tickets in one day — the most ever. More than two dozen Swifties filed a class-action lawsuit accusing Ticketmaster and its parent company, Live Nation Entertainment, of fraud, misrepresentation and antitrust violations after the website crashed under the heavy traffic and sales were cancelled.

NOTEWORTHY

- **R. KELLY** was sentenced to 30 years in prison for trafficking on June 29.
- **"SUPER FREAKY GIRL"** by Nicki Minaj debuted at number one on Aug. 23. She was the first female rapper to accomplish that since 1998.
- **SINGER ROBERTA FLACK** announced that she had ALS on Nov. 14.
- **HARRY STYLES'** "As It Was" rose to Spotify's most-streamed song in 2022. Bad Bunny was the most-listened-to artist.
- **CELINE DION** revealed she had Stiff Person Syndrome, a rare neurological disorder, on Dec. 18. The uncontrollable muscle spasms caused by the disorder forced her to cancel her summer 2023 European tour.
- **VIOLA DAVIS** earned an EGOT (Emmy/Grammy/Oscar/Tony) with her Grammy win for narrating her audiobook memoir. She was the 18th person to achieve EGOT status.
- **ALEC BALDWIN** and the set armorer for the Western movie "Rust" were charged with two counts of involuntary manslaughter in the death of cinematographer Halyna Hutchins after a prop revolver loaded with live ammo discharged on set.



NOTEWORTHY

- **A 1952 MICKEY MANTLE** baseball card sold for \$12.6 million on Aug. 28.
- **ON OCT. 4**, New York Yankee Aaron Judge broke Roger Maris' single-season home run record with his 62nd homer. Maris' record had stood for more than 60 years.
- **THE WASHINGTON CAPITALS'** Alex Ovechkin surpassed Gordie Howe's National Hockey League record for the most goals scored for a single team on Nov. 5 with 787. On Dec. 13, he joined Wayne Gretzky and Gordie Howe as the only players to score 800 goals in a career.

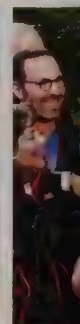
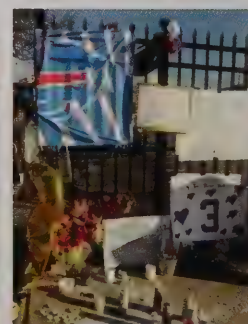
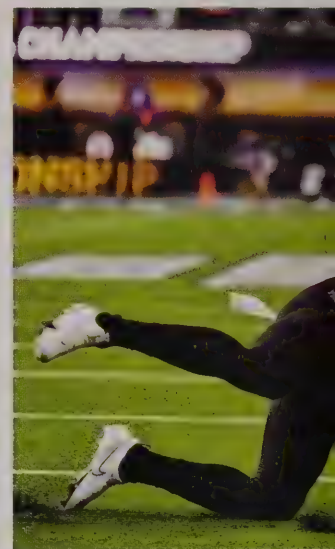


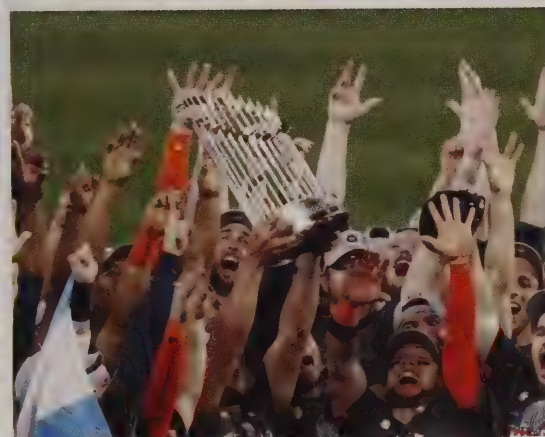
SETTING THE RECORD

LEBRON JAMES became the all-time leading scorer in NBA history on Feb. 7, surpassing the record set by Kareem Abdul-Jabbar in 1984. He scored 38 points (bringing his career total to 38,390) in a Lakers loss to the Oklahoma City Thunder. Dubbed King James, he also ranked fourth in career assists. He had earned four MVP awards, four Finals MVP awards and two Olympic gold medals. **AFTER HIS 19-YEAR CAREER**, James often fielded questions about retirement. His answer? He said he'd like to play one or two seasons with his oldest son, Bronny, who attended Sierra Canyon School in Los Angeles and was named a McDonald's All-American as a senior in 2023. The family reported that Bronny was leaning toward attending college rather than going directly into the NBA and he was expected to make a decision after his high school career ended.



THE KANSAS CITY CHIEFS won their second Super Bowl in four years on Feb. 12, after trailing 17-7 at the half. KC quarterback Patrick Mahomes reinjured his ankle just before the break, casting doubt on how much more he could play. After halftime, the domination switched, Mahomes gritted it out and the Chiefs tied the score, before winning 38-35 on a field goal kicked in the final eight seconds of Super Bowl LVII. **LIONEL MESSI** kissed the trophy his Argentinian team captured in the FIFA World Cup, beating France in the final game in Qatar on Dec. 18. Argentina won 4-2 on penalties following a 3-3 draw after extra time. **THE GOLDEN STATE WARRIORS** clinched the NBA championship for their fourth title in eight years on June 16, 2022. They beat the Boston Celtics 103-90 in the sixth game, winning the series 4-2. Steph Curry, who earned his fourth championship ring and was named the series MVP for the first time, scored 34 points in the final game played in Boston. **HOLDING THEIR TROPHY HIGH**, the Houston Astros celebrated winning the MLB World Series, posting a 4-1 victory over the Philadelphia Phillies on Nov. 5. The Astros entered the postseason as American League West champions while the Phillies won a wild card, earning the sixth and final National League playoff berth. **THE GEORGIA BULLDOGS** rolled over the TCU Horned Frogs, 65-7, in the College Football Playoff National Championship played at SoFi Stadium in Inglewood, California, on Jan. 9. The win marked Georgia's second consecutive national championship.





SPORT SPOTLIGHT

GETTING INTO THE
ATHLETIC ACTION

WOMEN GET THE WINS



U.S. WOMEN'S SOCCER players like MVP Sophia Smith had reason to celebrate. Representatives for the men's and women's U.S. national soccer teams signed historic collective bargaining agreements with U.S. Soccer establishing identical pay structures for male and female athletes. The agreements were a long time coming with the U.S. women finally filing a federal gender discrimination suit against U.S. Soccer in 2019. The formal signing took place at Audi Field in Washington on Sept. 6. **GYMNAST SIMONE BILES** became the youngest person ever to receive the Presidential Medal of Freedom. The 25-year-old Olympian received the award from President Joe Biden in a ceremony on July 7. Biles was recognized as an advocate for mental health in athletes.

REMARKABLE RECOVERY

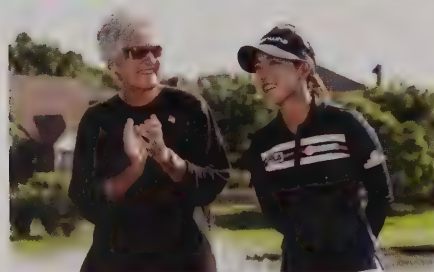
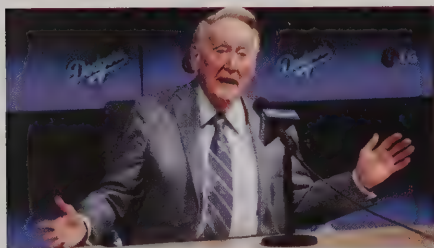
BUFFALO BILLS safety Damar Hamlin suffered a cardiac arrest during the first quarter of the Jan. 2 game with the Cincinnati Bengals. After being struck in the chest during a tackle, he collapsed on the field and was resuscitated. The 24-year-old was taken to the University of Cincinnati Medical Center, and the remainder of the game was canceled. Fans left well wishes outside the hospital until his release Jan. 11. On Jan. 22, at the next game between the Bills and Bengals, Hamlin and his family watched from the stands. He took the field along with first responders and his medical team before the Super Bowl and later said he planned to eventually return to the NFL.



SAYING GOODBYE

RETIREMENTS AND
PASSINGS

THE LOSS OF LEGENDS



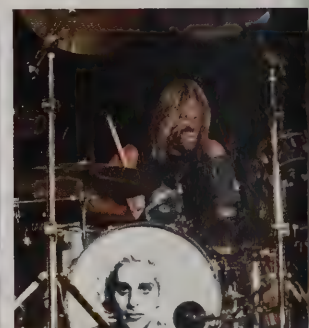
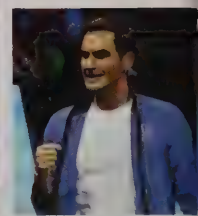
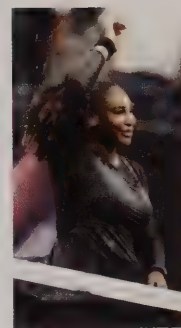
THE SPORTS WORLD saw the passing of a number of sports icons. For 67 seasons, Vin Scully was the voice of Dodger baseball, calling games until his retirement in 2016. He passed away at the age of 94 in August. Pelé, the Brazilian king of soccer died Dec. 29. His casket was carried through the streets of Santos, where his career began, before burial. Professional golfer Kathy Whitworth (shown with Jenny Shin) won 88 LPGA Tour tournaments, more than anyone else on the LPGA or PGA tours. She died Dec. 24 at the age of 83. Other sports figures lost included basketball player Bill Russell, hockey player Guy Lafleur and football player Franco Harris.

TENNIS TITANS

DEPART

FOUR-TIME OLYMPIC GOLD MEDALIST

Serena Williams said she was "evolving away from tennis" in August. Williams began her professional tennis career at age 14 and won more than 39 Grand Slam titles. One month later, tennis superstar Roger Federer announced his retirement in London at the Laver Cup competition. The Swiss athlete became the first to claim 20 Grand Slam men's single titles.



THE ENTERTAINMENT INDUSTRY

lost a number of notables. Bob McGrath, who played music teacher Bob Johnson on "Sesame Street" for 48 years, died in December. Taylor Hawkins, a musician best known as the drummer for the rock band Foo Fighters died in March. At the Soul Train Awards in November, Deon Cole paid tribute to rapper Takeoff who was shot Nov. 1. Perhaps best remembered for her role opposite John Travolta in "Grease," Olivia Newton-John lost her 30-year battle with breast cancer Aug. 8. Other noteworthy losses included journalist Barbara Walters, screen legend Angela Lansbury and music icons Loretta Lynn, Naomi Judd, Jerry Lee Lewis, Fleetwood Mac's Christine McVie, rapper Coolio and Lisa Marie Presley. Additionally, actors Leslie Jordan, Ray Liotta, Kirstie Alley, James Caan, Raquel Welch and DJ/dancer Stephen (tWitch) Boss passed away.



SPRING

Sports & Prom



Spring sports are underway at BHS, but we go to print before the season ends! The Girls Lacrosse team went to the MIAA D2 Finals last spring and looks to have another successful season. Carter R and Jessica L are fresh off of winter appearances at the New Balance Indoor Track Nationals and look to lead the track teams this season. Gianna M and Kaylee G are on the players to watch list for D2 softball. We look forward to all the success that spring athletes and teams will have!





BASEBALL



Varsity Boys Baseball

FRONT ROW: Drew S, James N, Christian M, Ricky L

MIDDLE ROW: Hayden M, Alex G, Grant B, Cian O, Isaiah T

BACK ROW: Ryan M, Sam D, Ryan C, Ethan K, Chris R, Nelson C, Dylan L





Softball kicks off the 2023 season with senior captains Gianna M (shortstop) and Kaylee G (pitcher) both on the Massachusetts D2 Players to Watch List!



VARSITY GIRLS SOFTBALL

FRONT ROW: Lulu S (captain), Coco S (captain), Gianna M (captain), Kaylee G (captain) **MIDDLE ROW:** Amelia S, Karina P, Samantha L, Brooke K, Lacey G, Mia V, Addi P **BACK ROW:** Coach Asp, Chloe B, Audrye D, Kate P, Madi D, Lexi M, Alice C, Coach Walsh



Softball



From freshman to seniors our team has shown energy and full effort. We all put in the work as a group and you can see it paying off in games.

-Gianna M (captain)





VARSITY BOYS LACROSSE

FRONT ROW: Ryan C (captain), Eric M (captain), Richie F (captain), Nick T (captain), Ian G (captain) **MIDDLE ROW:** Aaron K, Charles D, Logan S, Jackson M **BACK ROW:** Finn H, Jackson T, Matt T, Sam D, Aidan K, Mason W, Andy S
Not Pictured: Jackson M



Coach Martell made her debut & became the 1st female coach to win a boys' lacrosse game in the DCL and perhaps Eastern MA!



Boys LACROSSE

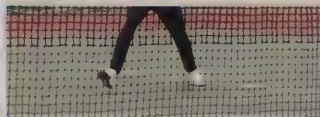


Girls LACROSSE



VARSITY GIRLS LACROSSE

FRONT ROW: Emma D, Gaby Z (captain), Charlotte D (captain), Caroline L **MIDDLE ROW:** Tova Y, Katie S, Julie C, Tori M, Sam K, Gianna O, Becca K **BACK ROW:** Sophia A, Finley H, Anna M, Megan T, Katherine K, Cassie M



Boys Tennis



VARSITY & JV BOYS TENNIS

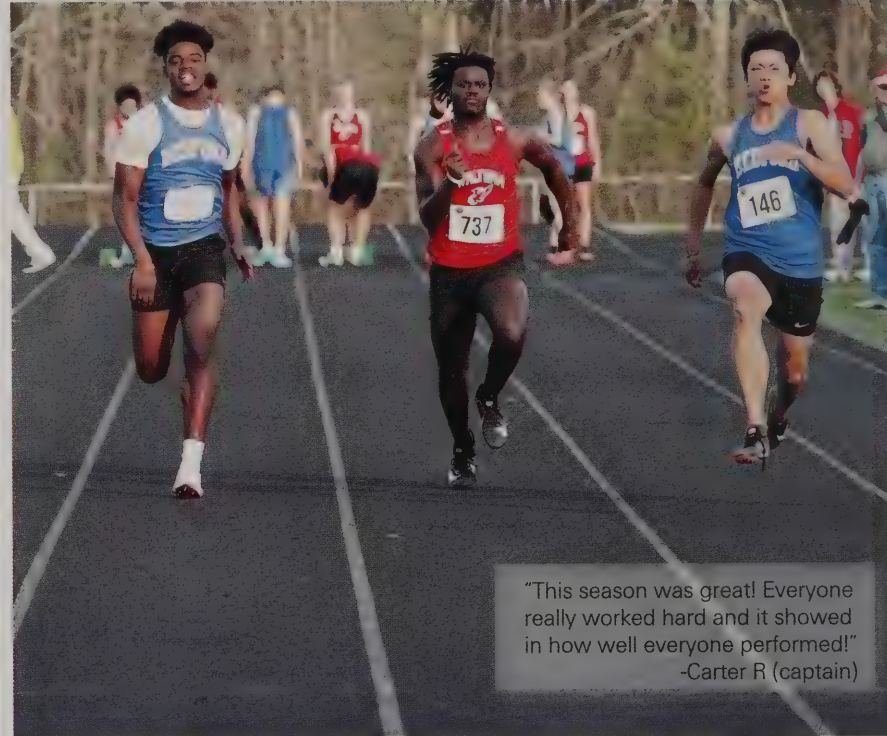
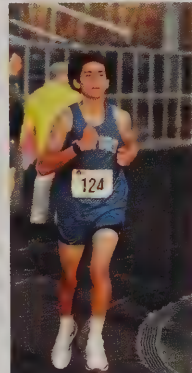
FRONT ROW: Connor L, Liam H, Adam C (captain), Evan K
MIDDLE ROW: Jeremy G, Evan G, Anthony O, Mauricio D, Logan C, Riley F, Rylan N, Christian B **BACK ROW:** Matthew S, Aadit N, Daniel B, Spencer G, Dylan D, Akira U, Leo N, Nathan K, Ryan T

Girls Tennis



VARSITY & JV GIRLS TENNIS

FRONT ROW: Taylor A, Amelia G, Danielle D (captain), Ariel G
MIDDLE ROW: Fleur B, Sharanya V, Katie C
BACK ROW: Christina L, Aislyn K, Emily M, Michelle C, Johanna K
 Not Pictured: Kate K (captain), Ruby B, Corinna K, Karen N



"This season was great! Everyone really worked hard and it showed in how well everyone performed!"
-Carter R (captain)

Boys TRACK



"Despite the large roster, we have organized and moved cohesively as one team, a team that has continued to improve throughout the season."
-Joshua G (captain)



VARSITY BOYS TRACK

FRONT ROW: Henry R, Aashu T, Austin C, Carter R, Andrew T, Josh G, Peter B, Jonny G, James M, Emil C
SECOND ROW: Martin N, Owen S, Nao O, Will P, Giovanni C, Liam M, Brennan C, Liam G, Micah H
THIRD ROW: Vivek J, Domenic G, Jacob A, Mekhi V, Mikey N, Jared A, Jake B, Caden S
BACK ROW: Leo D, Simon B, Ryan F, Cameron C, Vineet J, Oren B, Chase L, Elton S, Xavier R, Muhammed T, Andrew K, Justin H, Noah H, Alexander G, Kai H, Gil G, Michael C, Austin W

Girls TRACK



Jessica L finished 18th in shot put at the New Balance Nationals in March and looks to break the BHS outdoor record after setting the indoor record earlier this year!



"It is hard to hate someone once you learn their story"-(courtesy of Coach G) - showing and enforcing this quote heavily through the season to promote a more positive community"
-Emma M (captain)



VARSITY GIRLS TRACK

FRONT ROW: Mahita S, Swetha K, Brooke D, Emma M (captain), Jessica L (captain), Martha H (captain), Elena P (captain), Libby S, Carinna D-W, Taelor N, Emily W **MIDDLE ROW:** Coach Pike, Coach Grammenos-Pike, Sophia P, Emma F, Catherine K, Kate W, Grace N, Aliyah L, Sahana K, Michelle W, Coach Donnelly, Coach Hebert, Coach Sprangel **BACK ROW:** Erica C, Larah M, Madeleine, Anna M, Ciara S, Eliza D, Samantha S, Zadi B, Tatum G, Paris B, Josie D, Vivian L, Allison M, Iris L, Farrah S

JUNIOR

Varsity Teams



JUNIOR VARSITY (B) BOYS BASEBALL

FRONT ROW: Kai S, Nick D, Sasha B, Paul S, Kyree L, Coach Mihalinec. **BACK ROW:** Riley L-C, John C, Alijah W, Tyler W, Reece G, Jairam V, Brendan F



JUNIOR VARSITY (A) BOYS BASEBALL

FRONT ROW: Joe K, Matteo O-K, Alex F, Dylan S, Miles T
BACK ROW: Anderson M, Jacob H, Chase B, Henry L, Zack W



JUNIOR VARSITY GIRLS LACROSSE

FRONT ROW: Reilly B, Katherine A, Cate L, Erin A, Maya A, Emma L, Shreya R
BACK ROW: Lucy S, Ava T, Julia M, Mina B, Carleigh O, Kyra D, Scarlett E, Sarah N, Evelyn C



JUNIOR VARSITY BOYS LACROSSE

FRONT ROW: Lucas F, CJ C, Aiden M, Carter M, Ronan M
MIDDLE ROW: Charlie S, Max M, Sean L, Max M, Charlie O, Grady C
BACK ROW: Tucker S, Justin L, Jamie B, Chris H, Cam S, Logan M, Alex B

ATHLETIC *achievements*



Jamie B signed his National Letter of intent to play D1 football at Stonehill College!



Lexi M earned DCL all-star for gymnastics!



Ryan C signed his National Letter of intent to play Lacrosse st Salem State!

Class of 2023

Junior Prom

